Wednesday, May 14, 2008 | Issue number: 297 | www.mk-news.co.uk | 50p where sold

MK NEWS

Advertisement feature. Your MKNEWS is inside

Milton Keynes
Festival of Food
Middleton Hall
in front of John Lewis
17 & 18 May 2008
Opening Times:
Saturday 17 May 9.00am- 6.00pm
Sunday 18 May 11.00am - 5.00pm

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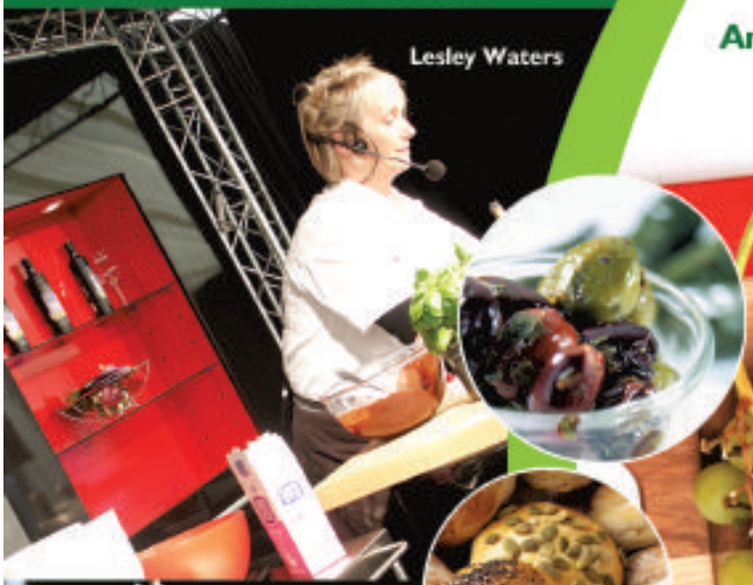
Antony Worrall Thompson (Sunday at 1pm, 3pm and 4pm)
Plus Teresa Bovey (Saturday 1pm, Sunday 2pm)



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Milton Keynes Festival of Food

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Lesley Waters

Lesley Waters

■ Lesley has written nearly twenty books including Fifteen Minute Feasts for BBC Books, Four Seasons Cookery for BBC Books, Sainsbury's Quick and Easy Food for Friends (Martin Books, 1995), Weight Watchers Carefree Christmas (Simon & Schuster, 1996), Ready Steady Cook Book 3 (BBC Books, 1997), and Weight Watchers Store Cupboard Cookery (Simon & Schuster, 1997).

These were followed by Classic Starters and Juice Up Your Energy Levels both for Orion and The Essential Pasta Book. Broader Than Beans,a major vegetarian cook book, was published by Headline in 1998 and the follow up Cooler Than Chillies was published 2000. More recent titles include New To Cooking and Healthy Food. She has also launched a series of paperback cookbooks with food retailer Julian Graves.

Teresa Bovey

Teresa Bovey

■ Teresa has worked alongside celebrity chefs and appeared on Carlton TV as a guest speaker in its Food For Thought programme.
She has staged exhibitions and demonstrations at the BBC Good Food Show and various high profile agricultural shows and food festivals, she has worked as a senior home economist at Denby Potteries organising special cookery events at the visitor centre.
In October 2007 Teresa organised The East Midlands Children's Food & Drink Festival at Brooksby Hall near Melton Mowbray. 1200 school children were invited to learn more about farming and food.
She also runs her own cookery demonstrations at her home in Thurgarton, Nottinghamshire and writes a regular recipe feature for "New One" magazine.

The Milton Keynes **Festival of Food Cookery Theatre Timetable**

Saturday food provided by M&S

■ **11.00am: The Ethical Food Company Food Quiz - some great prizes to be won!**
■ **Midday: Lesley Waters**
■ **1.00pm: Teresa Bovey**
■ **2.00pm: Lesley Waters**
■ **3.00pm: Tiny Deol of Curry Slim Book signing by Lesley Waters at the Waterstones Stand, Middleton Hall**
■ **4.00pm: Lesley Waters**

Sunday food provided by Waitrose

■ **Midday: The Ethical Food Company Food Quiz - some great prizes to be won!**
■ **1.00pm: Antony Worrall Thompson**
■ **2.00pm: Teresa Bovey**
■ **2.15pm - 2.45pm Book signing by Antony Worrall Thompson at the Waterstones Stand, Middleton Hall**
■ **3.00pm: Antony Worrall Thompson**
■ **4.00pm: Antony Worrall Thompson**

The Cookery Theatre is sponsored by Denby and Rangemaster.

Visit John Lewis to see the Rangemaster products and equipment.

The Ethical Food Company

THE Ethical Food Company was set up at the end of 2005 to give customers a real alternative to today's mass-produced, and artificially manufactured supermarket foods. We aim to re-connect customers with the reality of food, which means understanding and enjoying the delights of eating seasonally, locally and organically, safe in the knowledge that their food has been produced to exceptionally high standards.

ethicalfoods.co.uk is an online shop which offers home delivery of a massive range of groceries, environmentally-friendly cleaning products, kitchen goods and convenience products. We deliver to the whole of Buckinghamshire and west London with our own vehicles and offer a national overnight courier service as well. This exciting company has attracted huge attention from the national press and media on a regular basis, including appearances and features with the BBC, Channel 4, BBC Radio, The Guardian, The Times and Express on Sunday.

As part of the MK Food Festival, we will be running an Ethical Foods Quiz which is guaranteed to make you think about where your food comes from, why pay more for Fairtrade, how do chickens squeeze out an egg, when is not a good time to eat British apples and other soul-searching questions. Will you be one of the panel of three who gets to taste it, touch it, smell it, see it and feel it?!?

There will be food prizes for the winner and participants, plus some giveaways throughout the day.

Contact:
01296 733 737 www.ethicalfoods.co.uk

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Munchy seeds

HERE at Munchy Seeds we spend all our working hours carefully blending and gently roasting premium quality seeds. We have created seven moreish varieties, Some are sweet, some are savoury and some are hot! All are free from artificial colourings and preservatives and are packed with masses of flavour and goodness.

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These are just some of the delicious flavours on offer. We hope you enjoy sampling them at the Food Show in Middleton Hall.

Snowdonia Cheese Company

VISIT Snowdonia Cheese Company at the Food Show this weekend. They produce waxed, flavoured, truckles of cheese. Their Welsh cheeses have won national and international recognition at the British Cheese Awards, The True Taste Awards and the World Cheese Awards.

Little Black Bomber (Snowdonia Original) - Select Extra Mature Cheddar in a black wax

Green Thunder - Mature Cheddar with garlic & garden herbs in a green wax

Red Devil - Red Leicester with chillies & crushed pepper in a red wax

Ginger Spice - Medium Mature Cheddar with chunks of stem ginger in an orange wax

Amber Mist - Medium Cheddar laced with whisky in an orange wax

Pickle Power - Mature Cheddar with chunks of pickled onion in a purple wax

Purple Passion - Mild Cheddar with chocolate chips in a purple wax

Contact:
www.snowdoniacheese.co.uk

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MK NEWS

From LazyTown to a fit city

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Solving a sticky problem

PAGE 2

We're having a splashing time

Sun worshippers seem to have found the perfect place to cool down this summer. The fountains at thehub:mk have become a magnet for the young and young at heart during the sweltering weather conditions.
Scores of people were spotted enjoying themselves at the city's latest tourist attraction over the weekend. Pictured are Eva and Olivia Ryan enjoying themselves.

Woman's six-year wait to sleep in her own bed

Lorraine Wolstenholme in 2003 when she had been waiting to use her bed for just a year

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

A DISABLED woman who has had to sleep in a chair for six years hoped that her 'awful situation' would be brought to an end after a High Court hearing on Monday.

However, Lorraine Wolstenholme's case was once again adjourned and the multiple sclerosis sufferer will continue to wait to hear whether she will be able to sleep in her bed again.

Mrs Wolstenholme, of Ealing Chase, Monkston, has slept in a wheelchair or armchair since 2002, when Milton Keynes Primary Care Trust decided it was dangerous for nurses to lift her – even though she weighs just eight and a half stone.

Her judicial review against the PCT and Milton Keynes Council was adjourned on Monday.

If an agreement is not reached in the meantime then a judge will decide whether nurses should lift her or not.

Mrs Wolstenholme, who is in her mid-50s, is considered 'high risk' to carers as her condition causes spasms.

She has been left with the choice to either remaining in her specially-adapted bungalow where she lives with her daughter, Karen, or to be bedridden, probably in hospital, for the rest of her life.

She said that Karen has been forced to give up work to be her sole carer, managing alone to help her use the bath and toilet on a daily basis.

After a series of High Court hearings in 2003 it was proposed that Mrs Wolstenholme could be lifted by a hoist and sling. However, she describes the equipment installed in her home as 'inadequate'.

Instead she currently sleeps in a reclining chair bought by her family after her wheelchair broke. She says the council and PCT will not replace it.

It was alleged on Monday that the NHS Trust had misinterpreted its health and safety duty, focusing solely on the risks posed to staff.

Back in 2003, Mrs Wolstenholme said she had been treated like an animal by the authorities.

Yesterday she said: "Since 2002 I have been confined to a wheelchair or armchair and have been unable to sleep in my own bed.

"My daughter has been off work and has been forced to be my sole carer.

"She has carried out all transfers to enable me to use the toilet and bath manually and on her own."

She added that the ceiling hoist in her bungalow remains inadequate and she was looking forward to the end of the 'awful situation' she has found herself in.

"I very much hope that the coming weeks and months will see the impasse which has existed for the past six years brought to an end so that I and my daughter can get on with living our lives to best of our abilities with the support of the council and the PCT."

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Drug dealer stabbed friend
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Number is halved in two years
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Nowhere to hide
Oscar the police dog unearths offenders
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Enter our Garden of the Year competition
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Buy a new or used car
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Above: The council chamber is packed for the mayor making. Below: Mike Barry hands over to Jan Lloyd

St John Ambulance is mayor's charity choice

THE new mayor of Milton Keynes was sworn in last night.

Labour's Cllr Jan Lloyd has taken up the chains of office from outgoing mayor Mike Barry.

The mayor's charity for this year is St John Ambulance.

Judy Wright, chairman of St John Council, has been leading the bid to have the charity appointed as the Mayoral Charity for 2008-2009.

She said: "We are honoured to have been selected as the mayor's charity for her year in office.

"The role of Youth Development Officer really is a key one in our organisation.

"A successful appeal will enable us to appoint someone who will play a vital part in inspiring youngsters and encouraging them to join our organisation.

"There, they will learn new life skills, increase their self confidence and prepare to become the leaders of tomorrow whilst at the same time having fun."

■ **A year in the life of a mayor – see page 6**

Gummi Bins solve a sticky problem

BY ROB GIBSON
rob.gibson@mk-news.co.uk

TARGET boards and special bins will be used in an effort to tackle chewing gum litter.

The new litter busters will be installed today and could save Milton Keynes Council thousands of pounds in clean up costs.

The council has developed two designs to encourage people to bin their gum rather than throw it on the floor.

The Gummi Bins and Target Bins, shaped like football pitches, will be trialled on street lamp-posts along Queensway in Bletchley and the most successful design will be rolled out across the city.

In addition, thousands of gum wraps will be given out to local schools as part of the council's anti litter campaign.

Michael Kerrigan, safer communities' warden at MKC, said: "This form of litter is particularly difficult to remove and costs us a small fortune to clear away ever year. That is why we are encouraging the public to use the special chewing gum bins provided.

"We would sooner not have to fine people and would much prefer to explain to them about the correct way to get rid of chewing gum."

Dropping chewing gum carries a £75 fine.

Other local authorities that have run clean-up campaigns have successfully reduced chewing gum litter by an average of 58 per cent.

Wardens Michael Kerrigan and Rob Lawrence with the two styles of Gummi Bins to be put up in Bletchley

MK Gallery exhibitor on shortlist for Turner Prize

MILTON Keynes Gallery is celebrating news that its current exhibiting artist has been shortlisted for this year's Turner Prize.

Cathy Wilkes exhibition is currently showing at the gallery until June 8.

It is the second time in two years that an MK G exhibitor has been nominated, in 2006 it was Phil Collins.

The Turner Prize has become widely recognised as one of the most important and prestigious awards for the visual arts in Europe, celebrating new developments in contemporary British art.

She is one of four artists shortlisted and the result will be announced at Tate Britain in December.

Gallery Director Michael Stanley said: "We are delighted that Cathy Wilkes has been nominated for this year's prize on the strength of her current exhibition at Milton Keynes Gallery. This is a wonderful recognition of the gallery's commitment to promoting a programme of artistic excellence."

Her work comprises objects from her everyday domestic life. Viewers are invited to think about the associated implications of these objects and apply their own personal meaning to them.

A talk about the artists work takes place at the gallery tonight from 7pm, to book a place call 01908 676900.

■ What do you think of this art? e-mail your views to editor@mk-news.co.uk

Prada phone theft row led to killing

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A DRUG dealer who wore a knife around his neck fatally stabbed his flatmate in a row over a mobile phone, a jury heard.

Thirty-year-old David Williams died on August 3 last year after being stabbed twice at his home in Oldbrook Boulevard, Oldbrook.

The trial of Eric Erron Johnson began on Monday after the 23-year-old pleaded not guilty to murder.

It is believed that violence erupted at the flat after Mr Johnson, who is known locally as Mac, accused Mr Williams of stealing his expensive Prada phone and some heroin.

Following the incident he fled to Devonport Road, London, with his dog, Shriek, but was arrested a few weeks later.

On day two of the trial yesterday the jury heard that Mr Johnson frequently wore a combined knuckle-duster and knife in a pouch hanging from a leather necklace.

Prosecutor John Denniss said Mr Williams was jabbed at with a sharpened stick and stabbed with the knuckle-duster knife, causing two deep wounds to his neck and chest.

John Denniss said: "Both men were deeply involved in the local drug scene and the defendant dealt crack cocaine and heroin in Milton Keynes. His pride and joy was a Prada mobile phone worth about £500 which he alleged Mr Williams had taken along with some of his heroin."

The court heard that an argument led to a struggle between Mr Johnson, holding the sharpened stick, and Mr Williams who was holding a mop.

As the bloodstained stick was exhibited to the jury, Mr Williams' girlfriend, Naomi Burrell, took to the witness box and gave her version of his last moments alive.

She said: "I turned around and saw Mac with a stick in his hand, trying to get David in the neck.

"David was trying to push him away with the mop."

She said she saw her boyfriend fall back against the kitchen counter before she chased after Mr Johnson.

When she returned she found Mr Williams, who was formerly known as Howard Smith, lying in a pool of blood.

A passer-by heard her shouts and called 999 but paramedics could not save him.

Ian Macdonald QC, representing Mr Johnson, questioned Ms Burrell's memory of the events but she denied exaggerating her story.

She said she did not see either man holding a knife.

The jury watched a video clip taken on her mobile phone, which showed Mr Johnson playing around with a knife, just a week before the incident.

The prosecution said Mr Johnson was preparing to move out of the flat and had already made up his mind to attack and harm the deceased.

"It is not in dispute that he actually used his knuckle-duster knife and stabbed him twice, the only issue is that he alleges he was acting in self defence," said Mr Denniss.

Detectives were unable to trace the weapon.

The case continues.

EX-MAYOR MIKE BARRY LOOKS BACK ON HIS YEAR IN OFFICE
SEE PAGE 6

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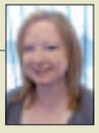

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MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Strike a light!

SIR – I am writing regarding the article published regarding the windows being replaced in Greenleys because they are too small.

I am furious that Cllr Williams backs this petition and says that they are too small for sunlight to get through, etc.

These tenants have gardens, why dont they use them to get sunlight?

I live in a council property in West Bletchley (a flat and have no garden to use at all) and we have metal windows.

Every window in the property is disgusting, we have mould and mildew in every room. Two of the windows do not close properly and therefore we get terrible draughts in the winter.

One of the main doors will not lock because it is in a poor state of repair and therefore makes my home insurance void.

My daughter is prone to skin complaints and chest infections because of the state of these windows yet I have been told for the past five years that they will be getting replaced and every year I get fobbed off by the council.

Maybe the council should start looking at the health risks involved and replace the windows with double glazing that need it the most before replacing windows just because some people don't get enough sunlight.

M Longmuir
sent by e-mail

Windows of opprtunity

SIR – I was amazed to read the comments of Lib Dem Cllr Chris Williams in relation to the windows in Greenleys.

Cllr Williams announced that he was backing a campaign to replace all the windows there because he had looked at them and felt that they were too small.

At approximately £3,000 per property, just how much of MK Housing's limited window replacement budget will this eat up? My guess is all of it and more.

Over in West Bletchley, many council tenants have been waiting years for MK Council to replace the rusty old metal windows that were put in when their houses and flats were built in the 1950s and 1960s.

These windows are single-glazed and draughty. Often they have to be nailed shut because the replacement parts needed to repair them are now obsolete. I have lost count of the number of properties that I have visited in West Bletchley that have damp and water penetration associated with these windows.

These old windows also make properties expensive to heat. Not only is this bad for the environment, but it also leads to 'fuel poverty' for families on low incomes.

And yet Cllr Williams is seriously suggesting that an entire estate recently refitted with perfectly good upvc double-glazed windows should jump the queue for expensive replacements on the grounds that he thinks the windows there are 'a bit too small'.

Come on Chris, you are supposed to be the cabinet member for the Environment. Ask your officers for details of the environmental (or SAP) ratings of windows in council properties. You'll find out that residents in West Bletchley are getting a very poor deal indeed – and you're campaigning to make it worse.

Cllr Liz Campbell
Denbigh ward

Council has priorities wrong on windows

SIR – We have been council tenants in West Bletchley for four years and have been waiting for our new PVC windows since we moved in. Our neighbours, who have lived here for 13 years have told us that in fact they have been waiting considerably longer.

We live in Buckfast House MK3, where one side of the block have had new PVC windows put in over two years ago, yet our side remains with the old 1960s windows, some of which will fall out before the council seems to do anything about it.

We find you recent story unbelievable as the windows featured in your article are obviously newer and are NOT in desperate need to be changed.

How can the Liberal Democrat councillor dub these windows as unsatisfactory, ours are unsafe in many ways, yet we have been told we will now have to wait until at least 2011 to have them changed.

This is hard to believe as every year that goes by, we are given a different date further into the future. We are not the only block in West Bletchley in this state of affairs.

What makes these windows in Greenleys a priority over our dilapidated old windows?

If the councillor was to actually come and take a look for himself he will see that in fact our windows are in immediate need of changing.

The mind boggles at how the council prioritise these issues.

Mr & Mrs Malone
Buckfast House, Buckfast Avenue, Bletchley

EU must be joking

SIR – A K Gilbert berates Royal Mail for moving the sorting office from Milton Keynes to Northampton (Letters May 7).

This is inextricably linked with the Government's policy of closing thousands of local Post Offices. Both actions arise from EU Directive 97/67/EC.

It's all very well yawning, you at the back there, when the subject of the EU comes up but while you bury your head in the sand, the EU has been able to kick you up the backside.

A Dutch company, TNT, and a German company, DHL, have been allowed to cherry pick the best bits of our postal services. Royal Mail 're-organises' the leftovers. Redundancies and Post Office closures follow.

Holland and Germany face no such threats because their respective governments have not allowed foreign competition in the way we have. So much for free trade within the EU.

The sickening hypocrisy of our pro-EU, local Labour MP, 'fighting' to keep Fenny Post Office open, yet at the same time voting to shut it down, has not gone un-noticed.

During the recent local elections people on the doorstep told me they were counting the hours till the general election when they could throw her unceremoniously onto the scrap heap. And that was only the Labour supporters!

The passengers on the Brussels gravy train are undoubtedly keeping a seat warm for Dr Starkey who, it must be remembered, also voted for an EU directive to fine us up to £5,000 for displaying the Union Jack (on car number plates).

I, for one, would not begrudge any deadbeat or failed has-been a Brussels sinecure if this country received unique advantages from our membership of Europe. But we don't. So we have to fight back.

What can we do? Calling on the Government to hold a referendum on the European constitution would be a good start.

Google 'I want a referendum' on the internet or write directly to me, c/o Milton Keynes Council, 1 Saxon Gate East, Central Milton Keynes, MK9 3ZJ, and I will forward your letters on to the organisers.

A K Gilbert, and other supporters of the Post Office, ought to be the first in line.

Cllr Don Hoyle
Loughton Park Ward

Not passed it

SIR – On May 29, I will be 60-years-old and entitled to free travel throughout Milton Keynes and nationally.

I was advised by Milton Keynes Pensioners' Association to apply three months before the pass was due. I therefore applied in person with my application to MK Council Offices in March 2008.

I have visited the council offices and had an interview with a member of staff responsible for bus passes.

I was informed by the staff member that I was not even on the system as yet. The earliest I could expect to receive my pass was late June, as there were 'thousands and millions waiting' (her words not mine, and I expect a bit of an exaggeration).

The point is, I am entitled to free travel at age 60, just as the council is entitled to my council tax. I can't see the council waiting one month for my payment because of an admin error on my part.

I would therefore like to know if I am entitled to a rebate of all the bus tickets I accrue from 9.30-1100hrs on and after May 29, 2008.

Jim Cronin
Pipard, Great Linford

Play area the pits

SIR – The time has come for the annual re-inspection of Chepstow Park, Bletchley, in the National Green Flag Parks Scheme, and in the past few weeks the Council Landscaping Dept have been busy 'beavering' away pruning trees, trimming shrubs and making everything neat and tidy even undertaking grass cutting in the pouring rain.

Today while returning from walking my dogs I find two chaps from the Parks Trust constructing a sand pit in one of the three play areas.

Which genius in the MK Council thought of this idea?. This sand pit is going to be an open invitation to every cat, both domestic and feral, not forgetting the foxes that live on the railway embankment along with rabbits and the odd badger to use this sand pit as their own personal toilet.

Add to this the infection risk to the 'little ones' that will use the sand pit from some nasty diseases of which toxoplasmosis is the main contender.

Is the council going to 'stand up and be counted' when a toddler is struck down with an infectious disease and the parents decide to sue for damages?

Surely, MK Council has a duty of care to the children that use these play areas even though they are under their parents' supervision.

Perhaps a rapid rethink is in order in this case?

Peter D. Lancaster
St Johns Road, Bletchley

Cancer prevention

SIR – I am writing to let your readers know that this week is Cancer Prevention Week, when World Cancer Research Fund raises awareness that, far from being a matter of fate, cancer is a largely preventable disease.

In fact, scientists estimate that about a third of cancers could be prevented by eating healthily, being physically active and maintaining a healthy weight.

During Cancer Prevention Week, I would urge people in the local area to make a positive lifestyle change, even if it is a relatively small one.

After all, a healthy lifestyle is not a case of all or nothing. Even by making a relatively small change, you can make a real difference to your risk of developing cancer.

To find out more about cancer prevention, visit www.wcrf-uk.org or call 020 7343 4205 or request one of our publications.

Lucie Galice
General manager, World Cancer Research Fund

■ **MORE LETTERS ON PAGE12**
■ **SEE ARTICLE ON PAGE13**

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

Write to: Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU. E-mail: letters@mk-news.co.uk

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Top class: Sportacus at Wavendon Gate School with birthday boy Luke Bell

Everyone's a winner in LazyTown competition

BIRTHDAY boy Luke Bell was top of his class when superhero Sportacus leapt out of LazyTown to entertain pupils at Wavendon Gate School with an exciting interactive performance full of fitness and fun.

Luke won the energetic afternoon for his classmates after entering an exclusive MK NEWS competition to celebrate the forthcoming new stage show LazyTown Live! which comes to Milton Keynes Theatre in June.

Luke's parents Jamie and Lisa were present for the event and Lisa said "Luke was so excited as it was the first competition he has ever entered and he took great pride in posting the entry himself. He couldn't believe it when he won as he loves LazyTown and Sportacus is his hero. The fact that it was his 5th birthday made it an extra special celebration!"

Jam-packed with action, energy and a powerful message that will energise and inspire children everywhere, LazyTown Live! is at Milton Keynes Theatre from June 5-8.

■ To book your tickets call the box office on 0870 060 6652 (bkg fee) or visit www.miltonkeynestheatre.com

ASBOs fall by half in last two years

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

THE number of ASBOs dished out in Milton Keynes has fallen by half in just two years.

In the past year just five anti-social behaviour orders were issued in the city, meaning there are 26 currently in operation, four of which were breached last year.

The number of orders issued fell from 10 in 2005-2006, to seven in 2006-7.

Latest figures from the Home Office show that the number of orders given out nationally fell by 34 per cent in one year.

ASBOs were introduced by the government in 1998 as a way of naming and shaming people for intimidating behaviour, vandalism, creating noise and other disturbances in the community.

Ten years later, however, the number issued has almost petered out, leading some to believe that the ASBO will be ditched.

The Safer Communities Unit of Milton Keynes Council, which deals with and records the orders, says this is because there is intervention going on elsewhere.

It is concentrating instead on other schemes such as Acceptable Behaviour Contracts – 55 of which have been issued in the past year.

These are voluntary contracts between young people, the local housing office or registered social landlord and the local police, in which they agree not to behave anti-socially.

Pete Roberts, Safer Communities Unit manager, said: "Nationally, the number of ASBOs being issued is in decline, as early intervention and signposting to other agencies is proven to be a more effective way of tackling anti social behaviour.

"ASBOs are used sparingly in Milton Keynes and other methods are tried first such as warning letters and the red/yellow card scheme, which is aimed at low level anti social behaviour and encourages young people to take responsibility for their actions.

"More and more areas across the country are adopting this tiered approach".

Police hunt office arsonists

POLICE are appealing for witnesses to help track down arsonists who set fire to an office.

Between 6am and 8.30am on Sunday a fire started at MK Car Auctions in Elfield Park.

Two fire engines from Buckinghamshire Fire and Rescue services were at the scene but the office was totally gutted by the blaze.

Damage was also caused to the car body panels and some of the firm's business records were lost.

Detective Constable Moyra Richardson, leading the investigation, said: "I am appealing for anyone who may have seen anyone acting suspiciously in the area prior to the fire starting or has any information about this incident to contact me or Crimestoppers."

Anyone with information can contact Det Con Richardson at Milton Keynes police on 08458 505505 or call Crimestoppers anonymously on 0800 555111.

ENTER THE CHAMBER OF COMMERCE BUSINESS AWARDS
SEE STORY PAGE 7

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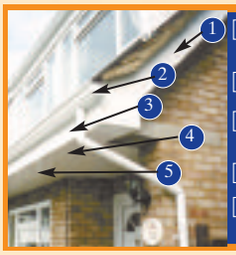

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When I took over we were halfway through the 40th celebrations and now we are into the 41st year of Milton Keynes and I'm continually going to events where things happen for the first time

– Ex-mayor Cllr Mike Barry on his year in office

Last night a new mayor was sworn in by Milton Keynes Council. We caught up with outgoing mayor Mike Barry to look back at his year in office during which he has visited more than 430 events as the city's ambassador

"YOU get to meet so many different people in all walks of life from the Queen downwards and its just been fantastic," said ex-mayor Mike Barry, who handed over his chains to his successor last night.

Cllr Barry, who plans to write a book about his experiences, said the 'cream on the cake' of his year as the Mayor was the visit of the Queen and the Duke of Edinburgh in November.

"I was one of the first people to greet her on the station along with the Lord Lieutenant and High Sheriff of Buckinghamshire, which was a real honour," he said.

"It was also nice to be the public voice behind the official welcoming for her at the stadium.

"In saying that I have had equally if not more pleasure sometimes meeting the average person in Milton Keynes at award ceremonies and things like that; somebody who has contributed a lot to Milton Keynes, what I call the unsung heroes," he added.

"These are people who go to the same shops as I do and pay their council tax to the same council as I do.

"I have also driven a steam engine, which is every little boy's dream."

Prior to taking up the role last May Cllr Barry had plenty of preparation as he was Mayor of Newport Pagnell for four years and served as Deputy Mayor of Milton Keynes.

However, he said the manic schedule had him using his organisation skills to the maximum and living on a day-to-day basis.

During the year he visited over 430 events, an average of 40 events a month or at least one a day.

"You think you know what its going to be all about but its only when it happens you get to fully understand the role," he said.

"We put a magnetic board on the landing with all the information for the events so that we knew exactly where we were going, because if someone is expecting the mayor you can't forget it or turn up late.

"We kept a very tight diary of what we did, even down to what clothes."

"The most I ever did was seven events in one day. I started at 7am in the morning at the Open University doing a speech about the role of the mayor to a local rotary club and, I finished at 9.30pm in a nightclub in Milton Keynes."

He said Milton Keynes has been a great place to serve as mayor as it is vibrant and the people are constantly coming up with innovate new schemes and events.

"When I took over we were halfway through the 40th celebrations and now we are into the 41st year of Milton Keynes and I'm continually going to events where things happen for the first time," he said.

"To think of a town like that its absolutely great."

He added that being a mayor has been a great experience as he has been able to see lots of things that the general public don't get to see.

In a recent tour of the neo-natal unit at Milton Keynes Hospital he said he spoke to the mother of a premature baby.

"She was over the moon the mayor had come to see her little daughter, these are the kind of things that make it really nice and really special," he said.

And although it is a busy, full-time job his advise to his successor is to put their whole heart into it, get stuck in and enjoy it.

"It is hard work, but it is a privilege and the more you put into it the more you get out of it," he added.

Although he will miss the experience, Cllr Barry is looking forward to getting back to his normal life including returning to work for Mitre Publications in Mount Farm.

He will also continue representing Newport Pagnell North on Milton Keynes Council and serving on Newport Pagnell Town Council.

"I will look forward to handing the chains over to the new mayor and wishing her all the best," he said.

"I think its going to be nice to become me again and to be able to spend more time with the grandchildren and more time socially with friends.

"It will be nice to have those things back again, having known the fact that you have been the mayor."

Batting for Milton Keynes: Mike Barry

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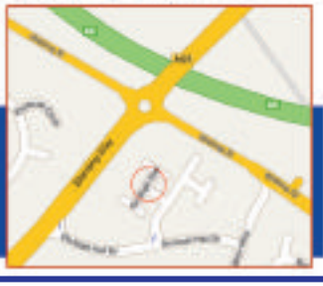

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The 2007 Milton Keynes and North Buckinghamshire Chamber of Commerce Business Excellence Awards

Chamber awards night in business

THE countdown has truly started to one of the major events of the year in the Milton Keynes Business calendar.

The Milton Keynes and North Buckinghamshire Chamber of Commerce Business Excellence Awards will be held on Thursday, October 9.

And MK NEWS is proud to say it is the main media sponsor for this year's event.

Following on from the success of last year, the awards ceremony will take place at stadiummk – home of Milton Keynes Dons.

Tickets are already on sale, with the first table being sold to Borneo Linells.

Declan Curry, business presenter for Breakfast on BBC One and BBC News 24, will again act as compere for the evening and the main guest speaker will be Sahar Hashemi, lawyer turned entrepreneur, who founded Coffee Republic, the UK's first US-style coffee bar chain with her brother and built it into one of the UK's most recognised high street brands with a turnover of £30m.

Chief executive Rita Spada with some of the MK Chamber of Commerce team

The event gives your business the chance of winning one of the most prestigious awards within the region across a number of diverse categories from International Trade or Business Innovation through to Customer Service and Business Person of the Year.

Whatever stage your business is at, there is a category for you to enter. Applications are now being invited across all award categories, details of which can be found on the chamber website or by e-mailing enquiry@mk-chamber.co.uk

The deadline for applications is Friday, July 4, 2008.

Tickets for the event will go quickly so book early to avoid disappointment. Prices are £80 per head plus VAT, tables of ten £750 plus VAT.

For more information or to book your place at the Chamber's Business Excellence Awards 2008 contact Milton Keynes & North Bucks Chamber of Commerce on 01908 259000 or via www.mk-chamber.co.uk

Litter collector picks up ban after flashing in park

A LITTER-PICKER has been banned from the park where he worked after persistently exposing himself to passing women.

Michael Lee Woolhead, 22, of Kingsfold, Bradville, was sentenced at Milton Keynes Magistrates' Court on Thursday after pleading guilty to one charge under the Sexual Offences Act 2003.

Woolhead was arrested on March 25 after exposing himself to a woman as she walked her dog in a park in New Bradwell at 6.15am.

Magistrates handed him an exclusion order, banning him from entering the park without prior approval from a supervising officer and placed him on the sex offenders' register.

Woolhead was also ordered to complete three years community service with a supervision order for the same period.

Peter Bird, prosecuting, said Woolhead's victim met a friend before she entered the park who told her 'our flasher is back'.

But the woman continued into the park where her dog began acting strangely around a bush.

Woolhead appeared by a bench behind the bush, and touched himself in front of her. The shocked woman rushed home and dialled 999 and both victims told police about the incident.

At interview, Woolhead admitted exposing his genitals to female members of the public on numerous occasions over the last year.

"He says he thought he had some sexual addiction which he needs help for," said Mr Bird.

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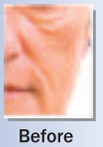

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Steven Jewell at the council offices with one of the community computers

Digital Challenge loss has net gains

Computer technology available for people on benefits

MILTON Keynes Council has struck a world exclusive deal with computer giant Microsoft to help people get cheap computers.

The main part of the agreement is an innovative development that will enable the council, through ConnectMK Limited (a company created by Milton Keynes council to establish 'Wi-Max' wireless broadband services in Milton Keynes), to refurbish well-specified ex-council PCs and laptops which will then be loaded with the latest Microsoft software.

The agreement will act as a global 'test bed'.

The PCs will be pre-loaded with a Citizens Skills Pack which includes Word, Excel, PowerPoint, One Note, the MS Live Suite, including a special e-mail account and MS Education, Internet safety and security software/support as well as the newly launched Microsoft Digital Literacy curriculum.

It is estimated that up to 10,000 residents in Milton Keynes will be able to take advantage of the scheme.

To qualify, a person must be in receipt of a benefit such as income support, income based job seekers allowance, pension credit, child tax credit, working tax credit or housing/council tax benefit. To allow some flexibility, exceptions to this scheme entry requirement may also be granted to people on low incomes.

People will be able to rent the refurbished PCs for a nominal fee of £1.50 per week to assist in their digital inclusion, adult learning and small business programmes.

More than a thousand PCs will be distributed in the first year.

Distribution is through Connect MK, working in partnership with community centres and other organisations to assist in training, support and monitoring.

Steven Jewell, head of IT services at Milton Keynes and the lead organiser of Milton Keynes Digital Challenge bid team said: "The scheme was born out of our efforts to win the Government's Digital Challenge, and although we didn't win, what we found was that by creating a genuine public-private partnership with organisations like Microsoft, FREEDOM4 and Adepteq (the scheme's technology consultancy partners), the sheer momentum we had generated meant that no one from any side was willing to just give up and ignore the difficulties that local citizens had with digital exclusion.

"This is a living testament to the good that has come from the Digital Challenge competition and marks a major achievement."

MK Council has set the target of achieving a 90 per cent level of digital inclusion in Milton Keynes in the home by 2010/11.

> No one from any side was willing to just give up and ignore the difficulties that local citizens had with digital exclusion
>
> **– Steven Jewel**

Mobility scooter user slapped by biker

A MAN on a mobility scooter was attacked by another man who accused him of trying to run over his daughter.

The 55-year-old disabled man was travelling towards Chervil in Beanhill when he had to swerve to avoid a child riding a bicycle on the footpath.

A man who was with the child shouted at the disabled man and allegedly slapped him across the face, causing a swollen lip.

He is also believed to have hit the victim's mobility scooter with a large bicycle lock causing damage to the rear light before leaving the scene on his mountain bike.

The incident occurred at around 4.30pm on Tuesday, April 1.

The offender is a white man, aged mid to late 30s, approximately 5ft 6ins tall and medium build. He had short dark hair and was wearing a blue woolly hat with a Tottenham badge on it, a green parka jacket and he was riding a purple mountain bike.

Witnesses can call PC Gordon Walker on 08458 505505.

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Wuff justice for police dog Oscar

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A POLICE dog has been praised for hunting down two men who were hiding under a caravan.

The offenders were reportedly attempting to break into a lorry at the M1 northbound service area at Newport Pagnell when police officers arrived on the scene.

The men sped off in a van, smashing into a police car and nearly hitting an officer.

The car chase continued onto the M1 until they stopped and fled into the surrounding fields.

PC Paul Nally, who searched the area with his German Shepherd Oscar, said: "Oscar followed the scent through fields and streets.

"He tracked over fences, through a stream and over barbed wire.

"Both of us were soaked and received numerous cuts and bruises. He continued despite all this and managed to take me straight to a caravan which two men were hiding underneath.

"It was quite amazing that Oscar didn't give up and he just kept going."

The men, aged 24 and 33, were arrested for questioning and have been released on police bail until June.

PC Amy Welch said: "We believe that there were three other men in the van who we're still trying to trace.

Police dog Oscar takes a well-earned rest

"I would like to hear from anyone that may have witnessed this incident or who has any other information that might be able to assist us.

"We would especially like to hear from any of the drivers that were at the service station at the time."

The incident took place on Friday, May 2.

Anyone with information is urged to contact PC Welch on 08458 505505.

> Oscar followed the scent through fields and streets... through a stream and over barbed wire
>
> – PC Paul Nally

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MKNW19

Charity begins at work for half marathon man

Charlie Reston in training for the MK half marathon

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

A RUNNER is preparing to put on his jogging shoes to give something back to the charity that employs him.

Charlie Reston, who works for the National Society for the Prevention of Cruelty to Children, will join thousands of runners as he takes part in the NSPCC Milton Keynes Half Marathon.

Having spent eight years with the organisation Charlie, 38, knows all the hard work employees and volunteers put in and he is keen raise funds to keep the project running.

"It's going to be a big challenge for me," Charlie said, "I've never run a marathon before I don't even run a bath."

As the NSPCC schools team manager Charlie sees the benefits of money raised on a daily basis.

"We work with a number of schools in Milton Keynes providing support such as one-on-one counselling for children.

"They come to us with a range of concerns and experiences and we work with them to help them through and function. It's a worthwhile job."

So in mid July Charlie will embark on a 13.1 mile run through Milton Keynes for the tenth NSPCC half marathon and he is urging others to follow in his footsteps to raise money for a worthwhile cause.

"I'm heading towards 40 and I'm thinking about my lifestyle and it is something that will get me fitter. It gives me something to focus on and if I can get fit and raise money at the same time then that's great.

"I'd ask people to take part because by supporting the event they can make a difference to the lives of people in Milton Keynes."

Since the event began in 1999 over £210,000 has been raised and this year the NSPCC half marathon, recognised as a well organised race with excellent facilities for changing, toilets, baggage and car parking, is hoping to reach the £250,000 mark.

The race, which starts at Bury Lawn School, Stantonbury, will take place on Sunday, July 20 at 10am.

■ To sponsor Charlie log on to www.justgiving.com/charliereston to find out more about the half marathon log on to www.mkhalfmarathon.org.uk

Motorcyclist critical after A5 collision

A MOTORCYCLIST is in a critical condition after a crash on the A5.

The biker was riding a blue Yamaha when he collided with a white articulated lorry, just after the Brickhill junction, at around 6pm on Sunday.

He was taken to Coventry Hospital by air ambulance and is currently in a critical condition.

Both carriageways were closed until 7.30pm while investigations were carried out and the road was cleared of debris.

PC Ray MacNaught said: "I'm appealing for anyone who witnessed the collision or may have seen three motorcyclists travelling together in the area early evening yesterday to come forward as their information may be vital to police enquiries."

It is believed the riders had started their journey from the Dunstable area.

PC MacNaught can be contacted on 08458 505505.

Anti social behaviour is action group's top priority

STONY Stratford Neighbourhood Action Group is tackling anti social behaviour as a top priority.

The action group, set up in January, is made up of residents, businesses and representatives from schools, community groups, the local police team, MK Council and Stony Stratford Town Council.

It covers Stony, Galley Hill, Fullers Slade and Calverton.

Julie Trundell, local resident and chairman said: "First we needed to find out where, why and when anti social behaviour takes place.

"We're working to tackle the problem and not just talk about it.

"We often jump to the conclusion that young people are to blame for a lot of the problems. But we've found that some adults especially those either in, outside and walking home from the local pubs can be very anti social."

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It's not too late to save charity shops

SIR – I wish to clarify the erroneous responses made by David Foster, chief executive of MK Parks Trust (MKPT) under the headline 'Rent demand forces charity out of shop' last week.

In a nutshell it is clear to me that MK Parks Trust has no right to seek the removal of the two charities from the Shenley Church End Charity Shop.

At the heart of this issue is whether or not the property is in the unfettered ownership of MKPT or is simply 'held' by MKPT as a 'form' of charitable gift. I know without any doubt that it is the latter.

I was employed by Milton Keynes Development Corporation (MKDC) from 1976 until 1992 when I transferred to the Commission For The New Towns until 1996.

On July 17, 1989 the MKDC approved a Charity Shop Strategy, where five shops would be provided by MKDC before wind-up.

At the time two existing MKDC shops (Shenley Church End and Stantonbury) had been identified with the remaining three yet to be built in shopping centres at Westcroft, Kingston and Walnut Tree.

In due course the outstanding three shops were completed and given into the ownership of MK Community Foundation.

Stantonbury and Shenley Church End were already earmarked to be transferred to MKPT along with a balancing package of assets in order that MKPT could finance its future expenditure.

Both shops transferred with zero rentals, showing that they did NOT form any part of the financial package.

After wind-up of MKDC it was proposed by The Commission For The New Towns (CNT) that in order to seek one home for the five shops, Stantonbury and Shenley C E shops now being held by MKPT would each enter into long leases with the Community Foundation with a zero rental charge.

These two transfers never took place though MKPT did fully honour the terms of the two gifts and allowed the two shops to operate rent free until June 2007, when a notice to end tenancy was issued.

In was during this period that David Foster replaced the previous chief executive Brian Salter.

On a more positive note, it should not be too late to seek to lease the two MKPT shop to the MK Community Foundation, thus re-uniting all five shops into the promised and appropriate home.

I am aware that the Shenley shop has now been leased to MK Relate but should a leasehold transfer be possible I am sure that the City Counselling Centre and MK Relate would happily be reunited.

Jeff Fawcett
Sent by e-mail

Swim or sink

SIR – My daughter and I drove along Princes Way in Bletchley last week, the new leisure pool is visible from the road for all to see.

My daughter was excited and said 'look, they've already nearly finished the new baby pool'.

Sadly, I had to explain that this 25 metre pool is actually the new main pool.

Having viewed the plans I understand that there is to be yet another multi-storey car park, a sports hall which is a quarter smaller than the wonderful one that is in busy use and no outdoor pitches or tennis courts.

The majority of the land is to be used for many high rise flats and houses with less than adequate car parking spaces.

As a mother of three energetic children who sits each week in crowded conditions and jostles each term to obtain places for them on the over-subscribed swimming lessons I can just say 'shame on you Milton Keynes Council and all others concerned' for selling the residents of the Bletchley and the surrounding area so short. This pool is no more than a token, what an opportunity and a responsibility you had to bless the lives and health of generations to come with really decent sized swimming pools and to make Bletchley an area for health and fitness.

P Griffiths
Bletchley

Keeping healthy may help prevent cancers

THE number of people who are diagnosed with a potentially preventable case of cancer in the UK every year is more than four times the capacity of stadiummk says a leading cancer expert.

According to Professor Martin Wiseman, medical and scientific adviser for World Cancer Research Fund (WCRF), while many people know that smoking is the most important cause of cancer, more needs to be done to get across the message that about a third of cancers are thought to be preventable through healthy eating, regular physical activity and maintaining a healthy weight.

During Cancer Prevention Week, the WCRF is hoping to get across the scale of the problem to people in Milton Keynes by highlighting that the estimated 95,000 people diagnosed with potentially preventable cases of cancer every year (a third of the total number of cases) would fill MK Dons' home ground.

Professor Wiseman said: "When you think about what Stadiummk looks like when it's full of people for a MK Dons home game, it is a sobering thought that every year in the UK we estimate that more than four times this number of people are diagnosed with a cancer that might have been prevented.

"When health charities talk about numbers of cases, it can often be difficult to really comprehend what that means. But we hope that by comparing it to something that is easier to imagine like the capacity of Stadium MK, we will be able show of the scale of the problem that we face.

"We need to remember that for every single one of those cases, there is a devastating impact on the lives of the people who are diagnosed and also on their families, not to mention the financial cost of treatment.

"This is why we need to do more to promote the message that with relatively simple changes, people can make a real difference to their cancer risk."

■ To find out more about how reduce the risk of developing cancer, people can visit www.wcrf-uk.org or call 020 7343 4205.

The number of people diagnosed each year with cancer which may have been prevented would fill stadiummk four times over

TOP TEN CANCER PREVENTING TIPS

1. Be as lean as possible without becoming underweight.
2. Be physically active for at least 30 minutes a day.
3. Avoid sugary drinks. Limit consumption of energy-dense foods (particularly processed foods high in added sugar, or low in fibre, or high in salt).
4. Eat more of a variety of vegetables, fruits, wholegrains and pulses such as beans
5. Limit consumption of red meats and avoid processed meats
6. If consumed at all, limit alcoholic drinks to two for men and one for women a day
7. Limit consumption of salty foods and food processed with salt
8. Don't use supplements for cancer prevention
9. It's best for mothers to breastfeed exclusively for up to six months and then add other liquids and foods.
10. After treatment, cancer survivors should follow the recommendations for cancer prevention.

■ People should always remember not to use tobacco in any form.

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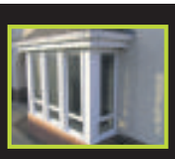

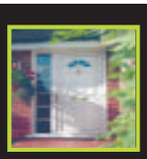

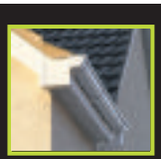

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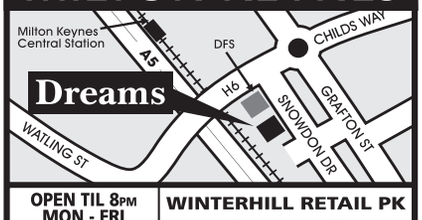

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Former Arsenal legend Paul Merson was in the city to open a new bookmakers. 'The Merse', now a Sky pundit, appeared at Better Bet bookmakers new shop in Silbury Boulevard on Friday along with ex-Spurs hardman Graham Roberts

Paul Merson signs an Arsenal shirt for his fans at the opening of Better Bet bookmakers

Multi-let landlord is fined for no licence

A LANDLORD has been fined more than £1,000 for failing to license a three storey house that was rented out to eight tenants.

At Milton Keynes Magistrates' Court on Friday, Rachel Ayisi-Mpere of Chasewater Crescent, Broughton was also ordered to pay costs of £873.92 for failing to license 66 Shackleton Place, Oldbrook.

The offence came to light following a fire in the kitchen on October 7, 2007.

The property has five bedrooms and was required to have a licence from the council in line with HMO licensing provisions in the Housing Act 2004.

This was the first successful prosecution under the legislation that came into force in April 2006 and now the local authority can apply to the Residential Property Tribunal for a rent repayment order covering the duration of the tenancy for which the HMO was unlicensed.

Failure to obtain a licence and breach of licence conditions is a criminal offence. Landlords can be fined up to a maximum of £20,000 for failing to obtain a licence and £5,000 for a breach of a license condition.

Jane Harrison, senior private sector housing officer said: "Milton Keynes Council values the contribution made by well managed, licensed houses in multiple occupation.

"It is important that landlords are aware of the legislation and those who choose to disregard it can expect to face similar stiff penalties."

"We have other prosecutions in the pipeline so we would seriously urge all landlords to make sure they comply with the law other wise we will take them to court."

■ If you need to license a premise or need further information or advice contact the council's private sector housing team on 01908 253271; e-mail privatesectorhousing@milton-keynes.gov.uk

Five years jail for teenaged market rapist

A TEENAGER who raped a woman in the city centre has been sentenced to five years in prison.

Derrick Michael Donkor, 18, from Fishermead Boulevard, Fishermead, was sentenced at Aylesbury Crown Court on Tuesday, May 6.

In the early hours of Sunday, July 15 last year, the 22-year-old victim was walking home through the market area of Milton Keynes after a night out with friends in the city centre.

She was approached by Donkor who took her to an isolated area within the market where he attacked and raped her.

The incident was disrupted by a witness and the offender ran off.

After an intensive investigation police traced the suspect, arrested him and charged him with rape.

Donkor denied raping the woman but a jury found him guilty.

Det Sgt Tim Pollard, who led the investigation, said: "The victim will never be able to fully forget her ordeal, but I hope the sentencing means she will be able to start to rebuild her life."

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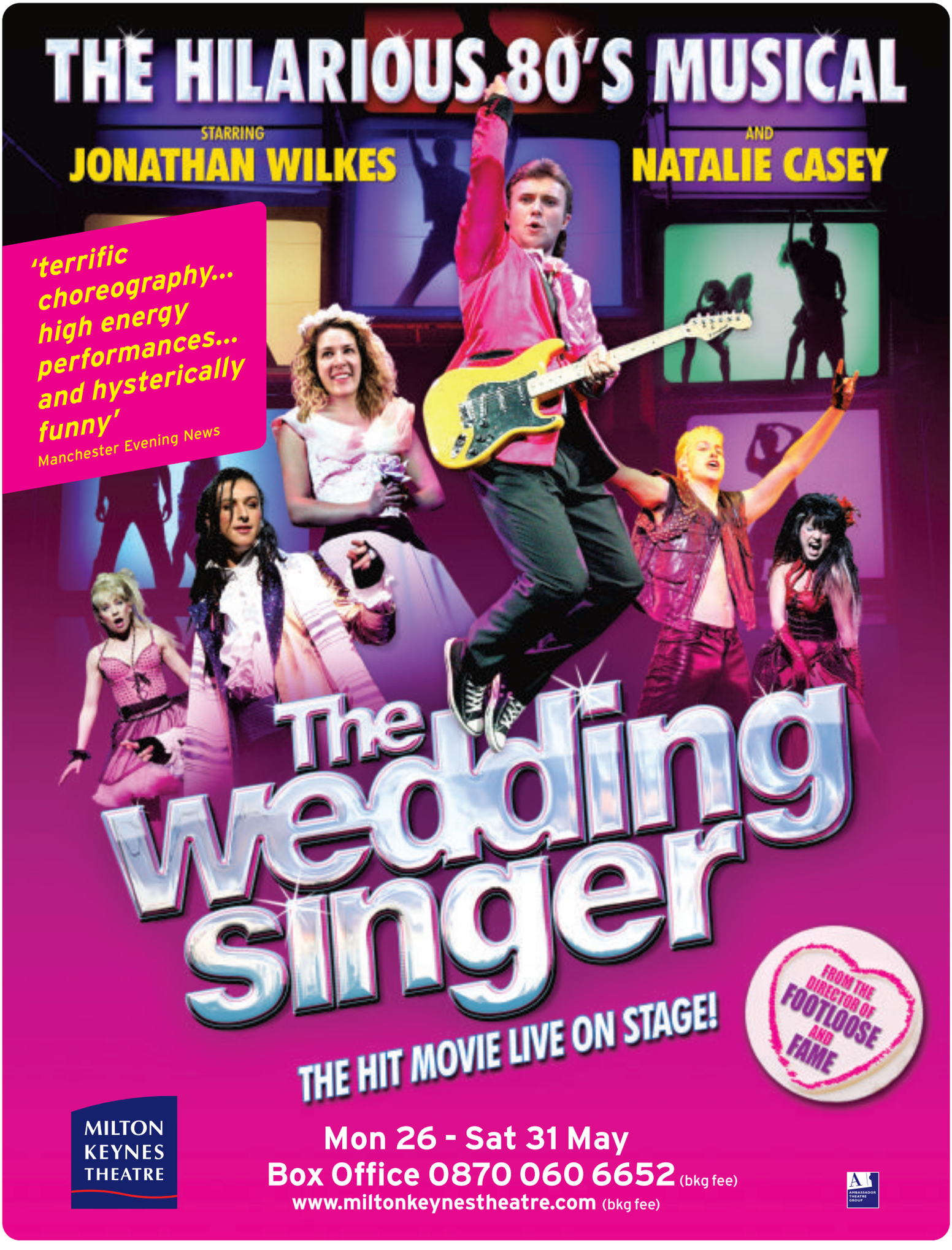
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There are two categories for you to enter and more than £500 worth of prizes to be won.

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(under 50m2)

All you have to do is fill in the entry form and send us a picture of your garden.

Our panel of judging experts will come up with a shortlist in each category.

The finalists will then be paid a visit by the judges in July when the individual category prizes will be awarded.

Each entry must include a colour photograph (minimum size 6insx4ins)

So get out into your garden now - you never know you could be a winner. Alternatively submit your entry to info.romanway@yahoo.co.uk

Judges will inform you if you have been shortlisted as a finalist and arrange a viewing with you. All entries must be entrants own work.

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MK NEWS continues to bring you up to date news and sport throughout the week on our website. Here is a selection of what you have been reading online over the past week.

WEDNESDAY

A MAN was been found guilty of murdering 18-year-old Atiq Rehman.

Ghur Rehman (not related to Atiq) was sentenced for murder after the jury at Luton Crown Court returned their verdict today.

His co-defendent, Haroon Awan, was acquitted of murder.

As Judge John Bevan gave his summary of the case he said: "The assault of Atiq Rehman was perpetrated by members of a close knit family of brothers and cousins.

"We are not given any reason why these two groups dislike each other, save that there were two factions in the Wolverton mosque."

The court had struggled to accommodate the family members who have followed the trial since it began last week.

A man has been found guilty of murdering 18-year-old Atiq Rehman.

The jury watched CCTV footage showing Atiq Rehman being cornered in the Costcutter store at The Square, in Wolverton, on May 15 last year.

He was seen escaping into the street, where he was attacked with a snooker cue and metal pole and left motionless in a gutter.

Flowers in Wolverton Square where Atiq Rehman, above, was murdered by Ghur Rehman

He died two days later in hospital from severe head injuries.

FRIDAY

A TEENAGER who raped a woman in the city centre has been sentenced to five years in prison.

Derrick Michael Donkor, 18, from Fishermead Boulevard, Fishermead, was sentenced at Aylesbury Crown Court on Tuesday, May 6.

In the early hours of Sunday, July 15 last year, the 22-year-old victim was walking home through the market area of Milton Keynes after a night out with friends in the city centre.

SATURDAY

PROFESSIONAL rugby came to Milton Keynes for the first time on Saturday and our reporting team were there to see it. 8,050 people turned out to see Saracens snatch a dramatic victory with a 25-20 win. It was former England and British Lions legend Richard Hills last professional rugby match.

MONDAY

POLICE appealed for witnesses to a fatal collision which happened on Sunday.

At approximately 8.15pm on the southbound carriageway of the V8 Marlborough Street, between the H7 Chaffron Way and H8 Standing Way at Peartree Bridge, a black Mitsubishi car appeared to lose control and collided with the central reservation area.

The driver, a 38-year-old man from Netherfield, was pronounced dead at the scene.

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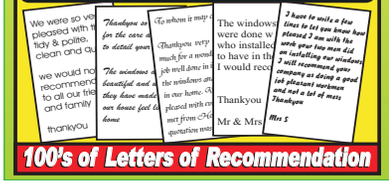

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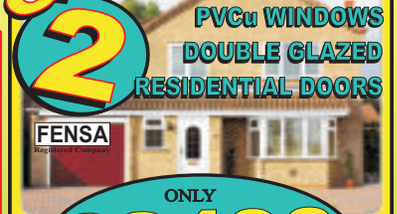

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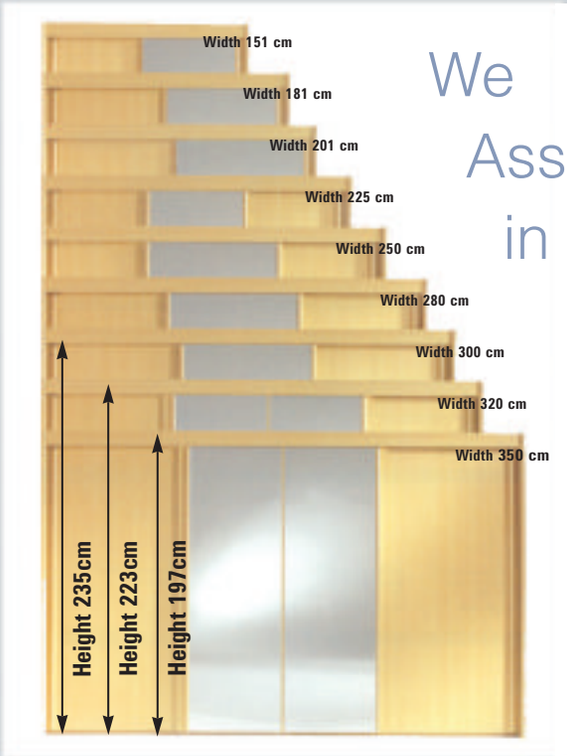

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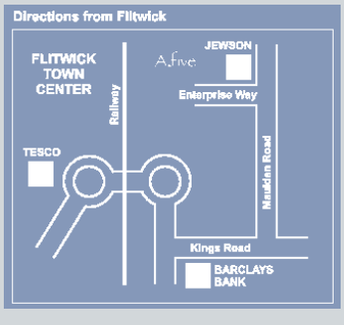

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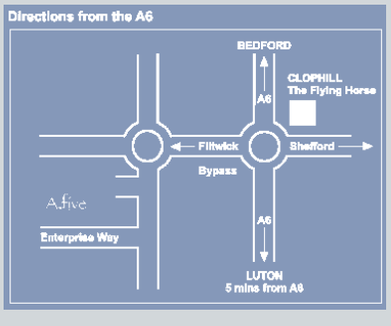


MKANNOUNCEMENTS

Birthdays

DAVE GILL

HAPPY 50TH BIRTHDAY

Love you lots

Tracy, Emma, Scot, Paul, Connor and Casper. xxx

Births

GARY & ANNA BOWER

née Capone announcing the arrival of

THOMAS DAVID

Born 1st May 2008, weighing 7lbs 7ozs. A perfect brother for Elena.

Special thanks to Ellen and the Cygnet Wing staff

GEMMA HALFPENNY & GEORGE McCORMACK

would like to announce the birth of

CAMERON GEORGE

born on the **30th April 2008**

Love and kisses from both families xxx

LEE & EMMA TAYLOR

née Robinson are pleased to announce the arrival of their son

THOMAS JAMES

Born on 27th April 2008, weighing 8lbs 7½ozs.

A brother for Erin.

RAJA OLIVIA & SAJ

are pleased to welcome their daughter

CAMILLA DARCY

17th March 2008

Love Mummy, Daddy, Saskia, Piers and all the family

Birthdays

SIMON CHURCH 'Sog' or 'Titch'

Happy 30th Birthday

Love from all your family and friends

Happy 1st Birthday KIERAN ALFIE SMITH

15th May

Lots of love Mummy, Daddy & Callum xxx

DANIEL CASCELLA

Happy 18th Birthday

Love Dad, Mum, Aaron, Ryan

So cute, what happened?

Welcome to our World!

Happy 30th Birthday ROXY!

11th May 2008

Lots of love Ronnie and Shirl xx

REBECCA PALLETT

Happy 30th Birthday on the 10th May

To a gorgeous Princess

Love Andy xxx

Happy 40th Birthday CHERYL MIDGLEY!

17th May

Love from Mum, Dad, Shaun, David, Tracey, Lauren, Vanessa, Dean, Emma & Katie xxxx

PAIGE BURROWS

5 Today

11th May 2003

Love Mummy, Chloe, Nanny & Grandad, Uncle Ryan, Auntie Vikki, Nan, Nan, Grandad xx

CHARLOTTE LANT

To our lovely daughter

Wishing you a very Happy 18th Birthday

Lots of love Mum, Dad & David xxx

ALFIE JAY JOHNSON

Happy 1st Birthday to our Little Man

12th May 2008

Lots of love and kisses from Mummy & Daddy

DANIEL NASON

HAPPY 13TH BIRTHDAY

11th May, 2008.

Lots of love Mum, Nigel, Nanny, Grandad, Aunty Vicki, Ryan and Chelsea.

PIERO

Happy 33rd Birthday

Love from Vince, Rosetta, Mariangela & Guy

Happy 5th Birthday MEGAN

on the 9th May

Hope you had a lovely day

Lots of love Daddy xxxx

HAPPY 18TH BIRTHDAY KIREN

Love grandad, grand mum, mum, dad, Jugs, Gurinder, Sukha, Naks, Shallu, Aman, Arrin, Aran, Simrit, Nakita and Jasmin

MKNEWS

JC

Was 18 on 7th May

Love always mum, dad and Toni

LUKE DANCER

is a Teenager on 16th May 2008 Happy Birthday

Love from Mum, Dad & Amy xxx

Happy 18th Birthday DEBBIE LOUISE

Have a lovely party.

Love Mum, Dad and all the family

KAYLEIGH RUSHTON

Happy 21st Birthday

14th May 2008

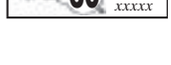
Lots of love Dad

CHRIS BRACE

60 on 16th May Happy Birthday

Hope you enjoy your party!!!

Lots of love Val, Cath, Russ, Carly & Ciara xxxxx



ELLA MAE MAJOR

Happy 10th Birthday

Two numbers!

Love from all the family

LYNDA ANESI

Happy 60th Birthday!

With lots of love from all the family xxxxxx

DAWN CURRAN

née Bleakley

Happy 40th Birthday 14th May

Love always Mum & Dad xxx

Happy 70th Birthday HAZEL PRENTICE

on 11th May 2008

Relax and enjoy!!

With love all the family

MEGAN MILEY

13 Today

Happy Birthday

With lots of love from Mum, Dad, Matthew & Polo xxx

MKNEWS Birthday Memories

EILEEN MAY COOPER

14th May 1928 - 8th October 2006

My "Angel of the Morning"

Remembering you on your birthday 14th May and always.

Love from Bill, Carolyn & Cliff, Andy, Isla, Gemma, Matt, Hannah and Mary and new great granddaughter Koral May.

In Memoriam

LORRAINE GRAHAM.

Died 16th May 2001

So many memories lovingly kept of someone too special to ever forget

Love always George

In memory of

JEAN STAPLETON

17th May 2001

Forever in our hearts and thoughts.

Love Gerald, Alan, Julie and families

PAPWORTH Eileen.Remembering with love and affection our dear sister Eileen, who passed away on May 6th 2004. She was very special and loved by everyone. Also remembering mum and dad and sister Doreen. God bless you all. From Betty, Sid and family.

MCNALLY Joan. Treasured memories of a dear sister who died 11th May 1999. Margaret, Albert and Malcolm.

WOOLSTON. Treasured memories of Elsie 19th May 2002 and Fred 27th July 1992. Tony and Families

STEVEN HALPIN

Remembering you, Missing you, Loving you.

Mum, Dad, Fay, Nan & family

JOSHUA BRANDY

12th May 2002

From the first minute of the day to the last of night, our thoughts are filled with memories of you. Wishing you were here just doesn't express how much we miss you.

God Bless.

Mum, Dad, Sister & Brothers

xxxx

HARTOP Hector. 14th May, 2007. A loving husband always remembered. Love Iris

DARLOW Pauline. 13th May 1998. A loving mum and nanna. The tears in our eyes we wipe them away, but the pain in our hearts will always stay. All our love Eunice, Steve, Tiffany and Channy xxxxxx.

CONSTABLE Lee. 19th November 1980 - 10th May 2006. Forever in our hearts and thoughts. We miss and love you lots, meet you on the other side. Sadly missed by us all xxx.

BURGOYNE Peter James. Treasured memories of my beloved husband who died on 11th May 1999. Never forgotten Beryl.

BRADSHAW née Woolley Sylvia. In loving memory of our very dear mum who passed away 10th May 1994. Caring, sharing, bubbly lady, always put friends and family first. God bless you. Gary, Jackie, Ben, Joanne and children.

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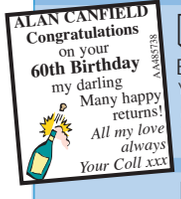

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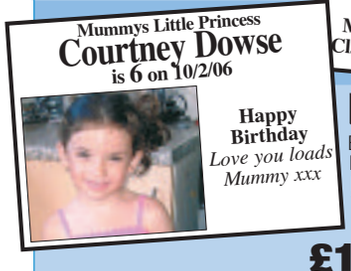

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MKNEWS BRIEFS

Hi! Commissoner

THE High Commissioner of Sierra Leone is visiting Milton Keynes.

Melvin H Chalobah will be visiting Central Milton Keynes Library on Wednesday.

Sierra Leone had a key role in the abolition of the slave trade.

This year marks the 200th anniversary of the founding of the British Colony and, from May 2 to may 31, a new exhibition in the central Milton Keynes library, Sierra Leone Past, Present and Future - traces this history.

The visit is organised by GEMK (Global Education Milton Keynes) and supported by the Heritage Lottery Fund.

Doh! Nuts

PEOPLE in Milton Keynes are among the biggest doughnut eaters in the country, according to Sainsbury's.

Figures from the supermarket giant show that Sainsbury's Milton Keynes has been consistently ranked third compared to other Sainsbury's stores for the amount of fresh doughnuts they sell.

Store Manager Miles Beasley said: "We are classed as a middle sized store and yet we are third on the whole company for doughnut sales.

"The centre of Milton Keynes obviously love to tuck into a juicy doughnut whilst having a tea break or as a treat."

Danish bring home the bacon as special forces jump to it at Airkix

ARMED forces from around the world are coming to Milton Keynes to practice their skydiving.

Airkix, a vertical wind tunnel outside the Xscape building, provides people the opportunity to train, including the Danish Special Forces, the Red Devils, the Red Arrows as well as various army units.

A spokesman from the MOD says the simulator allows them to hone their skills with an instructor alongside them - without the danger of falling to the ground at 120mph.

Lucie Fenton, of Airkix, said: "We've always got paratroopers here.

"We had three military guys two weeks ago doing 15 hours each to get up to coach level.

"We have had various guys in here regularly – hardcore military people who are out in Afghanistan who come here when they are in the UK."

Nationally the number of military training jumps has dropped by nearly two thirds in recent years, from 27,000 in 2001 to 10,000 last year, leading to the use of wind tunnels designed as a leisure activity.

However, an MOD spokesman said that simulators are actually preferable to the real thing.

He said: "The use of simulators for training is widespread in the military and the free-fall simulator has proved especially beneficial and popular with troops as a supplement to 'live' high altitude military parachute jump training from aircraft."

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Thursday 22nd May 2008

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No specialists for city ME sufferers

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

ME sufferers in Milton Keynes are having to go as far as Cambridge or London for the specialist services they need.

A lack of facilities for people with the chronic fatigue illness means that 40 per cent of people wait more than a year to be diagnosed, according to The Association of Young People with ME (AYME).

A recent survey by AYME, which is based in Tongwell, Milton Keynes, to mark ME Awareness Day on Monday shows that it took five years for one in five people to be diagnosed.

Charity spokesman Katie James said that the lack of consultants specialising in the condition has led to people being diagnosed late – or not at all.

"Specialist services are where they have a consultant who knows something about ME," she said.

"It could well be the reason why 40 per cent of people are diagnosed so late. People are often misdiagnosed or not diagnosed at all. It is quite a difficult illness to specialise in and not many consultants choose it.

"Unless more and more people get interested in it and do the training then this will continue.

"We need a specialist ME team in Milton Keynes."

Last week Mark Lancaster, MP for North East Milton Keynes, met ME sufferer Christa Woodman, 22, from Neath Hill.

He heard how severely affected children and young people remain unseen and unheard due to lack of funding within the NHS.

ME sufferer Christa Woodman meets city MP Mark Lancaster

Police create crime scene to test forensic science students

WE'VE all seen it on TV – the crime scene surrounded by police tape while officers in white plastic suits painstakingly get to work looking for some minuscule clue that could snare the culprit.

Well now Milton Keynes has its very own CSI.

Students at MK College sixth form centre (MK6) have become the first in the city to take a specialist course in forensic science.

And to test them on their detective skills Thames Valley Police has been drafted in to create a life-like crime scene – complete with blood particles and slithers of fibre and hair.

Science tutor Richard Smith said: "We have simulated a hotel room where a serious assault on a female has taken place. Three men are in custody and our students must gather evidence to decipher which one committed the attack."

The students on the BTEC National Award in Applied and Forensic Science must take it in turns to analyse the crime scene and take samples for DNA testing, or fibres and fingerprints for examination. Drugs and alcohol are also involved so the students will need to analyse liquids and powders.

"It's great that we have this fantastic new facility to house our forensic science labs and create crime scenes like this one," added Richard. Some of the students are planning to follow a career in this field via university, to become a forensic scientist or criminal psychologist."

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Patient survey gives hospital top marks

HUNDREDS of patients have revealed what they think of Milton Keynes Hospital.

More than 300 patients at the hospital responded to the latest Healthcare Commission (HCC) Inpatient Survey, which required every NHS Trust in England to ask patients to rate the care and treatment they receive.

The Trust asked for the views of 850 people who stayed at least one night and were discharged before August 31, 2007.

The results, published today, show that 90 per cent of patients rated their overall care as 'good', 'very good' or 'excellent'.

Mary Sexton, director of nursing at the hospital, said: "This annual survey is extremely helpful in our ongoing work to improve patient satisfaction levels.

"We're determined to improve the experience for our patients.

"Following last year's survey we have improved the information patients receive in the Emergency Department about their condition or treatment, and we now have ward housekeepers whose role is to work with ward nurses to develop, improve and monitor cleaning on the wards."

The findings included:

97 PER CENT did not feel threatened by patients or visitors during their stay

88 PER CENT were offered a choice of food

3 PER CENT rated the courtesy of the cleaning staff as poor

98 PER CENT felt that staff explained how their pain would be controlled before an operation

88 PER CENT felt they were involved as much as they wanted to be in decisions about their care

95 PER CENT felt they were given enough privacy when being examined or treated

96 PER CENT had confidence and trust in the nurses

95 PER CENT had confidence and trust in the doctors

91 PER CENT of patients felt that nurses washed or cleaned their hands between patients

95 PER CENT said that they were treated with dignity and respect

91 PER CENT felt that they were given enough privacy when discussing their treatment

Planning for disaster

MILTON Keynes Council will take the lead today when, together with local businesses, it will test just how well they would cope if the roof fell in on their business.

Working with the Business Continuity Institute, they have formed the Milton Keynes Business Resilience Forum which offers one-to-one support for local business to plan for the loss of key staff, the loss of IT or of their business premises.

'Exercise Phoenix' will lead local directors through a theoretical incident which will develop to the point where each business will be in very real jeopardy.

Piers Benn, business continuity manager for Milton Keynes Council said: "Naturally, we all hope it will never happen to us but it is imperative that local businesses have a plan in place and know what they will do should the worse happen.

"The Home Office has applauded the work we are doing and we are among the first to have a business resilience forum.

"We already have over a hundred businesses signed up but we would like to treble that through the offer of free one to one support and our mentoring programme which helps bring businesses together"

The event was due to take place at the Hilton Hotel in Kents Hill Park.

Police concern over missing girl

POLICE are concerned for the welfare of a 13-year-old girl who has gone missing from her home.

Aissa Hough is 5ft 2ins tall and weighs around 11 stone. She has shoulder-length hair and brown eyes and was wearing a dark summer top, dark trousers and light grey hoodie which has the number '2' imprinted upon it in dark blue.

She is from Goldings, Northampton and went missing last Wednesday.

It is thought that she may have been at Milton Keynes shopping centre last Saturday.

Anyone who has seen her or who knows of her whereabouts, should contact Northampton police on 08453 70070.

Death crash witnesses sought

POLICE are appealing for witnesses to a fatal collision

At around 8.15pm on Sunday on the southbound carriageway of the V8 Marlborough Street, between the H7 Chaffron Way and H8 Standing Way at Peartree Bridge, a black Mitsubishi car appeared to lose control and collided with the central reservation.

The driver, a 38-year-old man from Netherfield, was pronounced dead at the scene.

The road was closed until midnight while investigations were carried out and the road was cleared of debris.

PC Gary Fortnum said: "I am appealing for anyone who witnessed the crash or saw the car prior to the collision to contact me as their information may be able to assist our investigation on 0845 8 505 505.

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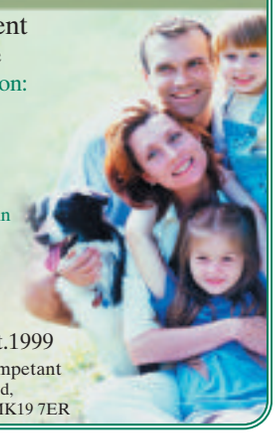

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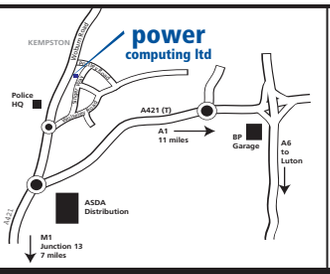

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City restaurant all at sea for festival

A WEEK of seafood celebration is planned at a city restaurant.

Loch Fyne will be celebrating all things fishy as part of its seafood festival at thehub:mk.

The fun starts on Monday with daytime tastings of its wines and seafood prepared by head chef Jamie Masarati followed by the evening when the restaurant will be split in two, one for a la carte menu guests and the other for those taking part in a wine tasting.

On Tuesday, everything goes completely French. French menus and wines, music and activities.

Wednesday is platter day, mini platters for lunch and a special 'black tie and diamond' night for the evening.

Seafood tapas and paellas take over on Spanish day on Thursday, while Friday guests could get the chance to work in the kitchen with the head chef for the day.

The lucky selected applicant will create their own special dish which we will then be sold in the restaurant.

The guest's family will have a fantastic time watching them create their masterpiece before the chef will sit down to enjoy tasting it with them to finish off the evening.

Saturday there is a traditional outdoor fish market followed on Sunday by a kids and family day to round off the week where youngsters can get their hands dirty making fishcakes.

If you want to be part of any of these days or find out more information contact the management team at the restaurant to book.

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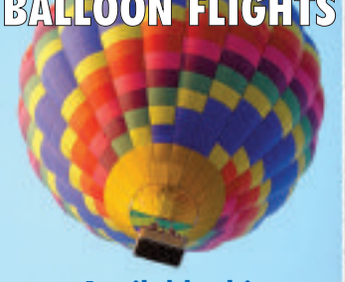

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Mercedes man to steer MK Hospital

BY ROB GIBSON
rob.gibson@mk-news.co.uk

Out to deliver first class services: Walter Greaves the new chairman at MK Hospital was a director at Ford and Mercedes Benz

THE new chairman at Milton Keynes Hospital says he wants to make it 'the healthcare provider of choice'.

Dr Walter Greaves, who has lived in Milton Keynes since 1990, was appointed to the role at the start of the month.

The highlight of his CV is his work with Ford and Mercedes-Benz where, as director of passenger cars, he trebled sales before retiring in 1999.

Dr Greaves said: "I'm very pleased to be joining this very successful and steadily improving NHS Foundation Trust at an early stage in its development in order to help shape its future.

"Health is the single most important factor in anyone's life, and I look forward to working to help deliver first class services for both patients and staff.

"There is definite commitment from our Members' Council, directors and staff to work with the community to make Milton Keynes Hospital the healthcare provider of choice."

Dr Greaves was approved for the position by the Members' Council which includes public representatives elected by local people, staff representatives and local partner stakeholder organisations.

He also has experience in the public sector including being a former chairman of Brunel University Council, the university's governing body, and has worked voluntarily in the church, higher and further education, racial equality and grant awarding bodies.

Two new non-executive directors have also been appointed to the board – Graham Anderson is a former board member and vice president of Milton Keynes Chamber of Commerce while David Knapman recently retired as a partner of Baker Tilly and is currently a trustee and treasurer of Willen Hospice.

Milton Keynes Partnership Committee Public Meetings

The next public meeting of the Milton Keynes Partnership Committee, **Planning Sub Committee** will take place on:

Date and time: **Thursday 22nd May 2008 at 5.30pm.**
Venue: **The Guild Hall, The City Church Centre, CMK.**

You can view a draft agenda now or the final agenda and papers will be available five working days prior to the meeting at www.miltonkeynespartnership.info

Anyone wishing to address or submit questions to the Planning Sub Committee should contact the Secretariat in **writing by 12 noon on Tuesday 20th May 2008.**

Milton Keynes Partnership Committee, CBX2 414-428
Midsummer Boulevard, Central Milton Keynes MK9 2EA.

E: committees@miltonkeynespartnership.info
T: 01908 353 636

Milton Keynes Partnership Committee has planning powers to determine major applications within the defined Urban Development Area (UDA), which covers the expansion areas to the east and west of Milton Keynes and a small area to the north of the city.

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Sixth of the best at new college

YOUNG people in Milton Keynes are to get a brand new sixth form centre.

The MK6 facility run by Milton Keynes College will open in a new £4.5m building adjacent to the main college building in Sherwood Drive, Bletchley in September.

MK6 has expanded to cope with the increasing number of people wanting to study GCSE and A-levels, and can now offer the widest selection of courses in the city, ranging from law to film studies.

Head of MK6 Duncan Lovell said the new centre would be able to offer fantastic choice for young people: "We're really excited about the new building as we will have brand new study areas with state of the art equipment as well as three new science laboratories and a forensic science unit.

"It's going to be a fantastic environment in which to learn, and students will also be able to benefit from the excellent college social and support facilities too."

The new MK6 building will increase student numbers to around 230, and will offer more than 20 subjects.

MK6 has achieved excellent exam results in the past couple of years: "We have some real high achievers, and many students have gone on to take degrees at the top universities in the country.

Success in our AS levels increased last year by 15 per cent and in our A2 levels by 12 per cent," Mr Lovell said.

He added: "A lot of young people want to study A-levels or re-take GCSEs at college rather than stay on at school as they prefer the adult environment and want the opportunity to make new friends from other parts of the city."

MK6 is currently operating from the college's campus in Woughton.

Applications are now being taken for the new MK6 at Bletchley. For a prospectus visit www.mkcollege.ac.uk

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Normal price **£2782**
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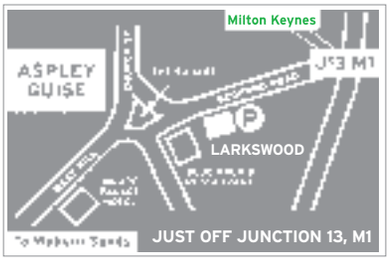

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Repossessions up twenty per cent

REPOSSESSIONS have risen by 20 per cent in Milton Keynes this year.

The increase in mortgage repossession orders in the city is more than double that of the south east, where there has been a nine per cent rise.

Overall England and Wales have seen a 20 per cent rise in claims at the court in the first quarter of 2008, compared with the same period in 2007.

The county courts have noted the rise in repossession orders during the last three years, and the Legal Services Commission is urging people in this situation to get specialist advice and legal help.

Geoff Mountjoy, regional director for the Legal Services Commission in the south, said: "Facing homelessness can have a devastating effect on people and their families, yet so many people still arrive at court without the right legal help.

"Legal aid already operates Housing Possession Court Duty Schemes in about 100 courts across England and Wales, which provide duty solicitors and advisers for people who have not sought legal advice prior to repossession hearings.

"The legal aid cost of representing someone under the court duty scheme is typically less than £100."

■ Anyone affected by this can call the Community Legal Advice Helpline, on 0845 345 4 345, to speak to an advisor.

Bogus clothing collectors claim to represent children's charity

RESIDENTS are being warned about bogus collectors claiming to be working for homeless orphans' charity SOS Children's Villages.

Officers working for trading standards team of Milton Keynes Council have recently discovered that a company is collecting donations, falsely claiming to represent the charity 'SOS Children's Villages', a charity which cares for homeless orphans in the UK and abroad.

SOS Children's Villages have provided safe homes for 60,000 children worldwide but do not make door-to-door collections.

The company claiming to represent them are posting flyers and collecting bags of unwanted clothing – none of which goes to help those children in the care of SOS Children's Villages.

Senior trading standards officer for Milton Keynes Council, Allan Martin, said: "This sort of activity is a real cause for concern as it diverts assistance from those who need it to those who wish to make a profit at their expense."

MK Residents are urged not to put out donations for collection but rather call Trading Standards on 01908 252504 to notify them of their activities.

WHAT'S ON AND WHERE IN THE CITY – SEE MK LIFE
STARTS PAGE 37 – COMPLETE WITH SEVEN-DAY TELEVISION GUIDE

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EDUCATION & TRAINING

Adult Learners Week 17th - 23rd May 2008

Every year Adult Learners Week helps inspire thousands of people to see what learning could do for them, offering chances to catch up on skills they've missed out on in the past, or to develop themselves for the future.

- Improve your English and Maths with a Learn Direct course
- Take up something new this Adult Learners week with a short course from ACE
- Improve your career prospects studying for a part time Law Degree this Autumn at Buckingham University
- Visit Milton Keynes College for their open evening on Tuesday 20th May

THE UNIVERSITY OF BUCKINGHAM

Improve your career prospects

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Our part-time course leading to an LLB(Hons) in 4 years offers a unique blend of comprehensive material for home study with the added benefit of first class teaching, one evening each week, by experienced University academics.

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or email: margaret.darrell@buckingham.ac.uk
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£2 inc refreshments
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Take up something new in Adult Learners' Week!

Improve your skills, health & well-being with an ACE short course

Course Code	Course Title	Venue	Start date	Week Day/s	Start Time	Finish Time	Course Length	Full Fee	Conc Fee
	Health & Complementary Therapies								
01K704KA	Aromatherapy & Massage - Improvers	Knowles ACE Centre	09-Jun-08	Mo	19:00	21:00	5 wks	£45.00	£34.00
01F710XA	Emergency life-saver for babies & children	Stony Stratford ACE	05-Jul-08	Sat	09:30	13:00	1 day	£32.00	£24.00
01F714KA	Hopi Ear Candle Therapy - an introduction	Knowles ACE Centre	14-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
01F715XA	Life Coaching	Stony Stratford ACE	05-Jul-08	Sat	10:00	16:00	1 day	£36.00	£27.00
01F719KA	Reiki Practitioners - Level 1	Knowles ACE Centre	07-Jun-08	Sat	10:00	16:00	2 wks	£60.00	£45.00
	Flowers & Gardens								
03F700KA	Allotment Gardening - Tips for Novices	Knowles ACE Centre	21-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
03D705KA	Flower Arranging Improvers	Knowles ACE Centre	05-Jun-08	Th	14:00	16:00	5 wks	£45.00	£34.00
03F708XA	Plants for Your Garden	Stony Stratford ACE	07-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
	Computer Skills								
06F728XA	Be a Blogger	Stony Stratford ACE	07-Jun-08	Sat	10:00	13:00	1 day	£18.00	£14.00
06B713ZA	Design Flyers, Cards, Calendars, CD covers and more	Christ the Vine Community Centre	03-Jun-08	Tu	19:00	21:00	5 wks	£45.00	£34.00
06F725KA	e-bay - all you need to know about buying	Knowles ACE Centre	07-Jun-08	Sat	10:00	13:00	1 day	£18.00	£14.00
06F726KA	e-bay - all you need to know about selling	Knowles ACE Centre	14-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
06C709BA	Excel - Moving on	Shenley Brook End Sch	04-Jun-08	We	19:00	21:00	2 wks	£24.00	£18.00
06C710BA	Excel - Pivot Tables	Shenley Brook End Sch	18-Jun-08	We	19:00	21:00	2 wks	£24.00	£18.00
06D730KA	Flash - an Introduction to digital animation	Knowles ACE Centre	05-Jun-08	Th	19:00	21:00	5 wks	£45.00	£34.00
06D743KA	HTML Web Design - an Introduction	Knowles ACE Centre	04-Jun-08	Th	19:00	21:00	5 wks	£45.00	£34.00
	Cookery, Beauty								
07A702SA	Cookery - Basics - More ideas	Denbigh School	09-Jun-08	Mo	19:15	21:15	5 wks	£45.00	£34.00
07B705SA	Cookery - Indian Improvers	Denbigh School	10-Jun-08	Tu	19:15	21:15	5 wks	£45.00	£34.00
07F711KA	Hair Styling - Plaiting & Braiding	Knowles ACE Centre	21-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
07F719KA	Skin Care & Makeup for All Ages	Knowles ACE Centre	21-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
	Sports & Leisure								
08B705ZA	Croquet Beginners	Stony Croquet Club	03-Jun-08	Tu	19:00	21:00	5 wks	£45.00	£34.00
08F704ZA	Croquet Beginners	Stony Croquet Club	07-Jun-08	Sat	10:00	12:00	5 wks	£45.00	£34.00
08B710XA	Golf Improvers	Abbey Hill Golf Centre	03-Jun-08	Tu	19:30	20:30	4 wks	£24.00	£18.00
08F728ZA	Golf Improvers	Abbey Hill Golf Centre	07-Jun-08	Sat	16:00	17:00	4 wks	£24.00	£18.00
08F723ZA	Yoga fitness for Runners	Bletchley Comm Centre	07-Jun-08	Sat	10:00	12:00	1day	£12.00	£9.00
	Creative & Performing Arts/Media								
09F705XA	Beaded Jewellery - Improvers	Stony Stratford ACE	05-Jul-08	Sat	10:00	16:00	1day	£40.00	£30.00
09E743GA	Creative Photographic Techniques	Gt Iinford Arts Workshop	25-Jul-08	Fr	10:00	16:00	1 day	£36.00	£27.00
09B713XA	Creative Photography - Advanced	Stony Stratford ACE	10-Jun-08	Tu	19:00	21:00	5 wks	£45.00	£34.00
09F702XA	Digital Photography - Paintshop Pro Confidence Builder	Stony Stratford ACE	14-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09A718KA	Digital Photography and Photoshop Elements	Knowles ACE Centre	02-Jun-08	Mo	19:00	21:00	5 wks	£45.00	£34.00
09F769KA	Draw like Matisse	Knowles ACE Centre	14-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09D712ZA	Drawing & Painting - unlock the artist within	Milton Keynes Gallery	05-Jun-08	Th	18:15	20:15	5 wks	£45.00	£34.00
09D730ZA	Exploring Colour	Milton Keynes Gallery	07-Aug-08	Th	18:15	20:15	5 wks	£45.00	£34.00
09F817KA	Fun with Fabric	Knowles ACE Centre	07-Jun-08	Sat	10:00	16:00	1 day	£40.00	£30.00
09F827KA	Get Creative - boxes, beads & books	Knowles ACE Centre	12-Jul-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09E742XA	Getting to know your digital camera	Stony Stratford ACE	18-Jul-08	Fr	10:00	16:00	1day	£36.00	£27.00
09E745XA	How to take and print a digital photo - the absolute basics	Stony Stratford ACE	11-Jul-08	Fri	10:00	11:30	1 day	£10.00	£8.00
09E744XA	Introducing Adobe Photoshop CS3 and Lightroom V1.2	Stony Stratford ACE	01-Aug-08	Fr	10:00	16:00	1 day	£36.00	£27.00
09F741ZA	Landscape Techniques - Photography	Gt Iinford Arts Workshop	12-Jul-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09F748ZA	Life Drawing/Painting - Intermediate	Westbury Farm	07-Jun-08	Sat	10:00	16:00	1 day	£44.00	£33.00
09D791ZA	Morris Dancing - Beginners	Woolstone Comm Centre	05-Jun-08	Th	20:00	21:30	5 wks	£36.00	£27.00
09A801SA	Mosaics - Beginners	Denbigh School	02-Jun-08	Mo	19:00	21:00	5 wks	£45.00	£34.00
09F808KA	Scrapbooking - Further Steps	Knowles ACE Centre	07-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09E761KA	Scrapbooking for Card Makers	Knowles ACE Centre	06-Jun-08	Fr	10:00	12:00	4 wks	£36.00	£27.00
09F826GA	Silk Painting - an Introduction	Gt Iinford Arts Workshop	07-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
09E773ZA	Sketching at Compton Verney - the Fabric of Myth (fee includes transport)	Compton Verney Gallery	27-Jun-08	Fr	09:00	16:30	1 day	£24.00	£18.00
09F763GA	Stained Glass - an Introduction	Gt Iinford Arts Workshop	07-Jun-08	Sat	10:00	16:00	1day	£36.00	£27.00
09F815KA	Wirework Sculpture for the Garden	Knowles ACE Centre	12-Jul-08	Sat	10:00	16:00	1 day	£40.00	£30.00
	Creative Summer Schools								
09M707GA	Calligraphy - Experimental Techniques - Summer School	Gt Iinford Arts Workshop	23-Jul-08	We, Th	10:00	16:00	2 days	£60.00	£45.00
09M779GA	Carve & Print - Woodcuts for Beginners - Summer School	Gt Iinford Arts Workshop	15-Jul-08	Tu, Wed	10:00	16:00	2 days	£60.00	£45.00
09M798GA	Drawing Summer School - Flowers in Coloured Pencil	Gt Iinford Arts Workshop	16-Jul-08	We, Thu	10:00	16:00	2 days	£60.00	£45.00
09M799GA	Drawing Summer School - Pen & Watercolour Wash	Gt Iinford Arts Workshop	21-Jul-08	Mo, Tu	10:00	16:00	2 days	£60.00	£45.00
09M830GA	Fabric Jewellery - Summer School	Gt Iinford Arts Workshop	31-Jul-08	Th, Fri	10:00	16:00	2 days	£60.00	£45.00
09M794XA	Interior Design - Beginners - Summer School	Stony Stratford ACE	15-Jul-08	Tu, We, Th	10:00	15:00	3 days	£67.00	£50.00
09M795GA	Jewellery & Silversmithing - Beginners - Summer School	Gt Iinford Arts Workshop	23-Jul-08	We, Th	10:00	16:00	2 days	£72.00	£54.00
09M774GA	Weaving with Rush - Summer School	Gt Iinford Arts Workshop	21-Jul-08	Mo, Tu	10:00	16:00	2 days	£64.00	£50.00
09M796GA	Woodturning - Beginners - Summer School	Gt Iinford Arts Workshop	21-Jul-08	Mo, Tu	10:00	16:00	2 days	£72.00	£54.00
	History & Humanities								
10A710ZA	Archaeology - First Steps	CMK Library	02-Jun-08	Mo	18:30	20:30	4 wks	£36.00	£27.00
10C702ZA	Family History - Next Steps	CMK Library	11-Jun-08	We	18:30	20:30	5 wks	£45.00	£34.00
10F704XA	Philosophy - an Introduction	Stony Stratford ACE	14-Jun-08	Sat	10:00	13:00	1 day	£18.00	£14.00
02F700XA	Psychology - an Introduction	Stony Stratford ACE	17-May-08	Sat	10:00	16:00	I day	£36.00	£27.00
10F711XA	Sociology - an Introduction	Stony Stratford ACE	05-Jul-08	Sat	10:00	16:00	1 day	£36.00	£27.00
	Languages & Literature								
12F702XA	All Day French - Absolute Beginners	Stony Stratford ACE	14-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00
12E730XA	Literature Appreciation - Dostoevsky	Stony Stratford ACE	06-Jun-08	Fri	10:00	12:00	3 wks	£36.00	£27.00
12F721ZA	Spanish 'n' Salsa	Whaddon Jubilee Hall	17-May-08	Sat	10:00	12:00	1 day	£12.00	£9.00
	Language Summer Schools								
12M722XA	Chinese (Mandarin) - Absolute Beginners Summer School	Stony Stratford ACE	18-Aug-08	Mo - Fri	09:30	12:30	1 wk	£67.00	£50.00
12M725XA	Italian - Absolute Beginners Summer School	Stony Stratford ACE	28-Jul-08	Mo - Fri	09:30	12:30	1 wk	£67.00	£50.00
12M723XA	Japanese - Absolute Beginners Summer School	Stony Stratford ACE	21-Jul-08	Mo - Fri	09:30	12:30	1 wk	£67.00	£50.00
	Business & Skills for Work								
15F700XA	Assertiveness and Confidence Building	Stony Stratford ACE	21-Jun-08	Sat	10:00	16:00	2 days	£60.00	£45.00
15E714KA	Minute Taking Skills	Stony Stratford ACE	20-Jun-08	Fr	10:00	16:00	1 day	£36.00	£27.00
15A722SA	NLP - Neuro-Linguistic Programming - Improvers	Denbigh School	02-Jun-08	Mo	19:00	21:00	5 wks	£45.00	£34.00
15C708KQ	Sage - Computerised Accounts - Level 1 - Fast Track	Knowles ACE Centre	04-Jun-08	We	09:30	15:30	4 wks	£110.00	£30.00
15F703KA	Sage Payroll - An Introduction	Knowles ACE Centre	07-Jun-08	Sat	10:00	16:00	1 day	£36.00	£27.00

Win £50!

Please tell us what you think and you could win a £50 course token.
All completed questionnaires received by Wednesday 16 July 2008 will be entered into a Prize Draw.
The winning entry will be drawn at the ACE 2008 Learners' Awards.

1 Did you find the course you wanted in the list on this page? ❑ **Yes** ❑ **No**

2 What other summer courses would you like to see?

. . . . . .

. . . . . .

. . . . . .

3 What is your best time to take a course?

❑ Morning ❑ Weekdays
❑ Afternoon ❑ Saturday
❑ Evening ❑ Sunday

4 Have you taken an ACE course before? ❑ **Yes** ❑ **No**

5 Why would you choose ACE?

❑ Choice on offer ❑ Quality of teaching
❑ Reputation ❑ Location
❑ Price ❑ Other (please state)

6 How can we improve our service to you?

. . . . . .

. . . . . .

. . . . . .

Please may we contact you? ❑ **Yes** ❑ **No**

Please return this questionnaire to: ACE Questionnaire
Milton Keynes ACE FREEPOST MK1095/2 Milton Keynes MK11 1BR

Information collected will be used for ACE planning and will not be disclosed to any organisation. Thank you for helping us to help you! Conditions of entry to the prize draw. Entry is open to all UK residents over the age of 16 on 31/8/07, except for employees of Milton Keynes Adult Continuing Education. The prize is as stated. There are no cash alternatives. Responsibility cannot be accepted for lost, damaged or delayed entries. Proof of posting is not deemed to be proof of delivery. The result of the draw will be final and no correspondence can be entered into.

For information on free English and Maths courses phone 01908 556703
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Adult Continuing Education ACE

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Open Evening

Tuesday 20th May 2008

6.00pm-8.00pm

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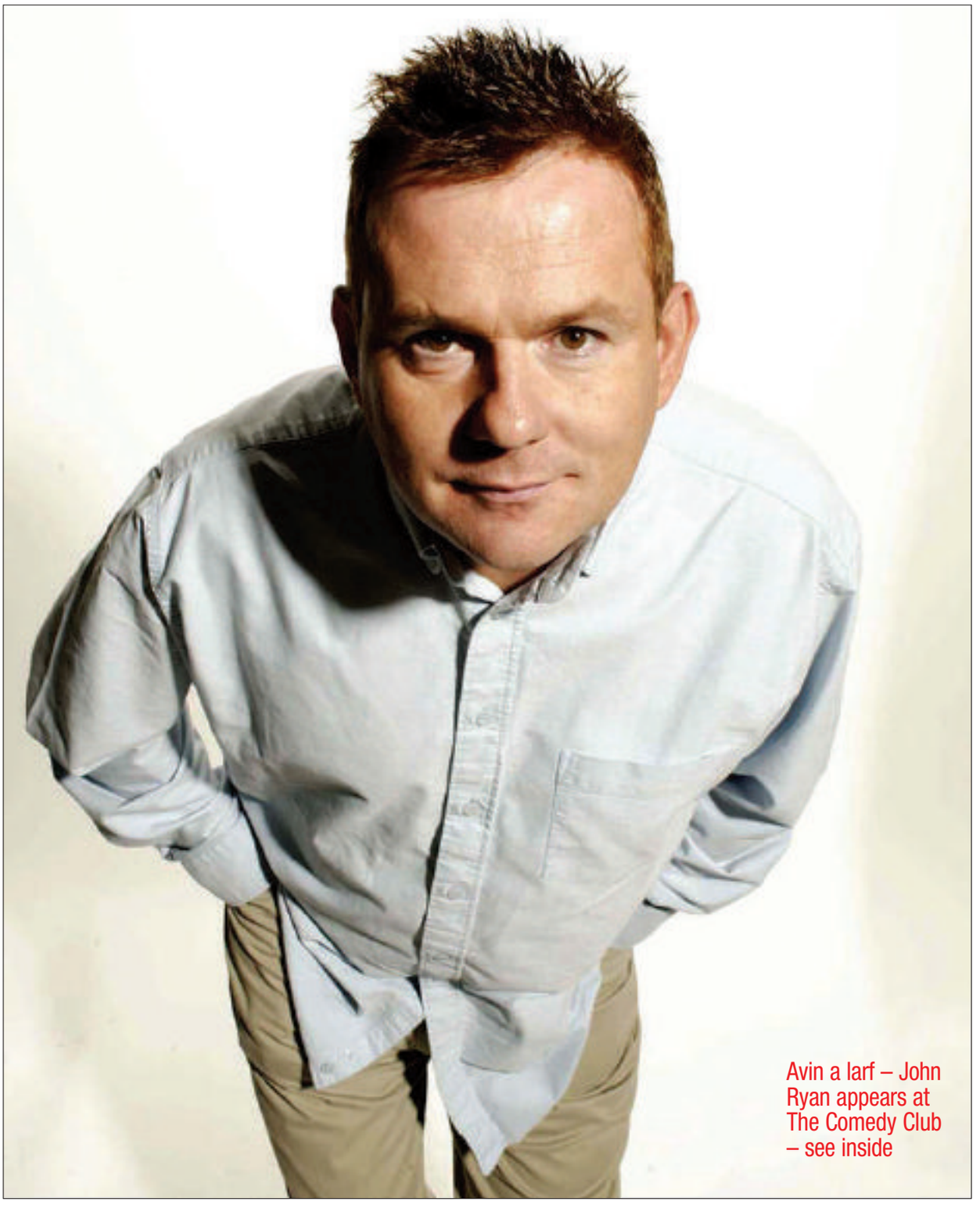
MK LIFE

YOUR GUIDE TO LEISURE IN YOUR CITY



Avin a larf – John Ryan appears at The Comedy Club – see inside

Leisure or events news? e-mail **leisure@mk-news.co.uk** | phone **01908 689595**

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Milton Keynes Festival of Food
17 - 18 May 2008
Come and give your tastebuds a treat! Visit Middleton Hall and sample delicious food and drink, see the latest kitchen gadgets,and see top celebrity chefs Lesley Waters and Antony Worrall Thompson presenting live culinary demonstrations in the Cookery Theatre.

Lesley Waters
17 May
12 noon, 2pm and 4pm.
Book signing:
3.00pm Waterstones stand, Middleton Hall.

Antony Worrall Thompson
18 May
1pm, 3pm and 4pm
Book signing:
2.15pm Waterstones stand, Middleton Hall.

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WEDNESDAY
May 14

Live Cycling
Action from Stage 5 of the Tour of Italy

Today at 2.00pm
Sky 410 - Virgin Media 521

BRITISH EUROSPORT

BBC1

6.00 Breakfast (T) **9.15** Missing Live (R/T) **10.00** Homes under the Hammer (T) **11.00** To Buy or Not to Buy (R/T) **11.45** Cash in the Attic (R/T) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Out Of The Blue (T) **2.35** Real Rescues (R/T) **3.05** CBBC **4.35** Blue Peter (T) **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **Cars, Cops and Bailiffs** Bailiff Jamie Waller and his colleagues hit the streets in the hunt for persistent parking fine evaders. (T)
7.57 **BBC News and Regional News**
8.00 **Child of Our Time** Professor Robert Winston presents a documentary series following the lives of 25 British children until the age of 20. (T)
9.00 **The Apprentice** Sir Alan sends the remaining candidates to a wedding expo in Birmingham, where they must sell dresses to brides-to-be. (T)
10.00 **BBC News** (T)
10.25 **Regional News Programmes**
10.33 **BBC Weather** (T)
10.35 **The National Lottery Draws**
10.40 **Comedy Sketchbook** Angus Deayton presents a collection of classic comedy sketches. (T)
11.30 **FILM: Bounce** (2000) Romantic drama about an advertising executive who falls in love with a young widow but fails to tell her that he was partly responsible for her husband's death. Stars Ben Affleck. (T)
1.10 Weatherview (T) **1.15** Sign Zone: Seaside Rescue (R/T) **1.45** Meet the Immigrants (R/T) **2.15** An Island Parish (R/T) **2.45** Estate We're In (R/T) **3.30** Ben Fogle's Extreme Dreams (R/T) **4.00** Animal 24:7 (R/T) **4.45** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.30** A Picture of Britain (R/T) **11.30** The Daily Politics (T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Animal Park (R/T) **2.30** Murder, She Wrote (R/T) **3.15** Through the Keyhole (T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Eggheads (T) **6.30** Great British Menu (T)

7.00 **Mountain** Griff Rhys Jones explores the mountains of Britain. A few hundred years ago, the Lake District was highly unpopular, but today the picturesque area is visited by 12 million people every year. (R/T)
8.00 **Superfish** The billfish are the biggest, fastest, and most dangerous gamefish in the sea. (T)
8.50 **Strictly Black Grouse** (T)
9.00 **Dan Cruickshank's Adventures in Architecture** Historian and writer Dan Cruickshank celebrates architecture as a creative force as he explores the world's greatest cities, buildings and monuments. (T)
10.00 **The Apprentice: You're Fired** Companion discussion show to the Apprentice, with Adrian Chiles. The teams have to sell wedding dresses and accessories at the National Wedding Fair in Birmingham but who won't make it to the Big Day? (T)
10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)
11.20 **Virgin Memories** A light-hearted look at the loss of virginity. Celebrities and members of the public recall the truth about the moment they lost it - whether wonderful, embarrassing or painful. (T)
12.20 Joins BBC News **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (R/T) **3.00** Dickinson's Real Deal (R/T) (Followed by Local Weather) **4.00** Agatha Christie's Poirot (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Coronation Street** Carla's magnetism has Liam in a spin. Gail steps in when Tina comes to blows with her mother. Julie's interference becomes too much for Fiz. (T)
7.30 **UEFA Cup Final** Matt Smith introduces live coverage of the 37th UEFA Cup final from the City of Manchester Stadium. Which club will lift the first major European silverware of the season?
10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)
10.35 **Dexter** Dexter follows a series of clues left to him by the Ice Truck Killer and wonders how far down his demented path he must go to catch him. Meanwhile, Doakes, who still suspects Dexter of being the Ice Truck Killer, uses questionable methods to prevent him hunting the real maniac. (T)
11.45 **Teenage Kicks** Vernon's annoying everyone by playing his guitar too loud, cutting David's hair while he's asleep, embarrassing Milly in front of her friends, and eating Max's secret Toblerone - so the kids finally throw him out. (R/T)
12.15 Motorsport UK **12.45** Nightwatch With Steve Scott: Mystery (R/T) (Followed by ITV News Headlines) **1.35** Loose Women (R) **2.25** The Jeremy Kyle Show (R/T) **3.20** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: Teen Tycoons (R/T) **10.00** Teen Tycoons (R/T) **10.30** Pioneer House (R/T) **11.25** KNTV - Philosophy (R/T) **12.00** News at Noon (T) **12.30** A Place in the Sun: Home or Away (R/T) **1.30** Channel 4 Racing from York (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder: From This Day Forward** (T)
8.00 **Property Ladder** Sarah Beeny revisits Philip Martinson and Stephen Hodgkinson who appeared in the first series back in 2001. (T)
9.00 **Half Ton Dad** Documentary following the story of morbidly obese 40-year-old Kenneth Brumley, who weighed 73 stone when he was cut free from his house. (T)
10.00 **Desperate Housewives** A mysterious stalker shows up on Wisteria Lane. The new baby causes problems for Bree and Orson. (T)
11.05 **Michael Jackson: What Really Happened** Two years after Michael Jackson's acquittal of child molestation, writer Jacques Peretti talks to the people closest to the troubled pop star. (R/T)
12.05 4music: What About Me? (T) **12.40** 4music: The Nokia Green Room (R/T) **1.10** 4music: 4play: The Futureheads (T) **1.25** Bremner Bird And Fortune (R/T) **2.25** Stargate SG-1 (R/T) **3.15** Stargate SG-1 (R/T) **4.05** How To Cope With Death (R/T) **4.10** Dispatches: The Truth About Beauty Creams (R/T) **5.05** Dancing under the Dustcover (R/T) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Put Your Money Where Your House Is **(New)** (T) **12.00** House Doctor (R/T) **12.30** five news (T) **12.45** Law and Order: Criminal Intent (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Animal Rescue Squad (R/T) **3.05** The Family Recipe (T) **3.15 FILM: Sacrifices of the Heart** (2007) Emotional family drama starring Melissa Gilbert. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)
7.30 **It Pays to Watch** Magazine series in which money-saving zealot Martin Lewis explains how to get more cash in your pocket. (T) (Followed by five news update)
8.00 **Megastructures (New)** Documentary series about huge engineering projects. (T)
9.00 **Amityville Horror: The True Story** Historical documentary examining the bizarre events surrounding a multiple-murder case in a quiet American village. (T)
10.00 **The Girl in the Box** Documentary revealing the disturbing true story of a bizarre kidnapping case that took place in America in the late 1970s. In northern California, a sexual sadist abducted a young woman and kept her in a coffin-sized box for seven years, relentlessly abusing and torturing her. (T)
11.05 **Outlaw Bikers** Two-part documentary following law enforcement efforts to expose the criminal elements in America's most feared biker gangs. (T)
12.05 PartyPoker.com European Open IV **1.35** Major League Baseball **4.20** Supercross World Championship **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT
7.30am YOZ **8.00** Cycling: Tour of Italy **9.15** Road to EURO 2008 **9.30** UEFA Cup **10.30** UEFA Cup **12.00pm** Live WTA Tennis **2.00** Live Cycling: Tour of Italy **4.30** Live WTA Tennis **5.00** EUROGOALS Flash **5.15** WTA Tennis **6.00** Wednesday Selection **6.10** Show Jumping **7.10** Show Jumping from Badminton **8.10** Polo World Championship **8.40** Riders Club **8.45** US PGA Golf **9.45** European PGA Golf **10.15** Golf Club **10.20** Yacht Club **10.25** Wednesday Selection **10.30** Marathon des Sables **11.00** Cycling: Tour of Italy **12.00am** British Premier Cycling **12.30** TV Shop **2.00** TV Shop

EUROSPORT 2
6.30am Eurosport2 News **7.00** UEFA Cup **8.00** Eurosport2 News **9.00** Arena Football **10.00** Lacrosse **11.00** Eurosport2 News **1.00pm** UEFA Cup **2.30** Live WTA Tennis **4.00** UEFA Cup **5.00** Eurosport2 News **5.30** LG Action Sports **6.30** Eurosport2 News **7.00** Boxing **8.30** It's Showtime Reality **9.15** It's Showtime Reality **10.00** Eurosport2 News **10.15** YOZ **10.45** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3
7.00pm Holby City **8.00** Glamour Girls **8.30** The Real Hustle **9.00** Two Pints of Lager and a Packet of Crisps **9.30** Ideal **10.00 FILM:** Kevin and Perry Go Large **11.20** American Dad **11.45** American Dad **12.05am** Two Pints of Lager and a Packet of Crisps **12.35** Ideal **1.05** Glamour Girls **1.35** Bizarre ER **2.05** The Real Hustle **2.35** The Wall **3.20** Bizarre ER **3.40** Spendaholics **4.35** Close

BBC4
7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** Francesco's Venice **9.00** The Battle for Jerusalem: Storyville **9.50** My Israel: Storyville **11.10** Absolute Zero **12.10am** What Happened Next? **1.10** The Battle for Jerusalem: Storyville **2.00** My Israel: Storyville **3.20** Absolute Zero **4.20** Close

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Sunday 25th May
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14 - 15 June 2008 Xscape, Milton Keynes £20 registration fee £130 minimum sponsorship Get roped in and help Macmillan CancerSupport today! To be part of ZIP:MK please fill in the registration form and send it along with your £20 registration fee to: Macmillan Cancer Support, Lower Tilers Barn, Keller Close, Kiln Farm, Milton Keynes, MK11 3LL or call 01908 565963.ZIP:MK - sponsored by Macmillan Cancer Support, registered charity number 261017. Isle of Man charity number 604.

ENTRY FORM
I would like to be part of ZIP:MK.
Each participant must complete a separate form - photocopies are acceptable. If you would like to Zip in a group please complete the team name so that Zipline times can be allocated accordingly.

(PLEASE COMPLETE IN BLOCK CAPITALS)

Name.....
Address
.....Postcode
Day tel.....Mobile.....
Email.....
Date of Birth (minimum age 16) .....Team Name (if applicable) .....Number in Team .....
Registration fee is £20 per adult. I enclose a cheque for £ (made payable to Macmillan cancer support). Please return this form to: Macmillan Cancer Support, Lower Tilers Barn, Keller Close, Kiln Farm, Milton Keynes, Bucks, MK11 3LL

So Zip into action and start roping in your sponsors now By signing and returning this form, I acknowledgethat Macmillan Cancer Support do not accept responsibility for any injury , loss or damage to me or myproperty incurred during participation in the above event unless Macmillan Cancer Support, its employees or agents have caused the injury or damage by their negligence. Any participant who hasany concern about his or her physical condition is advised to consult his/her own doctor before taking part in the event.

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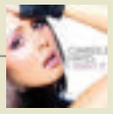
MUSIC REVIEWS



I WANT IT
Chanelle Hayes

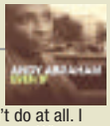
WOW. I heard she was supposed to be a half-decent singer, but this really is breathtakingly average.

I think the problem may be that she wants to sound like Victoria Beckham but the final result has ended up closer to Britney Spears – about six or seven years ago. If you can try and force yourself to recall La Spears's I'm A Slave 4 U, with its overbearing beat and lack of melody, well, you aren't a million miles away from this.

The tune's better here, but the beat's the same and worse than that, if Chanelle's such a good singer, why does it sound like her voice has been filtered through some highly expensive computer software?

Maybe that's the sound the produers were aiming for, but it really does sound very dated.

However, out of all the singles released by former Big Brother contestants to date, if you don't count the theme tune which is still a cracking little number in its own right, this is far and away the best.



EVEN IF
Andy Abraham

OH no, no, no, this just won't do at all. I mean, this is a proper pop song. What chance have we got in the Eurovision Song Contest if this is what we're sending out to Belgrade?

There's no turkeys, nobody singing in a foreign language, no bonkers heavy-metallers with a penchant for dressing up, it's just a bloke singing a song with no gimmicks whatsoever.

We are going to get crucified once the voting viewers get their hands on it. Mind you, let's be honest, forget winning, the only way we're even going to trouble the top half of the scoreboard these days is if we somehow manage to move the United Kingdom (or Royaume-Uni if we're getting into the spirit of things) just next door to Croatia because let's face it, the Baltic states have got the contest wrapped up thanks to the wonders of the voting system. And whose bright idea was it to allow 43 countries to vote for the winner, one after the other?

It's bad enough having to listen to the songs without having to sit through hours of judges either telling the hosts what an amazing show they've put on this year, or pointing to a few hundred excitable people behind them and saying 'We're having a Eurovision PARTY!'.

If you're a Western European country you may as well give up these days.

France have plumped for a song with English lyrics, Ireland have rather brilliantly put their hopes in singing poultry, and we've gone right to the other end of the scale and tried something equally attention-grabbing. We've gone for a grown-up pop song with a bit of soul and disco sprinkled on top, which in other words means that we're concentrating on the music rather than the performance that goes with it (yes Scooch, I am looking at you). It's a bit risky, but that's our strategy.

THE QUESTION IS WHAT IS THE QUESTION
Scooter

IT'S nice to know there are some things you can rely on.

Cliff Richard releasing a Christmas single, a new Westlife album in November, the Backstreet Boys making comebacks every couple of years and Scooter releasing Banging German Techno songs that always sound at least 10 years out of date. If they released something remotely up to date it'd be the musical equivalent of the ravens leaving the Tower of London, so I suppose it's best if we leave them to it.

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

SHUTTER (15)
Joshua Jackson, Rachel Taylor
From Friday
A NEWLY-MARRIED couple discovers disturbing, ghostly images in photographs they develop after a tragic accident. Fearing the manifestations may be connected, they investigate and learn that some mysteries are better left unsolved.

THE AIR I BREATHE
Sarah Michelle Gellar, Diego Luna, Ken Watanabe, Andy Garcia, Forest Whitaker, Carmen Salinas, Kevin Bacon, Julie Delpy, Emile Hirsch, Brendan Fraser
From Friday
INSPIRED by an Asian proverb, this tells four interweaving stories. In Happiness, a miserable banker (Whitaker) makes a risky bet; in Pleasure, a psychic henchman (Fraser) works for mobster Fingers (Garcia), who takes on the management of singer Sorrow (Gellar). Love sees an enamoured doctor (Bacon) try to save the life of his best friend's wife (Delpy).

CARAMEL (PG)
Ismail Antar, Yasmine Elmasri, Nadine Labaki
From Friday
THE romantic liasons of five Lebanese girls based in Beirut. International rom-com.

SMART PEOPLE (15)
Dennis Quaid, Ellen Page, Thomas Haden Church, Sarah Jessica Parker, Ashton Holmes
From Friday
COLLEGE professor Lawrence Wetherhold (Quaid) is not having an easy time. The widower must deal with his aggressively over-achieving daughter (Page), layabout adoptive brother (Haden Church) and his growing feelings for his doctor (Parker). And he persistently refuses to make things easy on himself&

IRON MAN
Robert Downey Jr, Gwyneth Paltrow,Terrence Howard, Jeff Bridges, Shaun Toub, Leslie Bibb
Now showing
BILLIONAIRE Tony Stark, the world's foremost weapons designer, decides to retire from arms manufacture. A powerful rival attempts to kill him, and almost succeeds. Stark creates an armoured suit to keep himself alive and begins to refine it and enhance his own strength and ability. He then uses it to fight crime as Iron Man.

NIM'S ISLAND (U)
Jodi Foster, Gerard Butler, Abigail Breslin, Sean Keenan, Peter Callan, Maddison Joyce
Now showing
NIM (Breslin) lives with her father (Butler) on a remote island and reads adventure books about Alex Rover (also Butler). When tragedy threatens, Nim calls Rover for help. However, the author is no courageous hero, but an agoraphobic woman (Foster

JOY DIVISION (15)
Bernard Sumner, Peter Hook, Stephen Morris
Now showing
A DOCUMENTARY account of the influential late 1970s English rock band.

P2 (18)
Wes Bentley, Rachel Nichols
Now showing
A YOUNG executive is pursued by a psycho security guard after being locked in a parking garage on Christmas Eve.

THE CONDEMNED
Steve Austin, Vinnie Jones, Robert Mammone, Tory Musset
Now showing
A HIGHLY-CHARGED action movie about a man awaiting the death penalty in a corrupt Central American prison. He is given a lifeline when he is bought by an eccentric millionare, who plans to pit the prisoner against other dangerous men, in a twisted fight to the death match for survival.

THE EYE (15)
Jessica Alba, Alessandro Nivola, Parker Posey, Chloe Grace Moretz, FranÀois Chau, Rachel Ticotin
Now showing
CONCERT violinist Sydney Wells (Alba) is well-adjusted to blindness, but undergoes a corneal transplant at her sister's (Posey) urging. But she begins to experience terrifying visions, and despite the counsel of her doctor, Paul Faulkner (Nivola), she suspects a supernatural cause.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give-away.

Answer this simple question:

What kind of proverb inspired The Air I Breathe?

Answers by e-mail to competitions@mk-news.co.uk please include your name, address and daytime telephone number.

The closing date Tuesday, May 13.

AVALARF

GET your laughing head on for another night of comedy at city limits.

The popular comedy club plays host to three more acts tomorrow night

First up is John Ryan who will use his acerbic wit and seemingly encyclopaedic knowledge of the world around him to keep any audience on their toes. His East End Irish upbringing gives him the rare ability to connect with people from diverse backgrounds.

Next is Sean Percival. Looking like the bass player in a heavy rock band, Midlander Sean is a real in your face comedian, whose act is steeped in the traditions of the working men's club circuit as much as it is bang up to date with its upfront attitude.

Last but not least is Steve Gribbin. Since branching out on his own, professional Scouser Steve has continued to keep his feet firmly in both camps. A great musician, his songs combine razor sharp lyrics with annoyingly catchy tunes and devastatingly funny humour.

Tickets £12, Members £10, Over 18s. Doors open 7.15pm. Show time 8.30pm.

Steve Gibbons

THURSDAY
May 15

Live Tennis
Action from the WTA Tour event in Rome

Tonight at 7.30pm

EUROSPORT 2

Sky 411 - Virgin Media 525

BBC1

6.00 Breakfast (T) **9.15** Missing Live (R/T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.45** Cash in the Attic (R/T) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Out Of The Blue (T) **2.35** Real Rescues (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Whitney goes on a dog-hunt but gets more than she bargained for. (T)

7.57 **BBC News and Regional News**

8.00 **Holby Blue** Christian has a tough first day as Acting Inspector. Miranda finds out about her job and Kate betrays John's confidence to Mandy. (T)

9.00 **The Invisibles** Maurice is rattled when Barbara befriends a local aristocrat. When her bracelet is stolen, Maurice is convinced he knows the culprit and will stop at nothing to prove he's right. Meanwhile, Syd runs into his first love and as sparks fly again, he completely goes off the boil. (T)

10.00 **BBC News** (T)

10.25 **Regional News Programmes**

10.33 **BBC Weather** The latest weather forecast. (T)

10.35 **Question Time** David Dimbleby chairs the weekly political debate. (T)

11.35 **This Week** A political review of the week presented by Andrew Neil and his resident helpers Michael Portillo and Diane Abbott. (T)

12.20 Holiday Weather (T) **12.25** Sign Zone: Panorama (R/T) **12.55** Johnny's New Kingdom (R/T) **1.25** Bill Oddie's Wild Side (R/T) **1.55** Estate We're In (R/T) **2.40** Ben Fogle's Extreme Dreams (R/T) **3.10** Animal 24:7 (R/T) **3.55** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Open Gardens (R/T) **1.30** Animal Park (R/T) **2.30** Murder, She Wrote (R/T) **3.15** Through the Keyhole (T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Eggheads (T) **6.30** Great British Menu (T)

7.00 **Jonathan Meades: Magnetic North** Jonathan Meades travels from the flatlands of Flanders to Germany's spectacular Baltic coast in an attempt to decipher exactly what northernness entails. (T)

7.30 **Women In Black** Amani Zain explores life behind the veil, joining hundreds of Muslim women who flock to the shopping capital of the Gulf - Dubai. (T)

8.00 **Living the Dream Revisited** Series following people who set up their dream businesses. (T)

9.00 **Heroes** Monica starts to exhibit new abilities while working with Micah, Nana, and Damon. (T)

9.45 **Heroes Unmasked** A look behind the scenes of the drama series. (T)

10.00 **The Graham Norton Show** Chat show featuring celebrities, live music and fabulous weirdness from the great British public. (T)

10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)

11.20 **Two Pints of Lager and a Packet of Crisps** Janet shows off at the pub quiz. Gaz spanks his monkey. And Donna tries to impress Gaz with a facelift. (R/T)

11.50 **Malcolm in the Middle** While Stevie goes into shock over Kitty and Abe's divorce, Dewey finds he likes the taste of baby food. (R/T)

12.15 Malcolm in the Middle (R/T) **12.35** Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (R/T) **3.00** Dickinson's Real Deal (R/T) **4.00** Agatha Christie's Poirot (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Bob starts to doubt Viv's innocence. (T)

8.00 **The Bill** Callum assures his colleagues that he will find the bomber, then a message comes telling them that another device will explode in three hours. (T)

9.00 **Midnight Man** Max Raban finds himself the prime suspect for the murder of his own wife, but soon realises he's been set up by the death squad he's been investigating. When Alice stumbles across a link between the death squad and the government think tank she is employed by, she contacts Max and they join forces. (T)

10.00 **News at Ten and Weather** (T)

10.35 **The Classical Brit Awards 2008** Myleene Klass presents the classical award event of the year from London's Royal Albert Hall. The seven awards presented are interspersed with spectacular performances from the likes of Andrea Boccelli, Sarah Brightman, Josh Groban, Nigel Kennedy and Anna Netrebko. (T)

11.50 **Amy Winehouse: Vodafone Summer Series** Amy Winehouse performs in an open-air concert from the spectacular setting of Somerset House in London. (R/T)

12.15 Quincy, ME (R/T) **1.10** Nightwatch With Steve Scott: Crime (R/T) **2.05** Loose Women (R) **2.55** The Jeremy Kyle Show (R/T) **3.45** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: Teen Tycoons (R/T) **10.00** Teen Tycoons (R/T) **10.30** Pioneer House (R/T) **11.25** KNTV - Philosophy (R/T) **12.00** News at Noon (T) **12.30** A Place in the Sun: Home or Away (R/T) **1.30** Channel 4 Racing From York And Salisbury (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder: From This Day Forward** (T)

8.00 **Come Dine with Me** Another irresistible helping, with this week's competitive cooks hailing from Sheffield. (T)

9.00 **The Artful Codgers** Cutting Edge tells the audacious story of the pensioners from Lancashire who conned the art world. (T)

10.00 **My Name is Earl** Randy, Joy and Earl harass their Sikh neighbour following the suspected terrorist activity at the fair. (T)

10.30 **The Big Bang Theory** Sheldon is ousted from the gang's bowling squad, so he decides to prove his superiority by forming his own team. (T)

11.00 **Derren Brown: Trick Or Treat** Derren demonstrates the power of negative suggestion. (R/T)

11.30 **Peep Show** Another chance to see Friday's new episode. (R/T)

12.05 4music: The Album Chart Show: Pigeon Detectives Special (T) **12.35** 4music: Five O'clock Heroes Featuring Agyness Deyn: Video Exclusive (T) **12.40** 4music: The Colour Rooms **1.30** 4music: Shockwaves Nme Awards 2008 Big Gig: Klaxons (T) **2.00** 4music: Ibiza Rocks (R/T) **2.30** King of the Hill (R/T) **2.55** King of the Hill (R/T) **3.20** Home Road Movies (R/T) **3.35** Cotton Wool Kids (R/T) **4.35** St. Elsewhere (R) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Put Your Money Where Your House Is **(New)** (T) **12.00** House Doctor (R/T) **12.30** five news (T) **12.45** Law and Order: Criminal Intent (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Animal Rescue Squad (R/T) **3.05** five news update (T) **3.10 FILM: Shadow of a Doubt** (1943) Crime drama starring Brian Dennehy. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.15 **Cricket on five** Mark Nicholas presents highlights from day one of the first npower Test match of the summer between England and New Zealand at Lord's. (T) (Followed by five news at 9)

8.00 **I Own Britain's Best Home 2008: The Final** Series in which the owners of some of the most beautiful properties in the country compete for their homes to be crowned Britain's best. (T) (Followed by five news at 9)

9.00 **House** The doctors treat a drug-abusing punk rocker who displays an alarming range of symptoms. Cuddy pressures House to decide who will make the line-up of his new team and Wilson is confronted with an unusual lawsuit. (T)

10.00 **Grey's Anatomy** A multiple trauma causes the tension between Burke and Cristina to come to a head. How much longer can Burke's secret remain hidden? (T)

11.00 **Hidden Lives: Sweaty Betty** Documentary following several women who suffer from hyperhidrosis - a medical condition which produces excessive perspiration. (T)

12.00 Quiz Call **4.00** Major League Soccer **4.20** Dutch Football **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT

7.30am Show Jumping **8.30** UEFA U17 Championships **10.00** Cycling: Tour of Italy **11.00** WTA Tennis **11.45** Olympic Games: Mission to Beijing **12.00pm** Live WTA Tennis **2.00** Live Cycling: Tour of Italy **4.30** Live WTA Tennis **5.00** EUROGOALS Flash **5.15** WTA Tennis **6.00** UEFA Champions League Classics **7.00** UEFA Champions League Classics **8.00** MotoGP **9.30** Rally World Championship **10.00** World Superbikes **11.00** Cycling: Tour of Italy **12.00am** Marathon des Sables **12.30** TV Shop **2.00** TV Shop

EUROSPORT 2

6.30am Eurosport2 News **9.00** FIFA Beach Soccer World Cup **10.00** Arena Football **11.00** Eurosport2 News **1.00pm** FIFA Beach Soccer World Cup **2.00** Live WTA Tennis **3.45** Live Beach Soccer **4.45** Live Beach Soccer **6.00** Live Beach Soccer **7.00** Eurosport2 News **7.30** Champions League Handball **8.30** New Japan Pro Wrestling **10.00** Eurosport2 News **10.15** Greek League Basketball **11.30** Intercontinental Rally **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3

7.00pm Spendaholics **8.00** Blood, Sweat and T-Shirts **9.00** Britain's Youngest Grannies **10.00** EastEnders **10.30** Heroes **11.15** Family Guy **11.40** Family Guy **12.00am** Blood, Sweat and T-Shirts **12.55** Britain's Youngest Grannies **1.55** Spendaholics **2.50** Sex... with Mum and Dad **3.50** Dog Borstal **4.20** Close

BBC4

7.00pm World News Today **7.30** In Search of Medieval Britain **8.00** All About Thunderbirds **9.00** Flipping Out - Israel's Drug Generation: Storyville **10.00** Panorama: The Challenge of the 60s **11.00** Mad Men **11.45** Monsoon Railway **12.40am** In Search of Medieval Britain **1.10** Panorama: The Challenge of the 60s **2.10** Monsoon Railway **3.05** In Search of Medieval Britain **3.35** Panorama: The Challenge of the 60s **4.35** Close

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MKNEWS

holiday & travel 2008

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Dads Army & the Nene Valley railway	23/05/08	2n	£159
Tutankhamun	01/06/08	1n	£75
Lake Garda	15/06/08	5n	£299
Ladies Day at Royal Ascot	18/06/08	1n	£109.95
Croatian Highlights & A Taste of Slovenia	01/07/08	7n	£499
Porec - The Istrian Riviera	01/07/08	7n	£339
Wimbledon	03/07/08	1n	£129
The Edinburgh Tattoo	01/08/08	2n	£159

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The Woman In White Mamma Mia
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MKNEWS

CLUBS AND PUBS

OCEANA
Xscape 670976
THE city's biggest nightclub. Five bars, two nightclubs and a restaurant. Music ranges from R&B, hip hop, dance and drum & bass in the Ice Room to cheesy pop and 70s tunes in the Disco Room. Student night on Mondays. Dress smart casual.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday: The Big Cheese. Tuesday: Decknology - DJs competing. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Deep house, electro and Ibiza anthems. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Smart casual.

OPUS
Theatre District john@opusmk.com
BOUTIQUE bar with live DJs playing house and chart tracks over two floors. Monday: I love 80s and 90s - retro beats. Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: Honey Trap - RnB and funky house. Fridays and Saturdays: Chart and funky house. Sunday: Salsa dancing. Dress casual cool. Food until 9pm. A menu of 60 cocktails is available, with a two for one offer on Tuesday nights.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor. DJs at weekends. Drinks and food reasonably priced.

BUDDHA BLUE
Theatre District info@buddhablue.co.uk
NEWEST club on the circuit. DJs spin RnB tunes into the early hours. Dress smart.

SHOUT
Station Square 233430
FORMERLY Chicagos. Friday and Saturday party until 2am. Entry is £16 on the door - drink all you want. Monday: Sabotage - student rock night, cheap drinks 9pm-2am.

THE SPICE LOUNGE
Theatre District 237400
INDIAN restaurant and live music venue.

MOOD
Xscape 251060
DANCE and charts until 3am on Fridays and Saturdays - entry fee. Thursday: So So Funky - retro until 2am, free with NUS card.

YATES'S
Theatre District 674796
CHAIN pub with the party atmosphere on a Friday and Saturday night. Entry is free, and dress relaxed. Food during the day.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJs and live bands at the weekend, pool tables, big screen TV. Casual dress. Food available.

FOX & HOUNDS
Stony Stratford 563307
PUB showcasing live bands.

ZAKS CLUB
Wolverton 315447
BAR with live music.

THE SONG LOFT
Stony Stratford 566407
FOLK and country music alternate Friday nights. No dress code.

THE PLOUGH
Water Eaton 373118
PUB with a late licence and live rock bands on Saturday nights.

THE CANNON
Newport Pagnell 211495
PUB with a beanbag-filled candlelit chill out space. Open mic night every Thursday. Free entry. To play just turn up with your instrument.

THE FORESTER'S ARMS
Stony Stratford 567115
PUB with live jazz acts on Tuesday nights.

THE PITZ 660392

Krakajak

KRAKAJAK
Supports Planets, Stanislav and They Died In The Fire
Friday, May 16
A couple of summers back pop punk kings Krakajak were one of the youngest and most popular original bands MK had produced in years. The band played very upbeat and positive modern pop punk.
After a lot of interest and gentle persuasion the lads are reforming for one night only playing this gig to say a proper goodbye to all the kids that loyally followed them all round this city.
The concert will be fancy dress with bands and audience joining in the fun – Krakajak will be giving away a prize for best costume.
This is the Planets', known formerly as 2ft High, first gig with a new name, new direction and new line up.
Stanislav are a brand new female-fronted indie rock band and the line up is completed they new metal act They Died In The Fire.
Tickets £6. Doors 7.30pm.

THE STABLES 280800

THEY WILL ROCK YOU!
Friday, May 16. 8pm
THEY Will Rock You! is a spectacular musical extravaganza that has been thrilling capacity crowds throughout the UK. This tribute takes music fans on a musical journey through the decades, back to a time when queen topped the charts with Bohemian Rhapsody, Anouther One Bites The Dust and We are the Champions. They Will Rock You! Prepare to be entertained, exhilarated, and rocked till you drop.
Tickets £17.50

HORSES BRAWL
Acoustic Stage
Friday, May 16. 8.45pm
HORSES Brawl has been causing quite a stir with their cutting-edge take on early and traditional music. With a live broadcast on BBC Radio 3's Early Music Show to their credit, Laura Cannell and Adrian Lever have performed widely throughout the UK and received much acclaim for their second album Dindirin. With roots firmly in traditional English and early music from Europe, they experiment with their instruments to create contemporary arrangements on guitar, bowed guitar, double barreled recorders, crumhorn and fiddle.
Tickets £9.50 in advance, £11.50 on the door

THE ELVES & THE SHOEMAKER
From The Theatre of Widdershins
Saturday, May 17. 2pm
ELVIS Schumacher, cobbler and craftsman, has worked all his life creating the most beautiful footwear. But now he's hit hard times. Everyone's buying boring shoes from the evil businessman, Bunyan Sole-less. Time is running out for Elvis. With one piece of leather left and Bunyan's factory growing, can anyone help him? Inspired by the exquisite Ladybird book, which all parents will remember, Theatre of Widdershins brings you another classic fable using magical puppets, intricate design, original live music and the simplest of dialogue. Beautifully crafted set and puppets, sublime music, a kaleidoscope of miniature shoes and a comic mouse make this show a magical must-see. Suitable for ages 4-plus
Tickets £6.50 children, £8 adults, £26 family of 4 (2 adults & 2 children)

BARRY CRYER
Still Alive
Saturday, May 17, 8pm
BARRY Cryer invites you to join him in a decorous orgy of nostalgia as he takes a trip down memory lane, pausing only for tea and macaroons at the Stannah Stairlift Cafe! Join Barry, and pianist Colin Sell, as they wander through his life with jokes, songs and stories. You even have the chance to shout out a page number from one of his books and he will relate the story thereon!
Tickets £16.50

GLENN MILLER ORCHESTRA
Sunday, May 18, 8pm
SWING your way down memory lane with the official Glenn Miller Orchestra, directed by Ray McVay. The orchestra remains faithful to Miller's original stage line-up and has his greatest hits such as Moonlight Serenade, Pennsylvania 65000 and Little Brown Jug in its repertoire. If you have a particular favourite you'd like to hear on the night you can email the band in advance with your request at requests@glennmillerorchestra.co.uk and they will do their best to include it.
Tickets £19.50

KING CREOSOTE
Tuesday 20 May, 8pm
NEVER a fan of the obvious or the easy, Kenny Anderson, the large musical brain behind King Creosote and The Fence Collective has honed his craft over the past 20 years. From his first band Skuobhie Dubh which featured KT Tunstall on backing vocals to his current incarnation as KC, Anderson has continued to expand his musical horizons from canny indie rocker to Highland balladeer. His latest album Bombshell has catapulted him from the realms of fringe-folk into the mainstream.
Tickets £12.50

DOMINIC MILLER & NEIL STACEY
Wednesday, May 21, 8pm
THE pairing of Sting's guitarist Dominic Miller with the jazz inspired genius of fellow guitarist Neil Stacey works brilliantly due to the wealth of experience both men have in performance and recording, plus those rare abilities necessary to work in any genre of music. Since recording the album New Dawn together, they have played many concerts worldwide, sometimes performing late night shows following on from Sting's concerts. Distinctive music of great taste and emotion, and a fine display of controlled technique.
Tickets £17.50

COUNTERFEIT STONES
The 'It's Phoney Rock 'N' Roll' Tour
Thursday, May 22, 8pm
AS the name implies, the band lovingly (and laughingly) covers the history of the Rolling Stones from 1963 through to the stadium gigs of the 1980s. The show blends stunningly accurate live renditions of the Stones' music with the replica costumes, the trademark dance moves, much onstage banter and, of course, the wigs.
Tickets £21.50

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THE RAT PACK
Live from Las Vegas
Until Saturday
THIS spectacular production celebrates the incredible singing talent of three world famous entertainers and performers and some of the finest music and song that has ever been recorded.
With a talented cast and 15 piece orchestra, take a trip back to the glamorous hot, glitzy nights of Las Vegas. Experience Frank, Sammy and Dean's world famous classic recordings and more in this sensationally staged production that brings the music and lives of these legendary characters together again.
Songs include, Mack the Knife, Fly Me to the Moon, My Way, Me and My Shadow and many more.

HAMLET
A ballet by David Nixon
RENOWNED for its distinctive blend of ballet and theatre and with a strong reputation for telling stories through dance, Northern Ballet Theatre is ideally placed to bring the emotionally impact of Hamlet to life.
In the early 1940s a young man arrives home from the Front. But his home is no longer his own. His father is dead, his mother has married his uncle and the enemy occupies his city.
Hamlet features a new score by Phillip Feeney played live by the Northern Ballet Theatre Orchestra.

Northern Ballet Theatre's Christopher Hinton-Lewis as Hamlet and Georgina Roberts as Ophelia

FRIDAY
May 16

French Rugby Live
Brive play Stade Francais in the Top 14 League
Tonight at 7.30pm
Sky 411 - Virgin Media 525

BBC1

6.00 Breakfast (T) **9.15** Missing Live (T) **10.00** Homes under the Hammer (R/T) **11.00** To Buy or Not to Buy (T) **11.45** Cash in the Attic (R/T) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.40** Doctors (T) **2.10** Out Of The Blue (T) **2.35** Real Rescues (R/T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **After You've Gone** Jimmy has something disturbing on his mind. And try as he might, he can't get rid of it. (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** When Roxy's secret is revealed, Ronnie's own demons come to the surface. (T)
8.30 **A Question of Sport: FA Cup Final Special** (T)
9.00 **Have I Got News for You** The popular news quiz, with team captains Paul Merton and Ian Hislop.
9.30 **My Family** Michael and Alfie's internet dating does not go quite according to plan. (T)
10.00 **BBC News** (T)
10.25 **Regional News Programmes** (T)
10.33 **BBC Weather** (T)
10.35 **Friday Night with Jonathan Ross** Celebrity chat show with the irreverent Jonathan Ross. (T)
11.35 **National Lottery Euromillions Draw** (T)
11.40 **FILM: Timecop** (1994) Futuristic thriller in which a cop must find a corrupt senator who has acquired the power to change the course of history. Stars Jean-Claude Van Damme and Ron Silver. (T)

1.15 Weatherview **1.20** Sign Zone: Dan Cruickshank's Adventures in Architecture (R/T) **2.20** Estate We're In (R/T) **3.05** Animal 24:7 (R/T) **3.50** Animal 24:7 (R/T) **4.35** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.30** Schools **12.00** The Daily Politics (R/T) **12.30** Working Lunch (T) **1.30** Animal Park (R/T) **2.30** Murder, She Wrote (R/T) **3.15** Through the Keyhole (T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Eggheads (T) **6.30** Great British Menu (T)

7.00 **Wildlife on Two** David Attenborough narrates a documentary about six-foot-long otters in the Peruvian Amazon. (R/T)
7.30 **The Trees That Made Britain (New)** Tony Kirkham and Jon Hammerton canoe across Windermere and tackle a crisis in the branches at Kew in an attempt to discover how trees can be saved from the combined attack of bugs, climate and people. (T)
8.00 **Gardeners' World** A look at the way in which we garden and how it is changing. (T)
9.00 **Across The Andes: Beyond Boundaries** Ten disabled teenagers attempt the journey of a lifetime. As the team ascends above 3000m the thin air takes its toll. (T)
10.00 **QI** Stephen Fry hosts the quiz show in which contestants are rewarded more if their answers are 'quite interesting'. (R/T)
10.30 **Newsnight** (T)
11.00 **Newsnight Review** Round table arts and culture discussion programme with Kirsty Wark. (T) (Followed by Weather)
11.35 **Later...with Jools Holland** More music and chat from Nick Cave And The Bad Seeds, The Raconteurs, Sharleen Spiteri, Boni Iver, Glasvegas, Chatham County Line and Mary Wilson. (T)

12.35 **FILM: Day of the Dead** (1985) Horror starring Terry Alexander. (T) **2.10** Star Trek: The Next Generation (R/T) **3.40** Malcolm in the Middle (R/T) **4.25** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (R/T) **3.00** Dickinson's Real Deal (R/T) **4.00** Agatha Christie's Poirot (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Lily's triumphant at winning a place on the cruise with Pearl. (T)
7.30 **Coronation Street** Maria resolves to save her marriage - but is it too late? (T)
8.00 **Holidays Uncovered: Tonight** Ginny Buckley reveals what to look out for when buying travel insurance. (T)
8.30 **Coronation Street** Liam's news brings Carla's world crashing down. Harry makes Liz an attractive offer - can she refuse? David meets his gay Grandad. (T)
9.00 **Benidorm** A romantic stroll on the beach is rudely interrupted as Mel and Madge's most memorable day of their lives soon becomes exactly that - but not in the way they would have liked. (T)
9.30 **An Audience Without Jeremy Beadle (New)** Chris Tarrant hosts a tribute to the late Prince of Pranksters. (T)
10.30 **Teenage Kicks** Vernon finds himself left alone in the flat all weekend, and decides to end it all. (T)
11.00 **The Late News and Weather** A round-up of the day's news. (T)
11.45 **Raines** A beautiful young woman with an unwholesome past is shot dead. (T)

12.30 Nightwatch With Steve Scott: Crime (R/T) **1.25** **FILM: Pavilion of Women** (2000) Chinese melodrama starring Willem Dafoe, Yan Luo and Shek Sau. (T) **3.20** ITV Nightscreen

FOUR

6.10 The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: Pioneer House (R/T) **10.30** Pioneer House (R/T) **11.25** KNTV - Philosophy (R/T) **12.00** News at Noon (T) **12.30** A Place in the Sun: Home or Away (R/T) **1.30** Channel 4 Racing From York and Newbury (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** (T)
7.55 **3 Minute Wonder: The World According To...** (R/T)
8.00 **Deadliest Catch (New)** Deadliest Catch returns for a new series following the handful of adventurers battling Arctic weather, brutal waves, and a ticking clock for a chance at big money in this modern-day gold rush. (T)
9.00 **Dirty Sexy Money** Sparks fly between Simon and Karen, and Brian is arrested for trying to bribe the authorities into awarding him custody of his son. (T)
10.00 **Derren Brown: Trick Or Treat** Actor David Tennant is ambushed by Derren while filming on location and agrees to undergo a series of experiments that have him experiencing the feeling of time-travel. (T)
10.30 **Peep Show** Jeremy finally runs out of money and finds himself on a downward spiral of hunger, homelessness and criminality. (T)
11.05 **Gordon Ramsay's F Word** Another chance to see the first episode of the new series of Gordon Ramsay's food magazine. (R/T)

12.10 The Big Bang Theory (R/T) **12.40** 4music: The Colour Rooms **1.25** 4music: Jd Set Presents The Futureheads (T) **1.40** 4music: Ibiza Rocks (R/T) **2.05** Afterworld (T) **2.30** Goalissimo **3.25** Transworld Sport (R/T) **4.20** St. Elsewhere (R) **5.10** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Put Your Money Where Your House Is **(New)** (T) **12.00** House Doctor (R/T) **12.30** five news (T) **12.45** Law and Order: Criminal Intent (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Animal Rescue Squad (R/T) **3.05** The Family Recipe (T) **3.15** **FILM: LA Law: The Movie** (2002) Made-for-TV movie starring Corbin Bernsen. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **five news** National and international news. (T)
7.15 **Cricket on five** Mark Nicholas presents the best of the action from day two of England versus New Zealand at Lord's. (T) (Followed by five news update)
8.00 **Police Interceptors** Documentary series profiling the work of a high-speed police interception unit in Essex. Led by specially trained officers and equipped with the fastest vehicles in the force, the team tackles the most difficult-to-catch criminals on a daily basis. (T) (Followed by five news at 9)
9.00 **NCIS** Tony and Jeanne are held hostage in a morgue; the team is worried about polygraph tests ordered by Homeland Security and Shepard has a mysterious visitor. (T)
10.00 **Shark** An explosion at a university chemistry laboratory kills one girl and injures another. Suspicion falls on a misfit student who fits the profile of a killer, until evidence leads Reyes to a spoilt rich kid seeking revenge on an ex-girlfriend. (T)
11.00 **Law and Order: Special Victims Unit** A quadruple homicide with sexual overtones kick-starts an intense rampage of killings. (R/T)

12.00 Quiz Call **4.45** Out of Practice (R/T) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT
7.30am Marathon des Sables **8.00** Rally World Championship **8.30** World Touring Cars **9.00** UEFA U17 Championships **10.00** Cycling: Tour of Italy **10.45** Olympic Games: Mission to Beijing **11.00** WTA Tennis **12.00pm** Live WTA Tennis **2.00** Live Cycling: Tour of Italy **4.30** WATTS **4.45** Road to EURO 2008 **5.00** EUROGOALS Weekend **5.30** Live UEFA U17 Championships **7.30** MotoGP **8.30** Partouche Poker Tour **9.30** Rally World Championship **10.00** Cycling: Tour of Italy **10.30** YOZ **11.00** UEFA Cup **12.30am** EUROGOALS Weekend **1.00** TV Shop **2.00** TV Shop

EUROSPORT 2
6.30am Eurosport2 News **9.00** Beach Soccer **10.00** Greek League Basketball **11.00** Eurosport2 News **12.00pm** Live MotoGP: 125cc **12.45** Live MotoGP **2.00** euroCRASH! **2.15** Live Beach Soccer **3.30** Live Beach Soccer **4.45** Live Beach Soccer **6.00** Live Beach Soccer **7.00** Beijing Olympics News **7.15** Eurosport2 News **7.30** Live Rugby: French Championship **9.15** It's Showtime Reality **10.00** Eurosport2 News **10.15** It's Showtime Reality **11.00** Eurosport2 News **12.00am** Eurosport2 News **2.00** Lacrosse **3.00** Eurosport2 News **4.00** Lacrosse **5.00** Eurosport2 News

BBC3
7.00pm Top Gear: Botswana Special **8.00** Last Man Standing **9.00** Doctor Who **9.45** Doctor Who Confidential **10.00** EastEnders **10.35** Two Pints of Lager and a Packet of Crisps **11.05** Two Pints of Lager and a Packet of Crisps **11.35** American Dad **12.00am** American Dad **12.20** Scallywagga **12.50** Ideal **1.20** Two Pints of Lager and a Packet of Crisps **1.50** Two Pints of Lager and a Packet of Crisps **2.20** Glamour Girls **2.50** Blood, Sweat and T-Shirts **3.50** Scallywagga **4.20** Ideal **4.50** Close

BBC4
7.00pm World News Today **7.30** Transatlantic Sessions **8.00** Eurovision Young Musician **9.00** Genesis: Come Rain or Shine **10.00** When in Rome: Genesis in Concert **11.30** The Avengers **12.20am** The Avengers **1.10** All About Thunderbirds **2.10** Eurovision Young Musician **3.10** Transatlantic Sessions **3.40** Close

MKNEWS

LADIES' DAY AT ROYAL ASCOT
DAY TRIP

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MKNEWS

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SATURDAY
May 17

Live MotoGP
Watch the riders fight for pole position in qualifying
Today at 12noon
Sky 411 - Virgin Media 525

EUROSPORT 2

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Great British Menu (T) **12.00** BBC News (T) **12.10** Take on the Takeaway (R/T) **12.40** Match of the Day Live: FA Cup Final (T) **5.30** BBC News (T) **5.50** Outtake TV (R/T) **6.20** The Kids Are All Right (T)

7.00 **Doctor Who** In 1926, Agatha Christie disappeared for 10 days. Was it amnesia? A nervous breakdown? Or a giant alien wasp? (T)

7.45 **I'd Do Anything** Graham Norton presents as Andrew Lloyd Webber searches for the nation's Nancy and Oliver to star in the West End production. (T)

8.45 **The National Lottery: 1 vs 100** Ben Shephard hosts a quiz show in which one hopeful contestant takes on 100 opponents in a bid to win a big cash prize. (T)

9.35 **Casualty** A heartbroken woman causes tragedy for a couple on the way to their wedding, and Adam and Jessica's bickering reaches boiling point. (T)

10.25 **Love Soup** With Douglas sequestered in a Tuscan villa working on a film script with comedian Marty Cady and his wife, Alice is feeling increasingly isolated. (T)

10.55 **BBC News** (T) (Followed by National Lottery Update)

11.15 **Match of the Day: FA Cup Final Highlights** Highlights and reaction from the 2008 FA Cup final between Portsmouth and Cardiff. No team from outside the top flight has won the famous trophy since West Ham beat Arsenal in 1980 - were Championship side Cardiff able to strike a blow for the Football League in the showpiece at Wembley? (T)

12.05 FILM: The Guilty (2000) Crime thriller starring Bill Pullman. (T) **1.50** Friday Night with Jonathan Ross (R/T) **2.50** Weatherview (T) **2.55** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.30** The Slammer (R/T) **11.00** What's New Scooby Doo? (R/T) **11.20** Animalia (R/T) **11.45** Sportsround (R/T) **12.00** Kyle XY **(New)** (T) **12.45** Class of 2008 (T) **1.15** Sound (T) **2.00** The Surgery (T) **2.20** Revealed (T) **2.35 FILM: The Importance of Being Earnest** (2002) Drama starring Michael Redgrave. (T) **4.10** Monk (T) **4.50 FILM: The Man from Laramie** (1955) Classic psychological western starring James Stewart. (T) **6.30** Dad's Army (T)

7.00 **Wild China** The fairytale hills of Guilin and the cormorant fishermen of the Li River form the heart of this exploration of the colourful rice-growing cultures and strange creatures of southern China. (R/T)

8.00 **Andrew Marr's History of Modern Britain** In the first of the five-part series, Andrew Marr revisits Britain in 1945 and finds the country victorious but badly beaten up and nearly bankrupt. (T)

9.00 **Have I Got a Bit More News for You** Extended repeat of the news quiz, with team captains Paul Merton and Ian Hislop, guest host and guest panellists. (T)

9.40 **Comedy Map of Britain** Alan Whicker narrates a spirited journey around the UK, pinpointing the special places that have inspired and affected our major comic talents. (T)

10.40 **The Apprentice** Sir Alan sends the remaining candidates to a wedding expo in Birmingham, where they must sell dresses to brides-to-be. (R/T)

11.40 **The Apprentice: You're Fired** Companion discussion show to the Apprentice, with Adrian Chiles. (R/T)

12.15 FILM: Bandolero! (1968) Western starring James Stewart. (T) **1.55** Mad Men (R/T) **2.45** Monk (R/T) **3.25** **FILM: The Hitch-Hiker** (1953) Suspense thriller starring Edmond O'Brien. (T) **4.40** Close

ITV1 Anglia

6.00 GMTV **9.25** CITV: Supernormal (T) **9.40** Emu (R/T) **9.55** My Parents Are Aliens (R/T) **10.25** Tricky Quickies (R/T) **10.30** Planet's Funniest Animals (R/T) **10.45 FILM: The Pride and the Passion** (1957) Action tale starring Cary Grant. (T) **1.10** ITV News and Weather (T) **1.15** Regional News and Weather **1.20** **FILM: Gentlemen Prefer Blondes** (1953) Comedy starring Jane Russell. (T) **3.00** Agatha Christie's Poirot (R/T) **5.00** Regional News and Weather **5.15** ITV News and Weather (T) **5.30** You've Been Framed! (R/T) **6.00** Britain Does the Funniest Things (T)

7.00 **All Star Mr and Mrs** Star-studded version of the classic game show which tests how much, or how little, couples know about each other. (T)

8.00 **Britain's Got Talent** Ant and Dec are on hand to support the hopefuls before and after they face the judges. (T)

9.00 **Pushing Daisies** Ned, Chuck and Emerson investigate the death of a student who has been killed by an exploding scratch-'n'-sniff book. (T)

10.00 **FILM: 2 Fast 2 Furious** (2003) Racecar action thriller. To clear his criminal record a former LA cop must infiltrate the Miami street racing scene to set up a drug baron. Burning rubber all over the city with his ex-con friend, he attempts to deliver the crook to the FBI without crashing and being blown to pieces in one of the many explosions. (R/T)

11.00 **ITV News and Weather**

11.15 **FILM: 2 Fast 2 Furious** (2003) Conclusion of tonight's action thriller starring Paul Walker. (R/T)

12.10 Nightwatch With Steve Scott: Crime (R/T) **1.05** Nightwatch With Steve Scott: Emergency (R/T) (Followed by ITV News Headlines) **2.00 FILM: Kiss Tomorrow Goodbye** (2000) Murder mystery drama starring Nicholas Lea. (T) **3.25** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.50** T4: Friends (R/T) **9.20** The Nokia Green Room (R/T) **9.50** Friends (R/T) **10.25** Shipwrecked 2008: Battle Of The Islands (R/T) **11.30** Shipwrecked 2008: The Third Island (R/T) **12.00** Friends (R/T) **12.30** Shipwrecked 2008: The Hutcam Diaries (T) **1.00** Pussycat Dolls Present: Girlicious (T) **2.00** Channel 4 Racing From Newbury And Newmarket (T) **4.15** Deal Or No Deal (T) **5.00** Jamie at Home (R/T) **5.35** Come Dine with Me (R/T) **6.35** Channel 4 News (T)

7.00 **Grand Designs** Series in which people attempt to build their dream homes in Europe. (R/T)

8.00 **ER** Laverne and Brenner spend the night together, but relations are a little frostier when they return to work. She needs his advice regarding a case, but his tone is harsh, causing Laverne to remind him that he must teach her even if he does not like her. Pratt brings Betina back to her apartment, at which point several of the other staff appear. (T)

9.00 **FILM: GI Jane** (1997) A female Senator succeeds in enrolling a woman into Navy SEALS training where everyone expects her to fail. Action drama starring Demi Moore, Viggo Mortensen and Anne Bancroft. (T)

11.20 **FILM: Commando** (1985) A retired elite commando has only a few hours to find and rescue his daughter from an exiled dictator. Stars Arnold Schwarzenegger, Rae Dawn Chong and Dan Hedaya. (T)

1.05 4music: Ibiza Rocks (R/T) **1.35** 4music: Ibiza Rocks (R) **2.05 FILM: Baseketball** (1998) Sports comedy starring Trey Parker, Matt Stone and Dian Bachar. (T) **3.50** Grudge Match (R/T) **4.00** Six Experiments That Changed The World (R/T) **4.30** St. Elsewhere (R) **5.20** Countdown (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** Football Italiano Highlights (T) **10.30** Extraordinary Animals (R/T) **11.00** Rough Guide to Eco Escapes (R/T) **11.10** Neighbours (R/T) **1.20 FILM: Absence Of Malice** (1981) Oscar-winning drama starring Paul Newman, Sally Field and Bob Balaban. (T) **3.30** **FILM: Seems Like Old Times** (1980) Romantic comedy starring Goldie Hawn, Chevy Chase and Charles Grodin. (T) **5.20 FILM: Grumpy Old Men** (1993) Comedy starring Jack Lemmon, Walter Matthau and Ann-Margret. (T)

7.00 **five news and sport** The latest national and international headlines. (T)

7.15 **Cricket on five** Mark Nicholas presents the best of the action from day three of England versus New Zealand from Lord's. Commentary and analysis from Geoffrey Boycott, Simon Hughes and Barry Richards. (T)

8.00 **NCIS** Drama series following a team of special agents who investigate crimes connected to Navy and Marine Corps personnel. The team works against all the odds when evidence piles up against Tony for murder. (R/T)

9.00 **NCIS** The team must prove that McGee is not guilty when he kills an undercover police officer. (R/T)

10.00 **CSI: NY** New York-based spin-off of the crime drama series. The search for the taxi-cab killer continues. (T)

11.00 **Law and Order** Drama series about law enforcement. When an elderly woman is found murdered in her apartment, suspects include a Nazi war criminal who stood to gain the most from her death and a record producer who promotes racist music. (T)

12.00 True CSI (T) **1.00** Quiz Call **4.45** Out of Practice (R/T) **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

EUROSPORT

7.30am Rally World Championship **8.00** Canoeing **8.45** Live Canoeing **11.15** Live Formula Masters **12.00pm** Live UEFA Women's Cup **2.00** Live Cycling: Tour of Italy **4.30** Rugby: French Championship **5.30** WTA Tennis **7.30** MotoGP **9.30** Rally World Championship **10.00** Cycling: Tour of Italy **10.45** MotoGP **12.15am** Rally World Championship **12.45** TV Shop **2.00** TV Shop

EUROSPORT 2

6.30am Eurosport2 News **9.00** YOZ **9.30** Mountain Biking **10.00** UEFA Cup **11.30** Eurosport2 News **12.00pm** Live MotoGP: 125cc **12.45** Live MotoGP **2.00** Live MotoGP: 250cc **3.00** Live WTA Tennis **4.45** Live Beach Soccer **6.00** Live Beach Soccer **7.00** World Touring Cars **7.30** Champions League Handball **8.45** Beach Soccer **9.45** Beijing Olympics News **10.00** Eurosport2 News **10.15** UEFA Cup **11.30** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3

7.00pm Football Gaffes Galore **7.30** The Real Hustle **7.45** Doctor Who Confidential **8.30** Top Gear **9.35 FILM:** Kevin and Perry Go Large **10.50** Two Pints of Lager and a Packet of Crisps **11.20** Two Pints of Lager and a Packet of Crisps **11.50** Scallywagga **12.20am** American Dad **12.45** American Dad **1.05** Glamour Girls **1.35** Amy: My Body for Bucks **2.35** Two Pints of Lager and a Packet of Crisps **3.05** Two Pints of Lager and a Packet of Crisps **3.30** Scallywagga **4.00** The Wall **4.45** The Real Hustle **5.00** Close

BBC4

7.00pm Masterpieces of the British Museum **7.30** In Search of Medieval Britain **8.00** The Book Quiz **8.30** Agatha Christie: a Life in Pictures **10.00** The Poisoner **11.35** Mad Men **12.25am** Mad Men **1.15** In Search of Medieval Britain **1.45** The Book Quiz **2.15** Eurovision Young Musician 2008 **3.15** Masterpieces of the British Museum **3.45** The Book Quiz **4.15** Close

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SUNDAY
May 18

Live MotoGP
Can James Toseland make the podium in France?

Today from 9.00am

Sky 410 - Virgin Media 521

BBC1

6.00 Breakfast (T) **9.00** The Andrew Marr Show (T) **10.00** Sunday Life (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** The Politics Show (T) **1.00** 'Allo 'Allo! (T) **1.25** Diagnosis Murder (T) **2.05** EastEnders (T) **4.05** Lifeline (T) **4.15** Points of View (T) **4.30** Songs of Praise (T) **5.05** RHS Chelsea Flower Show (T) **6.05** BBC News (T) **6.30** Seaside Rescue (T)

7.00 **My Family** Michael and Alfie's internet dating does not go quite according to plan. Kenzo's piano playing may leave a lot to be desired, but will Ben's attempt to get his old band back together prove a bigger hit? (R/T)

7.30 **I'd Do Anything Results** Graham Norton presents as Andrew Lloyd Webber searches for the nation's Nancy and Oliver to star in the West End production. (T)

8.00 **FILM: Indiana Jones and the Last Crusade** (1989) Action adventure in which the intrepid explorer Indiana Jones sets out to rescue his father, a medievalist who has vanished while searching for the Holy Grail. Stars Harrison Ford. (T)

10.00 **BBC News** (T)

10.20 **FILM: Six Days, Seven Nights** (1998) Romantic adventure in which a handsome but ill-tempered pilot and a beautiful magazine editor crash-land on a remote desert island and find themselves stranded. The unlikely couple embark on an epic adventure, during which they encounter a band of pirates and a host of other perils. Stars Harrison Ford. (T)

11.55 **Weatherview** Detailed weather forecast. (T)

12.00 Sign Zone: Watchdog (R/T) **12.30** Ben Fogle's Extreme Dreams (R/T) **1.00** Holby City (R/T) **2.00** Animal 24:7 (R/T) **2.45** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** Something for the Weekend (T) **11.30** Animal Park (R/T) **12.30** Moto GP: Le Mans (T) **2.30** Boxing: ABA Finals (T) **3.45** Athletics: Great Manchester Run (T) **5.05 FILM: First Knight** (1995) Drama starring Sean Connery, Richard Gere and Julia Ormond. (T)

7.10 **Meerkat Manor** As Flower leads the Whiskers to better hunting grounds, they come across their rivals the Zappa gang. (T)

7.35 **Meerkat Manor** In this episode, Flower faces a race against time as she mounts a rescue mission to find her pups. (T)

8.00 **Wild China** Beneath billowing clouds, in China's far south west, rich jungles nestle below towering peaks. Jewel-coloured birds and ancient tribes share forested valleys where wild elephants still roam. (T)

9.00 **Coast** Nicholas Crane presents a 13-part journey around the coast of the UK, uncovering stories that have made us the island nation we are today. (R/T)

10.00 **Russia: A Journey with Jonathan Dimbleby** Jonathan Dimbleby finds himself at a reception for a Madonna concert, attended by anyone who's anyone in Moscow, including top restaurateur, Arkady Novikov. (T)

11.00 **The Graham Norton Show** Chat show featuring celebrities, live music and fabulous weirdness from the great British public. (R/T)

11.45 **Heroes** Monica starts to exhibit new abilities while working with Micah, Nana, and Damon. (R/T)

12.25 Premiership Rugby Highlights (T) **1.25 FILM: Children of the Revolution** (1996) Comedy drama starring Judy Davis, Sam Neill and F Murray Abraham. (T) **3.05** Super League Show (T) **3.55** Inside Sport (R/T) **4.35** Close

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.40** Jim Jam and Sunny (T) **9.55** Captain Mack (T) **10.10** Tricky Quickies (R/T) **10.15** Drake and Josh (R/T) **10.40** Coronation Street Omnibus (T) **12.55** ITV News and Weather (T) **1.05** Regional News and Weather **1.10** Britain's Got Talent (R/T) **2.10 FILM: Apollo 13** (1995) Oscar-winning drama starring Tom Hanks, Kevin Bacon and Bill Paxton. (T) **4.45** Pushing Daisies (R) **5.45** Bygones (T) **6.15** Regional News and Weather **6.30** ITV News and Weather (T)

6.45 **Beat the Star** Game show in which one plucky challenger goes head to head against a competitive celebrity to win a huge cash prize. (T)

8.00 **Heartbeat** When vandals target a local couple, Joe investigates and uncovers a dark history. And Peggy gets her hands on a ton of scrap metal - but how to shift it is a problem. (T)

9.00 **Ultimate Force (New)** There is mutual suspicion and rivalry when Red Troop mount a joint operation with US Special Forces against Al Qaeda in the White Mountains of Afghanistan. (T)

10.30 **ITV News and Weather** A round-up of the latest news headlines plus a national weather forecast. (T)

10.45 **Gore Vidal: The South Bank Show** Melvyn Bragg, who last interviewed Vidal some twenty years ago when he lived in Italy, meets him in Los Angeles where he has recently returned to live. (T)

11.45 **Hitler in Colour** Original colour film and eyewitness accounts combine to tell the story of Adolf Hitler's brutal rise and fall. (T)

1.15 Cathedral (R/T) (Followed by ITV News Headlines) **2.05** Dial a Mum (R/T) **2.45** Under One Roof (R/T) **3.10** Car Hunt (R/T) **3.35** People's Court (R/T) **4.30** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.05 Making It (R) **6.10** The Hoobs (R/T) **6.35** Transworld Sport (T) **7.30** British Superbike Championship (R) **8.20** The Shooting Party (T) **8.50** T4: Shipwrecked 2008: The Hutcam Diaries (R/T) **9.20** Hollyoaks Omnibus (R/T) **11.50** Shipwrecked 2008: Battle Of The Islands (T) **1.00** Shipwrecked 2008: The Third Island (T) **1.35** The Nokia Green Room (T) **2.10** Friends (R/T) **2.45** Smallville: Superman the Early Years (T) **3.45** The Simpsons (R/T) **4.15** The Simpsons (R/T) **4.45** Time Team (R/T) **5.40** Scrapheap Challenge (T) **6.45** Channel 4 News (T)

7.00 **Bremner, Bird and Fortune** The Bremner, Bird and Fortune team are back with their critically-acclaimed satire show. (T)

8.00 **Bear Grylls: Born Survivor** Former Special Forces adventurer Bear Grylls demonstrates how to survive in the world's most extreme environments. Bear parachutes into inhospitable Patagonia, an area at the tip of South America which alternates bare arid steppes, forested mountains and icy glaciers. (T)

9.00 **FILM: Brokeback Mountain** (2005) Based on the 'E. Annie Proulx' story about a forbidden and secretive relationship between two cowboys and their lives over the years. Moving western starring Heath Ledger, Jake Gyllenhaal and Randy Quaid. (T)

11.35 **FILM: Candy** (2006) A poet (Ledger) falls in love with an art student (Cornish) who gravitates to his bohemian lifestyle - and his love of heroin. Romantic drama starring Abbie Cornish, Heath Ledger and Geoffrey Rush. (T)

1.35 FILM: Hilary And Jackie (1997) Biography starring Emily Watson, Rachel Griffiths and James Frain. (T) **3.40** Truel (R/T) **4.00** Six Experiments That Changed The World (R/T) **4.30** St. Elsewhere (R) **5.20** Countdown (R/T)

FIVE

6.00 Milkshake! **10.00** The Gadget Show (R/T) **11.00** How Do They Do It? (R/T) **11.30 FILM: The News Boys** (1992) Exuberant musical starring Christian Bale. (T) **1.45** Football Italiano (T) **4.10** Jaguar Adventure with Nigel Marven (T) **5.10 FILM: Daddy Day Care** (2002) Family comedy starring Eddie Murphy, Anjelica Huston and Steve Zahn. (T)

7.00 **five news and sport** The latest national and international headlines. (T)

7.15 **Cricket on five** Mark Nicholas presents the best of the action from day four of England versus New Zealand from Lord's. Commentary and analysis from Geoffrey Boycott, Simon Hughes and Barry Richards. (T)

8.00 **Extraordinary People: The Girls with Too Much Skin** Series of absorbing documentaries exploring remarkable stories of human experience from all over the world. This programme profiles four girls who suffer from harlequin ichthyosis, a devastating and incurable condition that brings with it the constant threat of a fatal infection. (R/T)

9.00 **FILM: The Patriot** (2000) American Revolution drama starring Mel Gibson and Heath Ledger in which a widowed farmer forms a regiment of Carolina patriots, whose guerrilla tactics prove pivotal to the US war effort. He has a brave but brutal military past, yet decides not to join up when the British arrive in 1776. Stars Mel Gibson, Heath Ledger and Joely Richardson. (T)

12.00 Disorderly Conduct (T) **1.00** Major League Baseball **4.20** Rolex Grand Am **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

EUROSPORT
7.30am YOZ **8.00** Rally World Championship **8.30** Live World Touring Cars **9.00** Live MotoGP **9.15** Live MotoGP **9.45** Live MotoGP: 125cc **11.00** Live MotoGP: 250cc **12.15pm** Live MotoGP **2.00** Live World Touring Cars **3.30** Live Cycling: Tour of Italy **4.30** WTA Tennis **6.00** Live Beach Soccer **7.00** MotoGP **8.30** World Touring Cars **9.30** Rally World Championship **10.00** Motorsports Weekend **10.30** Cycling: Tour of Italy **11.00** Rugby: French Championship **11.30** Beach Volleyball **12.00am** Beach Volleyball **12.30** TV Shop **2.00** TV Shop

EUROSPORT 2
6.00am Live Rugby: Asian Five Nations **8.00** Eurosport2 News **9.00** SEAT EuroCup **9.30** Live SEAT EuroCup **10.15** Eurosport2 News **10.30** Live EURO 2008 Press Conference **11.00** Live World Touring Cars **11.45** Eurosport2 News **12.00pm** Live Motocross **1.00** Live Formula Masters **2.00** GT Racing **3.00** Live WTA Tennis **4.45** Live Beach Soccer **6.00** Eurosport2 News **6.15** Lacrosse **7.45** Australian Football League **9.00** Beach Soccer **10.00** Eurosport2 News **10.15** Greek League Basketball **11.30** Beach Volleyball **12.15am** Eurosport2 News **2.00** Eurosport2 News

BBC3
7.00pm Sound **7.30** The Real Hustle **8.00** Doctor Who **8.45** Doctor Who Confidential **9.00** Little Britain **9.30** Little Britain **10.00** Family Guy **10.25** Family Guy **10.45** Scallywagga **11.15** Two Pints of Lager and a Packet of Crisps **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Admin **12.45** The Real Hustle **1.15** Scallywagga **1.40** Two Pints of Lager and a Packet of Crisps **2.10** Two Pints of Lager and a Packet of Crisps **2.40** Spendaholics **3.40** Admin **4.10** Doctor Who Confidential **4.25** Close

BBC4
7.00pm Meetings with Remarkable Trees **7.10** Monsoon Railway **8.00** Panorama: The Challenge of the 60s **9.00** The Men from the Agency **10.10** Mad Men **11.00** Genesis: Come Rain or Shine **12.00am** When in Rome: Genesis in Concert **1.30** The Men from the Agency **2.40** Monsoon Railway **3.35** Close

MONDAY
May 19

Tennis Final
Who will win the WTA final in Rome?

Today at 1.00pm

Sky 410 - Virgin Media 521

BBC1

6.00 Breakfast (T) **9.15** To Buy or Not to Buy (R/T) **10.00** Homes under the Hammer (R/T) **11.00** Open House (R/T) **11.30** Cash in the Attic (T) **12.30** RHS Chelsea Flower Show (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** Lazytown (R/T) **3.30** Mortified (R/T) **3.55** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)

7.30 **RHS Chelsea Flower Show** It's opening day at the RHS Chelsea Flower Show and exhibitors from around the globe unveil their inspirational gardens and exquisite plants. (T)

7.57 **BBC News and Regional News**

8.00 **EastEnders** Christian warns Roxy she won't be able to keep her secret from Sean and Jack for long. (T)

8.30 **Panorama** Current affairs programme presented by Jeremy Vine. (T)

9.00 **Waking the Dead** A road accident provides a DNA link to a chilling murder committed in Srebrenica during the Balkan War. (T)

10.00 **BBC News** (T)

10.25 **Regional News Programmes**

10.33 **BBC Weather** (T)

10.35 **Meet the Immigrants** Documentary series looking at those who have chosen to make the UK their home - both legally and illegally. (T)

11.05 **Inside Sport** (T)

11.45 **FILM: K2** (1991) Mountaineering drama about an expedition to climb the world's second highest peak. Stars Michael Biehn, Matt Craven and Raymond J Barry. (T)

1.30 Springwatch Weatherview (T) **1.35** Sign Zone: Across The Andes: Beyond Boundaries (R/T) **2.35** Ben Fogle's Extreme Dreams (R/T) **3.05** Animal 24:7 (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (T) **1.30** Animal Park (R/T) **2.30** Through the Keyhole (T) **3.00** Murder, She Wrote (T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Great British Menu (T)

7.00 **Wainwright: The Man Who Loved the Lakes** Capturing the beauty of the English Lake District, a documentary which traces the life of writer and artist Alfred Wainwright, the eccentric Lancastrian who created a series of iconic fell-walking books which he hand-wrote, illustrated and published himself in the 1950s. (R/T)

8.00 **RHS Chelsea Flower Show** Coverage of the RHS Chelsea Flower Show continues. As the judges mull over who will take the top honours, Alan Titchmarsh and Joe Swift present an in-depth look at this year's medal contenders. (T)

9.00 **Class of '62** In 1962, Marilyn Gaunt and her friends left Sandford County Secondary school in Leeds as eager 16 year olds. These working class girls were to live, love, laugh and cry their way from the Swinging Sixties to the Naughty Noughties. In 1983, Marilyn filmed her Class reunion. (T)

10.30 **Newsnight** (T) (Followed by Weather)

11.20 **Edwyn Collins: Home Again** Film charting the recovery of singer Edwyn Collins, formerly of Orange Juice. After suffering a brain haemorrhage in 2005, Edwyn contracted MRSA after a risky operation, having to undergo a lengthy and arduous rehabilitation programme to learn how to walk, talk, speak and play the guitar again. (T)

12.00 Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest **(New)** (T) (Followed by Local Weather) **3.30** Taggart (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Ashley struggles to cope without Laurel. (T)

7.30 **Coronation Street** With Vernon away, Harry and Liz will play. (T)

8.00 **Jobs for the New Boys: Tonight** Michael Nicholson investigates whether migrant workers really are doing the jobs that Britons have refused to take. (T)

8.30 **Coronation Street** Liz battles with her conscience when she has dinner with Harry. (T)

9.00 **The Duchess in Hull (New)** The Duchess of York tries to persuade the Sargerson family from a Hull council estate to adopt a healthier lifestyle. The Duchess, who had her own very public battle with her weight, has her work cut out with the chain smoking, overweight Sargersons. (T)

10.00 **News at Ten and Weather** (T)

10.35 **FILM: Analyze That** (2002) Gangster comedy sequel following the unlikely relationship between a mafia don and his stressed analyst. After three years in jail, the mob boss is still in therapy and in need of some serious counselling in an attempt to go straight and leave his old habits behind. Stars Robert De Niro. (T)

12.25 UEFA Champions League Weekly (T) **12.55** British Touring Car Championship Highlights (T) (Followed by ITV News Headlines) **1.50** Loose Women (R) **2.40** Everything Must Go (R/T) **3.30** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.05 Making It (R) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: The Deadly Knowledge Show (R/T) **10.00** The Deadly Knowledge Show (R/T) **10.30** Castle (R/T) **11.25** My Crazy Media Life (R/T) **12.00** News at Noon (T) **12.30** British Made (R/T) **12.45 FILM: The Enforcer** (1951) Crime drama starring Humphrey Bogart, Zero Mostel and Ted de Corsia. (T) **2.25** A Place in the Sun: Home or Away (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder: Straight Eight In 2008** (T)

8.00 **Dispatches: In God's Name** Award-winning filmmaker David Modell explores the growth and increasing influence of Christian fundamentalism. (T)

9.00 **Time Team Special: Swords, Skulls And Strongholds** Archaeology series presented by Tony Robinson. (T)

10.00 **Reverend Death** Documentary presented by journalist Jon Ronson, following the career of Reverend George Exoo, a Unitarian Minister from West Virginia who has helped more than 100 non-terminally-ill people commit suicide. (T)

11.40 **FILM: Blackball** (2003) A rebellious young British bowls player teams with another older and more traditional player to take on the Australian bowls team. Sports comedy starring Paul Kaye. (T)

1.20 4Music: Ibiza Rocks with Sony Ericsson (R/T) **1.45** 3 Minute Wonder: The Gathering (R/T) **1.50** The Doctor Who Hears Voices (R/T) **3.00** I'm All Shook Up: Parkinson's at 25 (R/T) **3.55** 3 Minute Wonder: Where There's A Will... (R/T) **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (T) **12.00** House Doctor (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Rough Guide to Cities (R/T) **3.00** The Family Recipe (T) **3.10 FILM: The Sign of Four** (1983) Crime thriller starring Matt Frewer. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.15 **Cricket on five** Mark Nicholas presents the best of the action from day five of England versus New Zealand at Lord's. (T)

8.00 **The Gadget Show** Suzi and Jason try out some state-of-the-art wireless laser gun technology. (T)

9.00 **Warship (New)** Documentary series filmed onboard the aircraft carrier HMS Illustrious during a four-month deployment. The programme follows the professional lives of the crew as well as the personal stories of the young men and women who are thousands of miles from home. (T)

10.00 **Dom Joly's Complainers** Comedian Dom Joly and a crack team of 'complainers' set about tackling the myriad irritations of modern life. (T)

11.05 **FILM: Most Wanted** (1997) Action thriller about an army officer forced to join a covert team of assassins. He is set up to take the blame for the killing of the First Lady and, although a wanted man, he plans to get his revenge and clear his name. Stars Keenen Ivory Wayans. (T)

12.55 NASCAR: The Sprint Cup **1.45** USPGA Golf **2.35** NHL Ice Hockey **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT
7.30am Motorsports Weekend **8.00** World Touring Cars **9.00** MotoGP **10.00** Cycling: Tour of Italy **11.00** Olympic Games: Mission to Beijing **11.15** UEFA Women's Cup **1.00pm** Canoeing **2.00** Canoeing **3.00** Cycling: Tour of Italy **4.00** UEFA Champions League Classics **5.00** Eurogoals **5.45** Road to EURO 2008 **6.00** Viking **6.30** Viking **7.00** UEFA Champions League Classics **8.00** MotoGP **9.30** Motorsports Weekend **10.00** Eurogoals **10.45** UEFA Women's Cup **12.30am** TV Shop **2.00** TV Shop

EUROSPORT 2
6.30am Eurosport2 News **9.00** Beach Soccer **10.00** Champions League Handball **11.00** Eurosport2 News **1.00pm** Beach Soccer **2.00** Champions League Handball **3.00** MotoGP **4.00** Motocross **5.00** Eurosport2 News **5.30** Motorsports Weekend **6.00** Eurosport2 News **6.45** Road to EURO 2008 **7.00** Greek League Basketball **8.00** Champions League Handball **9.00** 3-Cushion Billiards **10.00** Eurosport2 News **10.15** Australian Football League **11.15** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3
7.00pm Dragons' Den **8.00** The Real Hustle **8.30** Glamour Girls **9.00** Gavin and Stacey **9.30** Gavin and Stacey **10.00** EastEnders **10.30** Ideal **11.00** Delta Forever **11.30** American Dad **11.55** American Dad **12.15am** Glamour Girls **12.45** Gavin and Stacey **1.15** Gavin and Stacey **1.45** Ideal **2.15** Delta Forever **2.45** The Real Hustle **3.15** Blood, Sweat and T-Shirts **4.10** Dog Borstal **4.40** Close

BBC4
7.00pm World News Today **7.30** Living with Modernism **8.00** The Life of Mammals **9.00** 100 Years of Wildlife Films **11.00** The Poisoner **12.35am** Living with Modernism **1.05** 100 Years of Wildlife Films **3.05** Panorama: The Challenge of the 60s **4.05** Close

TUESDAY
May 20

Live Football
France play Chile in the Toulon Tournament
Tonight at 7.30pm
Sky 410 - Virgin Media 521

BRITISH EUROSPORT

BBC1

6.00 Breakfast (T) **9.15** To Buy or Not to Buy (R/T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** Open House (R/T) (Followed by BBC News; Weather) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.30** RHS Chelsea Flower Show (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **4.35** Blue Peter (T) **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Tanya and Jack grow closer while the Slaters are shocked by the arrival of a surprise visitor. (T)

7.57 **BBC News and Regional News**

8.00 **Holby City** Kyla has to wrestle with her demons when she discovers Abra is back from Africa. (T)

9.00 **Waking the Dead** Boyd and the team uncover a link between a tragic war crime and a massive drugs deal. (T)

10.00 **BBC News** The latest national and international news, followed by Weather. (T)

10.25 **Regional News Programmes** (T)

10.33 **BBC Weather** (T)

10.35 **One Life Special: Mum and Me** (T)

11.35 **FILM: The Station Agent** (2003) Critically acclaimed film in which a dwarf inherits a train depot in New Jersey and moves to the tiny town in order to start his life over again. Stars Peter Dinklage, Patricia Clarkson and Bobby Cannavale. (T)

1.00 Weatherview (T) **1.05** Sign Zone: See Hear (R/T) **1.35** Child of Our Time (R/T) **2.35** Ben Fogle's Extreme Dreams (R/T) **3.05** Animal 24:7 (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Animal Park (T) **2.30** Through the Keyhole (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Great British Menu (T)

7.00 **Michael Palin's New Europe** Michael Palin explores the countries that were for much of his life hidden behind the Iron Curtain but now are part of the new Europe. From the tiny, breakway state of Transdniester to the rolling hills of sunny Moldova, across the Carpathian Mountains of northern Romania and through Transylvania to the Danube, this is a journey into some of the poorest and most beautiful parts of south-eastern Europe. (R/T)

8.00 **RHS Chelsea Flower Show** Alan Titchmarsh and the team are on hand to capture the excitement and disappointment as the all important medals are announced. (T)

9.00 **The Supersizers Go...Wartime** Restaurant Critic Giles Coren and Writer and comedian Sue Perkins grab their ration books for one week, and chomp their way through the food of 1940s WWII Britain. (T)

10.00 **Later Live... with Jools Holland** Jools Holland presents old and new music live from BBC Television Centre. (T)

10.30 **Newsnight** Comprehensive coverage of today's important news stories. (T)

11.20 **Mad Men** Drama series set in the world of advertising in 1960s New York. The staff at Sterling Cooper stay up all night to watch the Nixon/Kennedy election returns. (T)

12.10 Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) (Followed by Local Weather) **3.30** Taggart (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale: Affairs of the Heart** Bob suspects Viv of having an affair. Val is forced to pay the Dingles for her own furniture. Pearl ends up with an unexpected cruise companion. (T)

8.00 **Who Wants to Be a Millionaire?** Chris Tarrant hosts the fast-paced gameshow. (T)

9.00 **The Duchess in Hull** The Duchess of York has persuaded the overweight, chain smoking Sargersons from Hull to adopt a healthier lifestyle. (T)

10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.35 **Manchester United v Chelsea: The Game of Games** Matt Smith introduces all the build-up to the UEFA Champions League final between Manchester United and Chelsea at the Luzhniki Stadium in Moscow. (T)

11.35 **Dexter** Dexter follows a series of clues left to him by the Ice Truck Killer and wonders how far down his demented path he must go to catch him. (R/T)

12.40 Nightwatch With Steve Scott: Emergency (R/T) **1.30** Nightwatch With Steve Scott: Mystery (R/T) (Followed by ITV News Headlines) **2.25** Loose Women (R) **3.15** The Jeremy Kyle Show (R/T) **4.05** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: The Deadly Knowledge Show (R/T) **10.00** The Deadly Knowledge Show (R/T) **10.30** Castle (R/T) **11.25** My Crazy Media Life (R/T) **12.00** News at Noon (T) **12.30** **FILM: San Demetrio, London** (1943) War drama starring Walter Fitzgerald. (T) **2.25** A Place in the Sun: Home or Away (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder: Straight Eight In 2008** (T)

8.00 **How to Look Good Naked** Expert stylist Gok Wan meets 32-year-old Kelly Chamberlain, whose self-esteem has been shattered due to cancer. (T)

9.00 **Gordon Ramsay's F Word** Krishnan Guru-Murthy and his family cook for 50 hungry diners, and Kate Garraway challenges Gordon to beat her recipe for bread and butter pudding. (T)

10.00 **The Word's Smallest Man And Me** Mark Dolan immerses himself in the remarkable worlds of some incredible people in a series exploring what it means to be anything but average. (T)

11.05 **Dirty Sexy Money** Nick learns more about his dead father and his relationships, including his affair with Letitia. Sparks fly between Simon and Karen. Brian is arrested for trying to bribe the authorities for custody of his son. (R/T)

12.05 Party Poker.com Premier League Poker **1.00** KOTV (T) **1.30** The British Formula 3 International Series (R) **2.00** Freesports on 4 (R) **2.55** Adrenalin Rush (R/T) **3.50** Water Stories (R/T) **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (T) **12.00** House Doctor (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Animal Rescue Squad (R/T) **3.10 FILM: Gracie's Choice** (2004) Emotional drama starring Diane Ladd, Kristen Bell and Anne Heche. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **Extraordinary Animals (New)** Series of documentaries profiling animals with amazing talents. Maggie is a seven-year-old Jack Russell terrier who may be able to count. (T)

8.00 **The Titanic Conspiracy: The True Story** Historical documentary following attempts to test a new theory about the sinking of Titanic. Maritime experts believe a fundamental flaw in the mighty vessel's design may account for the speed of its sinking. (R/T)

9.00 **CSI: Crime Scene Investigation** Drama series about a team of forensic investigators in Las Vegas. (T)

10.00 **CSI: Miami** When a movie star turns up dead on the set of his latest film, the investigation leads the CSIs to uncover underhand deeds at the rehab clinic where he was staying. (R/T)

11.00 **Law and Order: Criminal Intent** Crime drama series. When Logan and Barek investigate a series of home invasions that result in grisly murders, their search leads them to a local foster mother. (T)

12.00 The FBI Files (T) **1.00** Football Italiano **1.25** NBA Basketball **4.20** French Football **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT

7.30am YOZ **8.00** Eurogoals **8.45** Road to EURO 2008 **9.00** UEFA Champions League **10.45** Eurogoals **11.30** UEFA Champions League **1.00pm** Cycling: Tour of Italy **2.00** Live Cycling: Tour of Italy **4.30** British Premier Cycling **5.00** EUROGOALS Flash **5.15** Live Football: Toulon Tournament **7.15** EUROGOALS Flash **7.30** Live Football: Toulon Tournament **9.30** Road to EURO 2008 **9.45** World Touring Cars **10.15** Rally World Championship **11.15** Cycling: Tour of Italy **12.15am** Road to EURO 2008 **12.30** TV Shop **2.00** TV Shop

EUROSPORT 2

6.30am Eurosport2 News **9.00** MotoGP **10.00** Greek League Basketball **11.00** Eurosport2 News **1.00pm** Arena Football **2.45** Greek League Basketball **4.00** Australian Football League **5.00** Eurosport2 News **5.15** Road to EURO 2008 **5.30** Trial World Championship **6.00** Spanish League Handball **6.30** Eurosport2 News **7.00** Bennetts British Superbikes **8.30** Arena Football **10.00** Eurosport2 News **10.15** Football: Toulon Tournament **11.15** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3

7.00pm Dog Borstal **8.00** Eurovision Song Contest Semi-Final 2008 **10.00** EastEnders **10.30** Scallywagga **11.00** The Wall **11.45** American Dad **12.10am** American Dad **12.30** Amy: My Body for Bucks **1.30** Scallywagga **2.00** The Wall **2.45** Amy: My Body for Bucks **3.40** Dog Borstal **4.40** Close

BBC4

7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** The Art of Spain **9.00** What Happened Next? **10.00** Goodness Gracious Me **10.30** **FILM:** Blame **11.40** The Art of Spain **12.40am** Proms on Four 2007 **2.55** What Happened Next? **3.55** Close

Milton Keynes COLLEGE

Whatever Your Background...

Apprenticeships Open Evening

Tuesday 20th May 2008
6.00pm-8.00pm

Check our website for details:
www.mkcollege.ac.uk

Visit our Bletchley Campus if you are interested in:
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3 Carters Lane
Kiln Farm
Milton Keynes MK11 3ET

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

Vegetarian

Cheese & Tomato	£5.95	£7.75	£9.45
Vegetarian Hot Mushrooms, Onions, Green Peppers	£7.95	£10.75	£13.95
Vegetarian Mushrooms, Onions, Green Peppers & Sweetcorn	£7.95	£10.75	£13.95
Spinocolli Mushrooms, Onions, Broccoli, Spinach, Fresh Garlic	£7.95	£10.75	£13.95

Traditional

Hawaiian Ham & Pineapple	£6.95	£9.55	£11.45
Ham & Mushroom	£6.95	£9.55	£11.45
Beef One Ground Beef, Onions & Mushrooms	£7.95	£10.95	£12.45
Chinese Chinese Chicken, Mushrooms & Sweetcorn	£7.95	£10.95	£12.45
Classic Bacon, Mushrooms & Fresh Tomato	£7.95	£10.95	£12.45

Hot Stuff

American Hot Peppers, Onions, Chillies, Green Peppers	£7.95	£10.95	£13.95
Chicken Hot Tandoori Chicken, Gren Chillies, Fresh Tomato, Mushrooms	£7.95	£10.95	£13.95
Mexican Passion Mexican Chicken, Red Peppers, Pineapple & Jalapeno Peppers	£7.95	£10.95	£13.95
Mexicana Spicy Beef, Onions, Sliced Tomato & Green Chillies	£7.95	£10.95	£13.95
Hot Tator Ground Beef, Onion, Green Peppers & Jalapeni Peppers	£7.95	£10.95	£13.95

Family Favourites

Pepperoni Plus, Double Pepperoni, Mushrooms & Onions	£7.95	£10.95	£13.95
BBQ Original Chicken, Green Peppers, Fried Onion & Special BBQ Sauce	£7.95	£10.95	£13.95
Meaty One Ham, Pepperoni, Beef, Spicy Pork	£7.95	£10.95	£13.95
Sea Food Prawns, Anchovies, Tuna & Fresh Tomato	£7.95	£10.95	£13.95
Free Choice Any 4 toppings of your choice	£7.95	£10.95	£13.95
Late Breakfast Smokey Sausage, Bacon, Salami & Fried Onion	£7.95	£10.95	£13.95
Alligator Pepperoni, lamb, Beef, Bacon, Garlic Sausage, Salami	£7.95	£10.95	£13.95

GoGo Special

Green Peppers, Mushrooms, Onions, Ham, Beef & Pepperoni	£7.95	£10.95	£13.95

Stuffed Edge Surcharges

Stuffed Edge with Cheese/with cheese & Pepperoni/ with Garlic & Herbs	£1.00	£1.20	£1.40

Extra Toppings

Create your own pizza by using a Cheese and Tomato as a base then add your choice of toppings from the following £0.80 £0.90 £1.00

Meat Toppings	Chicken Toppings	Seafood Toppings	Vegetable Toppings
Pepperoni, Salami	Tandoori Chicken	Tuna	Pineapple, Mushrooms,
Garlic Sausage	Chinese Chicken	Anchovies	Sweetcorn, Green Peppers
Smokey Sausage	Plain Chicken	Prawns	Red peppers, Onions,
Ham, Spicy Pork	Mexian Chicken		Fresh Tomato, Green Chillies
Beef			Aubergine, Fresh Garlic,
			Jalapeno peppers, Black
			Olives, Spinach, Broccoli

Starters

Garlic Bread (4pcs)	£1.50	With Cheese (4pcs)	£1.95
Cheesy Garlic Pizza Bread (7")	£2.95	Breaded Mozzarella Sticks (8pcs)	£3.45
Potato Twisters (Per Portion)	£2.50	Potato Wedges (Per Portion)	£2.50
Potato Wedges (Per Portion)	£2.50	Potato Skins (5pcs) with cheese	£3.45
Pototo Skins (5pcs) with cheese	£4.45	Jalapeno Peppers Cream cheese (6pcs)	£3.45
Onion Rings (10 rings)	£1.95		
Dips, garlic & Mayonaise, BBQ, Chilli, Sour Cream, Garlic & Herb			£0.30
Spicy Chicken Wings (8pcs)	£3.45	BBQ Wings (8pcs)	£3.45
Chicken Nuggets (6pcs)	£1.95	Southern Fried Mr Chicken (6pcs)	£1.95
BBQ Ribs (1.2 rack)	£3.95		

Pasta

Spaghetti Bolognese	£3.95	Vegetable Lasagne	£3.95
Meat Lasagne	£3.95	Chicken & Mushroom Pasta	£3.95

Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken			£3.45
Green Salad	£2.00	Coleslaw	£1.30

Ice Cream

Haagen Daas 500ml, Vanilla, Choc Chips, Strawberry & Cream, Cookies & Cream, Baileys & Cream	£3.95
House Ice Cream, Dairy, Strawberry, Chocolate, Caramel Coffee	£2.95

Desserts

Tennessee Toffee Pie	£1.95	Chocolate Fudge Cake	£1.95
Strawberry Cheese Cake	£1.95	Banoffi Pie	£1.95

Cold Drinks

Coke, 7-UP, Fanta, Diet Coke (Can)	£0.70	Bottle	£1.55

PIZZA GOGO FREE DELIVERY TO ALL MK

X-tra Value Meal
Any Large 12" Pizza*
FREE GARLIC BREAD (4 pieces)
FREE POTATO TWISTERS
ONLY £10.95

SPECIALS

Twin Deal
Any 2 medium Pizzas* (10.5")
Any 2 starters, 2 dips
& 2 cans of soft drink.
only £15.95
(save up to £4.00)

Lunchtime Special
11.30 - 4.30 Mon - Thurs
One Cheese & Tomato Pizza with a choice of 3 toppings & 4 pcs Garlic bread.
Medium £5.00 (plus one can of drink) - Large £7.00 (plus two cans of drink)

Triple Choice
Any 3 Pizzas*
3 Medium £15 - 3 Large 12" £20
3 Supersize 15" pizzas £25

All for One
Any Medium 10.5" Pizza*, 4 pcs Chicken Wings, 4 pcs Garlic Bread & One can of soft drink.
£9.95 (save up to £1.90)

2's Special
Any 2 Pizzas*
10.5" - £11.90
12"- £15.90 15"- £17.90

Double Deal
Any 2 large 12" Pizzas,
2 Starters & Bottle of soft drink.
£19.95 (save up to £1.90)

Big Deal
Any large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread, Bootle of Soft Drink.
£13.95 (save up to £3.75)

The 5er
Any 3 medium 10.5" Pizzas*
(or more) only £5.00 each

Beat the clock! only £9.95
Any Large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread & 1 Bottle of drink.. If ordered and delivered before 4pm Mon-Thurs (save up to £7.65)

ANY PIZZA ANY SIZE £8.95 ON COLLECTION ONLY
When you spend over £15 receive a free portion of Kofte Kebab including special offers
For these offers, please mention The MK News when ordering.

Open 7 days a week 11.30am - Late • TO ORDER CALL:01908 274674
141 Queensway, Bletchley MK2 2DY

www.pizzagogo.co.uk

Eastern Paradise

MK's first Balti House
Golden Award Winner 2004, 2005, 2006 & 2007
Fully Licenced Indian Restaurant & Take-away

FREE HOME DELIVERY
Within Milton Keynes area. Minimum order £10.00
(20% Discount on collected orders over £12.00)

BANQUET NIGHT
Sunday & Thursday Evenings
5 Course Meal Served.
Only £8.95 per head.

SUNDAY BUFFET
Noon - 5.00pm Only £7.99 per head
Children under 10 - Half Price!

KASHMIR NIGHT
Every Wednesday 5 Course Meal
and a glass of wine only £9.95 per head

Starters:
King Prawn Butterfly **£3.95**
Reshmi Kebab **£2.95**
Somosa. **£2.50**
Onion Bhajee. **£2.50**
Chicken/Lamb Tikka **£2.50**
Aloo Chat **£2.50**
Kakuli Kebab **£2.50**
Garlic Mushrooms. **£2.50**
Eastern Promise for 2- mixtures of chicken/lamb tikka and sheek kebab, lightly spiced and stir fried with onions and green peppers **£6.95**

Chefs Recommendations:
Gost Kofta Special **£6.95**
Chicken/Lamb Korai **£5.95**
Achari Chicken or Lamb. **£6.95**
Chicken/Lamb Tikka Rehun. **£5.95**
Chicken/Lamb Tikka Jalfrezi. **£5.95**
Tandoori King Prawn Korai **£9.95**
Chukla Tandoori King prawn **£9.95**
Chefs Special Thali for 2- Mixture of tandoori chicken, sheek kebab, chicken tikka massala, lamb rogan, chana massala, naan bread & pilau rice **£11.95**

House Specialities:
Tawa Gosht **£7.95**
Duck Special. **£7.95**
King Prawn Begun. **£7.95**
Chicken/Lamb Rezalla. **£7.95**
Chicken Zalfrani **£7.95**
Jhinga Jhole **£9.95**

Seafood Specialities:
Salmon Achari **£8.95**
Ayr Bhuna. **£8.95**
Tuna Massala **£8.95**
Salmon Ki Bhuna. **£8.95**

Traditional dishes also available starting at **£4.95.** Veg dishes starting at **£3.95.**

OPEN 7 DAYS A WEEK
Lunch: Midday - 2pm. Everyday.
Mon - Thurs: 5.30-11.30pm & Fri - Sat: 5.30-Midnight
Sun: Midday-5pm & 5.30-11.00pm
01908 312969 / 225765
8 Church Street, Wolverton, Milton Keynes MK12 5JN

Cafe' Balti

Contemporary Indian Cuisine
Fully Air Conditioned

FREE HOME DELIVERY
Over £12.00
Minimum Order £12.00
20% Discount are collected over £20.00

Sunday & Thursday Evening 5 course Gourmet Night £8.95 pp

Sunday Buffet 12pm-9pm £7.50 Adults £4.50 Children

BANQUET NIGHT 5 course meal with FREE glass of wine £9.95 pp

Four people dine in - FREE BOTTLE OF WINE!
Two people dine in - FREE GLASS OF WINE!
Limited time only. Please bring this coupon

52 Church Street, Wolverton, Milton Keynes MK12 5JW
Tel: MK 311188/312700

To advertise in your weekly guide to the best takeaways in Milton Keynes call 01908 242490

Sit back & relax let Chefz do the cooking...!!

Chefz

Tastiest Food In MK!

ORDER HOTLINE
TEL : (01908)
56 76 76
Open: Mon - Thu 5pm - 12am / Fri - Sun 4pm - 1am
MINIMUM ORDER £10 | OPEN 7 DAYS TILL LATE
All offers MUST be quoted at the time of placing order to qualify.

PIZZA - CHICKEN - CURRY - PASTA - JAC KET POTATO - BURGERS

VIEW FULL MENU AND OFFERS ON WWW.CHEFZ.CO.UK

(*Discounts not available in conjunction with any other offers)

Pizza Menu - BUY 1 GET 1 FREE!
(SAME SIZE, SET MENU, SAME VALUE)

Select	MEDIUM	LARGE	XL
Thick Crust or Thin Crust	£6.49	£8.49	£9.99
	£7.99	£9.99	£11.99
	£8.99	£10.99	£13.99

Cheese + Tomato - Cheese and tomato
Tuna Treat - Tuna, red onion and jalapenos or chillies
Kashmiri - Chili, chicken tikka, pineapple and red onions
Pepperoni Feast - Double pepperoni and double cheese
Hot Chicken - Grilled chicken, mushrooms, sweetcorn and jalapenos
NEW BBQ Chicken - BBQ grilled chicken, peppers, mushrooms and onions
Chicken Supreme - Chicken, mushrooms, green peppers and red onions
Vegetarian (V) - Onions, peppers, tomatoes and mushrooms
Beefeater - Beef, pepperoni and onion
Hot Tropa Chili Feast - Jalapenos, chilli and peppers with Beef or Chicken
Hawaiian Special - Ham, pineapple and sweetcorn
Farmhouse Special - Ham, onions and mushrooms
NEW Full English - Fried mushrooms, fried onions, fried tomatoes, ham and beef
NEW Chefz Deal Style - Donor, beef, chicken, onions, peppers and chilli
Vegie Special (Hot (V) - Onions, mixed peppers, tomatoes, mushrooms, jalapenos, chillies and sweetcorn
Seafood - Anchovies, tuna, prawns and olives
NEW Pick'n'Mix - Any 6 toppings of your choice
The All Meaty Supreme - Ham, beef, pepperoni, seek kebab, red onions, green peppers and mushrooms

Toppings: Medium 80p Large £1.00 X-Large £1.30

Pepperoni, Beef BBQ Chicken, Ham, Seek Kebab, Donor, Chicken, Chicken Tikka, Tuna, Anchovies, Mushrooms, Onions, Black Olives, Jalapenos, Pineapple, Sliced Tomatoes, Sweetcorn, Chilli, Prawns, Green Peppers

Garlic Bread £1.99 with Cheese £2.50 | **Chips** Small £0.80 Large £1.50 | **Dips** Garlic Mayo, Chilli, Ketchup - 20p

Kebabs

	Small	Large
Full Kebab	£4.99	£5.99
Lamb or Chicken Donor	£2.99	£3.70
Mixed Donor	£3.70	£4.40
Lamb or Chicken Shish	£3.35	£4.10
Mixed Shish	£4.20	£4.80
Kebab Roll	£2.40	£3.00
Chicken Tikka Roll	£3.50	£4.00

Combination Kebabs

Lamb/Chicken Donor Meal & Chips	£2.50	£3.50
Mixed Donor Meal & Chips	£2.80	£3.80
Chip Kebab	£1.80	£2.50
Salad Kebab	£2.00	£2.50

Curries *FREE SALAD WITH CURRY MEALS

ORIGINAL DISHES CHICKEN or LAMB	£4.45
KORMA DISHES - CHICKEN or LAMB	£4.45
KARAHI DISHES - CHICKEN or LAMB	£4.45
ACHARI DISHES - CHICKEN or LAMB	£4.45
CHICKEN or LAMB JALFREZI	£5.50
MADRAS DISHES	£4.45
VINDALOO DISHES	£4.45
CHICKEN OR LAMB BIRYANI	£5.50
CHICKEN TIKKA MASALA	£6.20
GARLIC CHILLI CHICKEN	£4.25
RHOGAN JOSH	£4.25

HOT & TASTY!

CURRY 'n' RICE PILAU RICE with CHICKEN OR LAMB CURRY Medium £2.99 Large £3.90

BASMATI RICE & NANN BREAD
Pilau Rice ... £2.60
Bhada Rice Steamed £2.50
Naan ... £1.60
Keema Naan Bread ... £1.80
Chilli Naan Bread ... £1.50
Garlic Naan Bread ... £1.70
Tandoori Roti ... £0.60

FAMILY FEAST 1
Any Large Pizza,
1 x Garlic Bread,
2 x Cans
1 x Onion Rings,
2 x Naans, 1.5L Drink
& Dips
£18.99
(set menu only)

FAMILY FEAST 2
Any Large Pizza,
4 x Chicken Pieces,
2 x Chips
1.5L Drink & Dips,
Onion Rings &
Coleslaw
£15.99
(set menu only)

SFC CHICKEN BUCKET DEALS
8 pieces of Chicken & 4 chips £8.99
8 pieces of Chicken 4 Chips, 2 Apple Pies & 1.5ltr Drink £10.99
14 pieces of Chicken, 5 Chips 5 Apple Pies, 1 Bottle of drink, Onion Rings, Cheesy Chips & Salad £19.99

SPECIAL OFFERS
MIDWEEK SPECIAL WED ONLY
Free Garlic Bread
With Any Large Pizza

ANY TWO Lamb or Chicken Curry £7.99
ANY TWO Chicken or Lamb main Curry's with mixed green salad,chutney, pilau rice roti (2) and 1 naan £10.99

We only use HALAL toppings and all our ingredients are FRESHLY prepared daily.

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

DEALS
Any Pizza, Any Size
£6.99
(Collection only)

BUY 1 GET 1 FREE
OR GET 10% OFF YOUR SINGLE PIZZA
on delivery or collection
buy any pizza and get a second upto the same size and value. (Not in conjunction with any other offer)
Only on large and extra large pizzas

PARTY DEAL
2 XL Pizzas + Spare Ribs + Wedges + Garlic Bread + Drink
£17.99

MEAL FOR TWO
Large pizza, Chicken Wings or Potato Wedges plus a bottle of drink
£10.99

MEAL FOR ONE
Regular pizza, Garlic bread or Potato Wedges plus can of drink
£6.99

	Regular 9" 6 Slices	Large 12" 8 Slices	Extra Large 15" 12 Slices
The Original Suitable for vegetarians *Cheese & Tomato or Cheese & Garlic*	5.99	7.99	9.99
Hawaiian Dream *Ham & Pineapple*	7.99	9.99	12.99
Farmhouse Classic *Ham & Mushrooms*			

SPECIALITY PIZZAS

Meat Feast *Spicy Pork, Ham, Pepperoni, Smoky Sausage*	8.99	11.99	13.99
Vegetarian Delight™ *Mushrooms, Green Peppers, Onions, Sweetcorn*			
All In One™ *Pepperoni, Mushrooms, Green Peppers, Onion, Sweetcorn, Ham, Spicy Pork*			
Smoky Barbeque *Barbeque Chicken, Smoky Sausage, Red Onion, Sweetcorn, Barbeque Sauce*			
Pepperoni Lovers™ *Double Pepperoni, mushroom, onion*			
Coriander Tandoori Chicken Extremely Hot! *Balti Chicken, Green Chillies, Garlic Sauce, Fresh Coriander, Red Onion*			
Mexican Heatwave Very Hot! *'Double' Spicy Pork, Onion, Jalapeno Peppers, Red Peppers, Chilli Powder*			
Vegetarian Volcano Very Hot! *Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce*			
Oriental Express *Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn*			
The Tuscan *Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning*			
New **Chicken BBQ Sizzler** *Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce*			
New **Lamb Donor Pizza** *Lamb Donor, red onion, red & green peppers, garlic sauce*			
New **Chicken Donor Pizza** *Chicken Donor, red onion, red & green peppers, garlic sauce*			

SIDE ORDERS

	Single price	Double up
Delicious Dips (Ideal for dipping crusts) BBQ, Sour Cream, Sweet Chilli or Garlic & Herb	25p	
Oven Baked Chips New Tasty low fat chips baked in our hot pizza ovens	99p	
Garlic Knots 6 delicious knots of dough brushed with garlic butter	1.49	2.25
Coleslaw	1.49	2.25
Garlic Bread	1.75	2.49
Garlic Bread with Cheese	1.95	2.75
Potato Wedges Choice of dips	2.49	3.75
Chicken Wings 8 pieces - BBQ or spicy Peri Peri New	2.99	4.50
Chicken Nuggets 8 chunks of Chicken breast coated in breadcrumbs with choice of dip	2.99	4.50
BBQ Spare Ribs New Juicy rack of ribs marinated in a delicious BBQ sauce	3.99	
Wings 'n' Wedges Combo 6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips	3.99	5.99
Kids Deal New 6" pan pizza with up to 2 toppings, garlic bread, can of Coke	2.99	
10 Large Onion Rings	1.99	

CREATE YOUR OWN PIZZA WITH THESE EXTRA TOPPINGS
85p each (Regular) £1.00 each (Large) £1.20 each (Extra Large)
Anchovies • Bacon • Balti Chicken • Barbeque Chicken • Chinese Chicken • Ham • Pepperoni • Salami • Italian Sausage • Smoky Sausage • Spicy Beef • Spicy Pork • Prawns • Tuna • Black Olives • Cheese • Green Chilli Peppers • Green Peppers • Jalapeno Peppers • Mushrooms • Onion • Red Onion • Red Peppers • Pineapple • Sweetcorn • Sweet & Sour Sauce • Barbeque Sauce • Garlic Sauce

Minimum delivery order £7.99

Chef's Corner

158 Queensway, Bletchley
Mon-Sun 12pm-10.30pm

01908 632236
Cash or credit card only

FREE DELIVERY (WITHIN SPECIFIED AREA)

DRINKS & DESSERTS

Coke, Diet Coke, Fanta, Sprite, Dr Pepper - 330ml can	65p	
Coke, Diet Coke, Fanta - 1.25 litre bottle	1.79	
Banoffee Pie - per slice	2.19	3.29
Tennessee Toffee Cream Pie - per slice	2.19	3.29
Ben & Jerrys Ice Cream - 500ml	4.19	

Piece of cake™, Phish Food®, Caramel Chew Chew™, Chocolate Fudge Brownie, Cookie Dough, Chocolate Therapy, New Fair Trade Vanilla

PAPA LUIGI Dial-a-Pizza! EST'83

PICK 'n' MIX PIZZA!

FREE DELIVERY
TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

MEAL DEALS

Chicken Burger & Chips	3.99
1/2 Peanut Beef Burger & Chips	3.99
2 Pieces Chicken & Chips	3.99
3 Pieces Chicken & Chips	4.99
4 Pieces Chicken & Chips	5.99
Extra Piece of Chicken	1.00
Steak Mini Grill with Chips, Mushrooms & Salad	6.99
Large Donor Kebab	4.99
Small Donor Kebab	3.99

PIZZA MENU

ADDITIONAL TOPPINGS £1

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" Standard	12" Standard	12" Deep Pan Mega	Extra Lg 15" Standard
1. PAPA LUIGI SPECIAL Tomato, Cheese, Ham, Mushrooms, Salami, Peppers, Olives, Anchovies	9.80	11.00	13.00	16.00
2. MILANESE Tomato, Cheese, Ham, Mushrooms	9.50	10.50	12.00	15.00
3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
8. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00 NEW
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
12. TEXAN BBQ Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	9.80	11.00	13.00	16.00

SIDE ORDERS

French Fries	1.20
Coleslaw	1.40
Garlic Bread	1.50
Garlic Bread with Cheese	2.00
Potato Wedges	2.20
Garlic Mushrooms	1.70
Salad	2.50
Chicken Dippers (6pcs)	3.00
Curries	4.90
Potato Wedges	2.20
Dips	0.30
Potato Skins & Dips	3.00
BBQ Chicken Wings (5pcs) & Dip	3.50
Hot Chicken Wings (5pcs) & Dip	3.50
Onion Rings (10pcs)	2.00
BBQ Spare Ribs	4.50

DESERTS

Cheesecake	2.50
Baklava	1.00
Ice Cream (ask for flavours)	2.00
Chocolate Fudge Cake	2.50

DRINKS

Coke/Diet Coke/Fanta/Sprite/Apple Tango/Lemonade	1.00
Coke/Orange/Lemonade can	0.60

Milton Keynes 01908 313355
Sun to Thurs 11.30am - 12.30am
Fri to Sat 11.30am - 2.30am

***BUY ONE - GET ONE FREE!**

NOTE: No other discounts apply with this promotion & prices are subject to change without notice ***BUY ONE PIZZA & GET ONE PIZZA (of same value) FREE***

DIXY CHICKEN

Just Chicken

2/3/6 Pieces	£1.99	£2.80	£5.25	
8/12/16/20 Pieces	£6.95	£9.90	£12.80	£15.90

BBQ Ribs

4 Ribs	£2.49
6 Ribs	£3.19
10 Ribs	£5.50

Spicy Wings

4 Spicy Wings	£1.49
6 Spicy Wings	£1.99
12 Spicy Wings	£3.49

Chicken Nuggets

4 Golden Nuggets	£1.35
6 Golden Nuggets	£1.85
15 Golden Nuggets	£3.99

ROLO Meal

ROLO Crispy Chicken Pieces in a Tortilla Wrap	£2.49
2 Crispy Chicken Pieces in Tortilla	£3.49

with regular Fries and a Drink

Burgers

Chicken Fillet Burger	£1.99
Fillet Burger & Cheese	£2.15
Spicy Fillet Burger	£1.99
Spicy Bean Burger (V)	£1.99
Fillet-O-Fish	£1.99
1/4 Pounder (Add cheese - 15p)	£1.99
1/2 Pounder (Add cheese - 15p)	£2.49

Side Dishes

Chips (Regular)	£1.00
Chips (Large)	£1.50
Potato Wedges	£0.99
Corn on the Cob	£0.99
Coleslaw	£0.99
BBQ Beans	£0.99
Chicken Popcorn	£1.99

Drinks & Dessert

Cans	£0.60
1.5 ltr Bottles	£1.50
Trifle	£0.79
Cheesecake	£0.79
Apple Pie	£0.79

For delivery purposes, the drink in the meals has been changed to a 330ml can, 3 Drink cans may be changed to a 1.5ltr bottle.

see website for meal deals www.dialafood.co.uk/dixychicken

Dixy Bucket
6 pcs Chicken
4 Wings
3 Fries & Bottle of Drink
£9.99

Mega Bucket
8 Pieces of Chicken, 4 Chips, 6 Spicy Wings, 6 BBQ Ribs & 1.5 ltrs of Soft Drink
£13.99

Family Bucket
8 Pieces of Chicken, 4 Chips, Large BBQ Beans or Large Coleslaw, 4 Chocolate Donuts
£10.99

Chicken Buckets
6 pcs & 3 Chips £8.35
10 pcs & 4 Chips £10.99
16 pcs & 6 Chips £16.90
20 pcs & 8 Chips £19.90

DAILYLIFE

WEDNESDAY

BAROQUE and Classical Music Concert, Stowe House, Buckingham. An evening of baroque and classical music from Stowe School musicians. Evening starts at 7.30pm. £7.50, to include wine and canapes
Web site: www.shpt.org
E-mail: lpedley@stowe.co.uk

THURSDAY

WOMEN'S walking network organised by The Parks Trust. Get to know your city's parks better and meet new people. Meet at the car park next to Wolverton Mill . 10-12 noon. £1 per person.

AN Evening with Rory McGrath at Waterstone's, Midsummer Place Milton Keynes. The star of 'They Think its All Over' and 'Three Men in a Boat' Rory McGrath will be in store to talk about his biography 'Bearded Tit: Confessions of a Birdwatcher'. The event starts at 6.30pm and should end around 8pm. Tickets are £3 and can be purchased in store or over the phone: 01908 395384
Web site: www.waterstones.com

WOMEN in Business Network, Wavendon Golf Centre. 12-2pm. £18. Networking lunch organised by WIBN's North Milton Keynes Branch.
E-mail: alison@wibn.co.uk
Contact: Alison Shemwell On 0845 8680932

SATURDAY

Book Signing with John Connolly at Waterstone's, Midsummer Place signing his latest book in the Charlie Parker series 'The Reapers'. John Connolly's novels are a brilliant read so come along and meet the man himself. John will be signing from 12.30pm. Please arrive early to avoid disappointment. 01908 395384
Web site: www.waterstones.com
E-mail: manager@miltonkeynes-midsummer-place.waterstones.com
Contact: Matt Grabham

HAZELEY Wood Now & Then. Planted 14 years ago, Hazeley was created to mature alongside the city. Discover how the wood has changed. Meet at the far west end of H4, Dansteed Way.

MEGA sale of cardmaking and scrapbooking supplies Yardley Gobion Village Hall. 11am-2pm. Free parking. Tea and coffee available. Demonstrations of various products throughout the sale. There will also be some Games Workshop products and will be taking orders for new army deals. Cash only.
Web site: www.jayzcrafts.com
Email: julia@jayzcrafts.com

WILD about wild flowers, batty about bats or mad about moths, join the Parks Trust junior rangers for a day-long walk. Bring a packed lunch and meet in the car park off Newport Road, just south of H8, Standing Way.
Walton Lake, 10am-4pm. £1 per person.

Vinaha Productions present the first African film month in Milton Keynes. The opening night features Gambian film 'Arrou'. The event is held at Madcap Arts Centre, Creed Street, Wolverton. 7pm. Tickets £5 and £2 for concessions.

SUNDAY

ARCHAEOLOGY Day at Stowe House, Buckingham. A full day of talks by expert speakers along with guided tours around the house and gardens, focusing on the role of archaeology in Stowe's restoration. 10am-5pm Tickets £20, including a sandwich lunch and refreshments. Booking is essential.
Web site: www.shpt.org
Email: lpedley@stowe.co.uk

■ Publicise your event free in the DAILY LIFE column

e-mail: david.gale@mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

PARKLIFE

Picnic in the park and feed the ducks

CELEBRATE a spot of sunshine by packing a picnic and inviting some friends for an impromptu gathering in your local park.

No one in Milton Keynes is ever more than half a mile from a park – which makes taking advantage of the weather and the fantastic backdrop of lakes, woodlands and river valleys easier than ever.

Why spend any time in a hot car when you can be at a park within minutes?

Take a short stroll through Campbell Park towards the cricket pavilion and you will discover a haven of tranquillity.

Just beyond the cricket green nestling next to colourful canal boats is a watery oasis.

The two ponds here provide a perfect spot to picnic with the added attraction of wonderful wildlife and, of course, a great opportunity to feed the ducks.

Shenley Wood, near Shenley Church End, offers sunlit woodland glades where wildflowers can be discovered as hidden gems amongst the greenery.

It has a number of picnic tables and provides a quiet and restful place to listen for woodland birds or enjoy the fluttering of butterflies, including the orange tip, holly blue or speckled wood.

Ouse Valley Park, near Stony Stratford and Wolverton, is an idyllic and romantic place for a picnic for two.

It has gentle rolling countryside that sweeps down to the river with trees offering shade from the hot summer sun.

Its paths meander with the river and provide the opportunity to see swans, ducks and the bright electric blue flash of the kingfisher.

The woodland and open spaces of North Willen Lake provide a peaceful setting with stunning views and a glistening watery backdrop to discover a wide variety of wildfowl.

Watch swallows and sand martins as they perform their acrobatics across the lake's island and shimmering surface.

The park's paths are pushchair-friendly and provide an easy to follow circuit around the lake.

If you are looking to meet people and entertain the kids, whatever their age, head to South Willen Lake. Lakeside there a restaurant, bar and cafe that provide refreshments.

For younger children there's a play area and the older ones can take advantage of the high ropes course or water sports.

The Parks Trust is keen to hear about your favourite Milton Keynes picnic spots and why please email us info@theparkstrust.com

Many of our parks offer picnic tables and paths that are accessible for all.

■ For details of other parks perfect for picnicking visit our website www.theparkstrust.com

TASTELIFE

VODKA REVOLUTION

Unit 4b, Xscape, Central Milton Keynes
01908 679 875
Reviewed by Laura Hannam

WHEN the MK News team heard that Vodka Revolution serves food the response was unanimous – surprise.

This is why manager Graham Knowles wants to spread the word that the bar does indeed offer an extensive menu, which will be new and improved from May 13.

The bar serves food every day from 11.30am until 8pm.

For starters we ordered the large chicken nachos, which were good value at £6, loaded with good helpings of all the usual cheese, salsa, guacamole, sour cream and jalapenos.

For the main course my guest tried the bar's current special, the Vodka Burger (£6.95), which has been so successful it will be included on the new spring menu.

The grilled 6oz burger was topped with chilli vodka tomato salsa, Monterey Jack cheese, jalapenos, onion rings, tomatoes, baby gem lettuce leaves and mayonnaise and served with chunky chips and coleslaw.

My guest said the vodka gave it a bit of a kick and the beef was good quality.

I ordered the Caspian burger (£5.30), a delicious cod and haddock burger spiced with fresh herbs and a little red chilli served with tomatoes, cos lettuce and mayonnaise.

For dessert we ordered hot waffles and ice cream (£3) served with strawberries and warm chocolate brownies and ice cream (£3), which were very rich.

And what better to wash all this down with some of the bar's special international cocktails, including the Polski Punch inspired by Poland, with Zubrowska Bison Grass vodka blended with Teichenne apple liquor, pear puree and cranberry juice and the Swedish Pert Peach with Absolut peach and raspberry flavoured vodka shaken with raspberries, Chambord raspberry liquor and a dash of cloudy apple juice.

All of the meals were excellent value with large portions. I recommend popping in from May 13 to check out the revamped menu.

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Venue: Old Bath House, Wolverton.

Date: Monday 6:00pm to 7:00pm
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For further enquiry contact Urja on 01908366640
www.pagravdance.com

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Friday 16 May - 8pm
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Top tribute take you back to the time when Queen topped the charts!
Tickets £17.50

Friday 16 May - 8.45pm
ACOUSTIC STAGE – HORSES BRAWL
A cutting-edge take on early and traditional music with Laura Cannell and Adrian Lever.
Tickets £9.50 in advance, £11.50 on the door

Saturday 17 May - 8pm
BARRY CRYER
Still Alive
Take a wander through Barry's life with nostalgic jokes, songs and stories!
Tickets £16.50

Sunday 18 May - 8pm
GLENN MILLER ORCHESTRA
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Funky Soul Party – Saturday 7th June – £25.00pp
Buddy Holly & The Crickets – Thursday 12th June – £20.00pp

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WAVENDON, MILTON KEYNES

Tuesday 20 May 8pm
KING CREOSOTE
Indie rocker, highland balladeer and Fence Collective frontman tours his new album Bombshell.
Tickets £12.50

Wednesday 21 May 8pm
DOMINIC MILLER & NEIL STACEY
Sting's guitarist (Miller) teams up with jazz guitar genius (Stacey) for some virtuoso picking and plucking.
Tickets £17.50

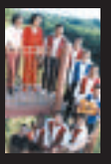
Monday 26 May 8pm
MELANIE
Brand New Key singer-songwriter, backed by her son Beau on guitar.
Tickets £25, £27.50

Tuesday 27 May 8pm
ELECTRIC STRAWBS
Britain's most successful folk-rockers, back with their classic 70s lineup.
Tickets £19.50

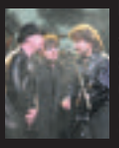
Thursday 29 May 8pm
THE BOSSHOSS
Yee-haw, y'all! Country trash punk rockers cover Britney's Toxic, OutKast's Hey Ya! plus other pop and hiphop classics.
Tickets £14.50

Wednesday 4 & Thursday 5 June 8pm
STEVE HARLEY & COCKNEY REBEL
A FEW SEATS LEFT!!
Tickets £29.50

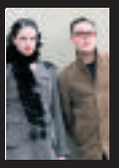
Sat 7 June 8pm
SARAH JANE MORRIS
Soulful, seismic stuff from The Communards' singer best known for Don't Leave Me This Way.
Tickets £16



Tuesday 10 June 8pm
CANDIDO FABRE
Sizzling salsa singing from top Cuban 14-piece band.
Tickets £15, meal deal £25



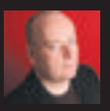
Friday 13 June 8pm
JIVE TALKIN' – THE BEE GEES STORY
Get down to The Stables for some (Friday) Night Fever!
Tickets £17.50



Tuesday 17 June 8pm
THE WONDER STUFF ACOUSTIC
Miles Hunt & Erica Nockalls in acoustic mood, touring classic Wonder Stuff hits such as Dizzy & Size of a Cow.
Tickets £12.50

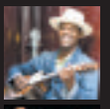
Thursday 19 June 8pm
BETH ROWLEY
Star of tomorrow tours her album Little Dreamer – a few seats left.
Tickets £12.50

Now on sale:

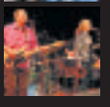


Friday 23 May
IAN SHAW sings RAY CHARLES

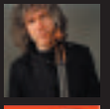
Sunday 1 June
THE SWINGCATS



Thursday 12 June
ERIC BIBB

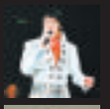


Sunday 22 June
DAVE KELLY & CHRISTINE COLLISTER

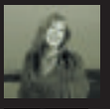


Thursday 26 June
STEVEN ISSERLIS

Saturday 28 June
MIDGE URE



Wednesday 2 July & Thursday 3 July
ONE NIGHT WITH ELVIS



Friday 4 July
DEBORAH BONHAM

Saturday 5 July
BRENDON BURNS

Tuesday 8 July & Wednesday 9 July
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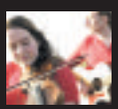
Saturday 19 July
THE RING OF FIRE

Friday 25 July
ANDY FAIRWEATHER-LOWE

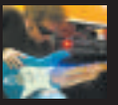
Coming soon in Stage 2:



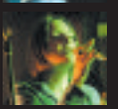
Friday 16 May 8.45pm
ACOUSTIC STAGE - HORSES BRAWL
A cutting-edge take on traditional and early music.

Thursday 22 May 8.45pm
ACOUSTIC STAGE – CHRIS CORNEY & KAREN NASH
Two 45-minute sets of alt-country & folk with pop-laden hooks.

Wednesday 28 May
WORLD STAGE – SAMAY
Reinventing Indian music with touches of jazz, flamenco, samba, funk and chill-out.



Friday 30 May
ACOUSTIC STAGE – NED EVETT
Fretless guitar wizard performs on custom glass fingerboards. Currently on tour with Joe Satriani!



Tuesday 3 June
JAZZ STAGE – SHIFTING SANDS QUARTET
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Tickets for all shows are £9.50 in advance or £11.50 on the door

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MK BUSINESS

Mascot Olympics a winner

THE Theatre District has scooped a major award.

The district was named as winners in the BCSC Purple Apple Marketing Awards 2008 in the Best Single Event category for their 2007 Mascot Olympics.

The awards reward effective marketing across the whole of the retail and leisure industry and the Mascot Olympics were acknowledged by the judges as a brilliant idea, well planned and executed, an event that created fun and excitement and met all objectives at very little cost.

Sara Mills, marketing manager of the Theatre District, accepted the award at the ceremony at Wembley Stadium and said: "I am absolutely delighted the Mascot Olympics has been recognised at this level, especially considering we were working with tiny budgets and were up against the best of the shopping centres from around the country. I was shocked to hear the Theatre District called as a winner as it is the first time we have entered and I know they received over 120 entries."

The Mascot Olympics will again return to the Theatre District as part of Big Moo2 on July 12 this year for more chaos and laughter.

To keep up to date on other events in the Theatre District visit www.theatre-district.co.uk or contact Sara Mills on 07870 999 662.

Spectacle lens maker celebrates ten years of growth

A SPECTACLE lens manufacturer is celebrating ten years at its base in Milton Keynes.

Nikon Optical UK Ltd started in Tanners Drive, Blakelands in April 1998 with eleven members of staff and has grown steadily over a decade.

Within two years the manufacturer had full service running in the UK and increased its work force to 50.

Now with over 110 staff at their UK base in Milton Keynes it is well known by the optical industry and consumers as a manufacturer of spectacle lenses at the premium end of the quality scale.

Their products are distributed via Nikon Approved Laboratories and high street optical practices.

Martin Thompson, managing director of Nikon Optical UK Ltd, said: "Over the past 10 years we have gone from strength to strength in the UK by providing our customers with a high level of product and service.

"As the company has grown, so has our number of staff, and we employ over 50 people from Milton Keynes and many more from surrounding areas."

"Being customer driven with a market focus has enabled us to establish ourselves as a well known, highly reliable company.

"We are very proud that consumers ask for our lenses by name and, we aim to continue to grow at a steady rate over the next 10 years and beyond."

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Dealing with an office romance

LOVE is in the air, but not the office.

Alfred Lord Tennyson once said: 'In the Spring a young man's fancy lightly turns to thoughts of love'.

Put simply, this means that you may find yourself increasingly attracted to a work colleague, who may have made it blatantly clear they feel the same way.

And while it turned out well for Lauren Bacall and Humphrey Bogart, those indulging in romances at work need to carefully consider how they behave.

Employers, some of whom have tried to ban workplace romances in the past, need to realise these relationships are as much a part of office life as water coolers and Secret Santa.

The key is to ensure that any potential romance doesn't impact negatively on the job specifically or the workplace in general.

Stephen Seymour, of HR, training and recruitment consultancy The Urquhart Partnership said: "Let's face it, these things happen. Having said that though, the last thing employers should have to deal with is the fall-out from an office romance.

"People have a right to a personal life and to privacy. But where work is involved, certain etiquette needs to be followed, on both sides.

"The advice for employers is to be sensitive. Where in the past a very dim view was taken by managers when staff had relationships, things have moved on since then.

"The only real justification for becoming involved is if there is, for whatever reason, a negative impact on the workplace as a result of the relationship, whether it be colleagues having to deal with the couple being too full-on and demonstrative in the office or assignments simply not getting done.

"As with any other performance-related issue, the manager then needs to address the specific problem at hand, discuss solutions and monitor the employee's progress. They really shouldn't make any exceptions or special cases just because there is an ongoing relationship."

Top office love tips

■ Be clear what you're getting yourself into from the start. If it's likely to be a flash in the pan, is there any point on taking things further?

■ Be savvy. Don't abuse the IT system and send each other love notes over e-mail and don't hang around the object of your affection's desk chatting endlessly when there's work to be done. A short phone call at lunchtime, or after work, to check out their plans is more suitable

■ Behave appropriately. Save shows of affection for the pub after work or at home. Be up-front. As and when the word does get out be honest and admit you're in a relationship, this will help nip any gossiping in the bud.

■ Stay professional – basically keep work and personal issues separate, don't start arguing about who's turn it is to wash the dishes or who said what in the heat of an argument while you're in the office

■ If you supervise, or have any influence over what happens to your partner from a work perspective, you need to be very upfront and make sure that a senior manager is aware.

■ And if it doesn't go well, resist the temptation to tell everyone how bad your ex is. Be polite and move on.

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Potential candidates are invited to visit the school to meet staff and students prior to application.

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All appointments at Biddenham Upper School are subject to enhanced CRB clearance

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MKNEWS

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(Applications from NQTs are very welcome)

Denbigh School has received national recognition from the DSCF for its excellent GCSE performance in 2007. Denbigh is amongst the top 50 performing schools in the country for sustained improvements in the number of students achieving 5+ A*-C GCSEs, including English and Maths which stands at 61%.

This exciting and rewarding opportunity has arisen for an enthusiastic and self-motivated individual to demonstrate their ability to deliver best teaching practice in their specialist subject within a forward thinking and innovative school environment.

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- Enthusiasm and commitment

In return, we can offer:

- An innovative and forward thinking school
- A culture of success and high expectations
- A well-ordered and disciplined learning environment
- A student-centered approach
- Continuous professional development
- Successful and hard-working Faculty Teams
- A laptop computer and ICT training

If you feel you have the appropriate qualifications and skills for this role we would like to hear from you. Closing date for applications is Wednesday 4th June 2008.

For an application pack, an informal chat or to arrange a visit to the school, please contact Frank Purcell, HR Adviser on 01908 330545.

Denbigh School, Burchard Crescent, Shenley Church End, Milton Keynes. MK5 6EX. Tel: 01908 330545 (direct dial) Fax: 01908 505279. For more information about Denbigh School, look at our web pages – www.denbigh.net

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- 25 days holiday per year
- Regular training - office and field
- Contributory Pension and Healthcare after qualifying period
- Modern new offices next to Willen Lake

MK News is the local newspaper for Milton Keynes and has gained a reputation for delivering quality news coverage, and advertising that provides results for our valued clients. Due to our success, we are now looking for another Field Sales Executive to join our team.

This position would suit an outgoing individual who is confident talking to local businesses at Managing Director and grass roots level. Although a proven track record selling advertising is not essential, sales experience would be useful.

The role consists of nurturing existing business and developing new clients by telephone and face to face. The successful candidate will be working with a team of vibrant people who are passionate individuals, united in their goal to achieve the best for their clients, their colleagues and the continued growth of MK News.

If you believe you have the skills, drive and that 'certain something' to join our team, please contact Tracey Yoemba, Field Sales Manager on 01908-242490 for an informal chat. Alternatively, email your CV with a covering letter to tracey.toemba@mk-news.co.uk

MKNEWS

LSNmedia

As a member of Iliffe News & Media we also publish weekly newspapers and websites across Herts, Beds, Bucks, Cambs, Essex and the Midlands.

It is the company's policy to employ the best qualified personnel and provide equal opportunity for the advancement of employees including promotion and training and not to discriminate against any person because of sex, race, pregnancy, disability, marital or family status, ages, sexual orientation, religious beliefs or trade union membership.

Over 139,000 people in Milton Keynes read MKNEWS every week

MAKE SURE OUR READERS SEE YOUR ADVERT...

Call 01908 242490 or email advertising@mk-news.co.uk

MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

Milton Keynes COLLEGE

Due to continuing growth we now have the following opportunities:

Variable Hours Lecturer: Computing & IT

Hours: Part-time
Salary: £16,976 - £30,700, pro rata, per annum

Closing date for the above position: Wednesday 28th May 2008

We want to develop a more diverse workforce and positively welcome applications from all sections of the community

For full and further information and job description with an application pack, please log on to www.mkcollege.ac.uk or contact the recruitment answer phone on 01908 684327 or e-mail recruitment@mkcollege.ac.uk

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults.

Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
- FlexibleWorking Hours
- FriendlyWorking Environment
- Childcare Vouchers

Milton Keynes College is student focussed, positive about change, and values its people. Our success is due to our staff, culture and belief in working in partnership with others.

Please note: All positions require a CRB (Criminal Records Bureau) check.

COMMUNITY MOBILISER

Fixed term 37hrs per week to Mar 09
Continuation subject to further funding
£19,463 - £20,736

We require an exceptional candidate, able to work with people from all backgrounds and excited at the prospect of making communities stimulating and vibrant places to live. MKCVO are in the position to employ a community development worker who will join the existing, highly regarded Milton Keynes Community Mobiliser service.

Do you empathise with the obstacles facing disadvantaged children, young people, their families and communities? Are you committed to the principle that they 'know best' about their own needs? Are you able to support and motivate people of all ages and backgrounds without making them dependent on you? Are you able to adapt to new situations requiring new skills?

Working from schools and other community venues, you'll help 'mobilise' children, young people, their families, and voluntary and community groups to improve their quality of life.

For an informal discussion or application pack please contact David Livermore tel 01908 661623 or e-mail general@mkcvo.co.uk. Or download from www.mkcvo.co.uk

Please note we do not accept CV's.
MKCVO welcomes applications from suitable candidates regardless of age, gender, disability, faith, ethnicity or sexual orientation. Charity No: 1092047 & Company No: 4279401

Closing date: Friday 30th May 12 noon

Heronsgate

The School for Key Stage 2

Raising Achievement through Partnership and Commitment

CLASS TEACHER

Temporary 1 year contract initially

Heronsgate is "A School promoting Success through Partnership & Commitment". We are a popular school on the eastern flank of the new city and as part of the Walton Partnership we enjoy an excellent reputation and are a well respected part of the community.

We require a full-time class teacher to be part of our Year 5 team. You will be joining very supportive colleagues who plan collaboratively and work together as a "family". Our current roll is 430 pupils aged 7 to 11 years.

The successful candidate will have to meet the requirements of the person specification in order to be offered the post and will be subject to an enhanced CRB check. We are an equal opportunities employer and visits to the school are strongly encouraged to view the high level of support and quality of resources. The school has a good reputation for developing staff and is a great place to work.

Please telephone or e-mail for an application pack.

Closing date for applications: 9am on Wednesday 21st May 2008
Interviews: the morning of Friday 23rd May 2008

Heronsgate School, Lichfield Down, Walnut Tree, Milton Keynes, MK7 7BW
Tel: 01908 550811 Fax: 01908 605273
E-mail: achieve@heronsgate.biblio.net

The place to inspire

Germander Park School

Admin Assistant

£15,153 - £17,781 pro rata - 22.5 hours per week
38 weeks per year

Working 9am to 1.30pm Monday to Friday, providing admin support to a busy school office.

SIMS.net experience would be an advantage.

You will have experience working within an office environment dealing with the public. With good organisational skills you will be able to work on your own inititative and as part of a team.

An enhanced CRB check will be required.

For an application form please contact Debbie on MK 674620.

Closing date: 23rd May 2008

We are an Equal Opportunities Employer

It's ability not disability that counts

MILTON KEYNES COUNCIL

Immediate start for the right person

M&E Building Services Design

Draftsperson operating AutoCad
Hours Negotiable -
Pay Negotiable

Broughton, Milton Keynes

Contact 01908 395603

Cleaning In Bletchley

Monday & Thursday
2hr per day
Any time after 1pm
£6 per hour
01908 665446

MKNEWS

The place to be

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Anti Social Behaviour Case Workers (2 posts) Fixed Term for 3 years

£23,749 - £28,172

Post 1: Ref: 50016979/MKN
Post 2: Ref: 50016980/MKN

Working within a multi agency setting you will be required to deal with reports of anti-social behaviour. This will include maintaining filing systems, case records, and incident reports, signposting reported incidents to the relevant organisation, and recording and producing statistics. Experience in a legal or enforcement environment, a detailed understanding of relevant legislation, and good communication skills will be vital.

For informal enquires please contact Martin Tootell or Dave Goodwin on 01908 253200.

Closing date: 30th May 2008.

Home Carer

£13,062 - £15,470

Post 1: 20 hours per week PM Ref: 50016048/MKN
Post 2: 24 hours per week AM Ref: 50016017/MKN
Post 3: 16 hours per week AM Ref: 50016014/MKN
Post 4: 20 hours per week AM Ref: 50015632/MKN
Post 5: 18 hours per week Nights Ref: 50015691/MKN

Take on this rewarding role, and you will provide care and support to people living in their own homes. Your varied duties will include personal care, preparing meals, administering medication, and helping with shopping. Willing to undertake training and work on a rolling rota, you will have good communication skills.

Closing date: 23rd May 2008.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk Call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

We are unable to accept CVs, unless accompanied by a completed application form.

We are an Equal Opportunities Employer

It's ability, not disability that counts

MILTON KEYNES COUNCIL

The place to inspire

WOOD END FIRST SCHOOL
Redbridge, Stantonbury, MK14 6BB
Tel: 01908 316424 Fax: 01908 316424
Email: woodend.school@milton-keynes.gov.uk
School web address: www.woodend.org.uk

Foundation Stage Teacher

Salary on Main Pay scale according to experience
Full-time
Starting September 2008

We are looking to employ an enthusiastic practitioner with flexibility, energy, commitment and a sense of humour to join our small school.

We need an excellent class practitioner with high expectations who has the skills and capabilities to also lead liaison with our new children's centre and on site playgroup. Experience of working with this age group is desirable. Applications from experienced and newly qualified teachers are warmly welcomed and visits to the school are encouraged by appointment.

Please contact Julie Tweed (Administrator) on (01908) 316424 for an application pack.

Applications must be made on an official application form.

Application packs are available from the school office.

Closing date: 23rd May 2008. Interview date: 10th June 2008.

We are an Equal Opportunities Employer

It's ability not disability that counts

MILTON KEYNES COUNCIL

The place to be

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Pre School Specialist Teacher for Inclusion

TPS + 2 SEN points Ref: 50015872/MKN

You will gain valuable and wide-ranging experience as you co-ordinate special needs provision within Cedars Nursery, particularly for children with statements of special educational need, while providing peripatetic home support. You'll also teach for up to three hours per week in the nursery during term time.

Your experience of successfully supporting children in the foundation stage, teaching children with special educational needs, and working in partnership with parents and carers will be backed up by qualified teacher status. A strong communicator, you will bring knowledge of the SEN code of practice and the Early Years Foundation Stage Curriculum.

The post has become available due to the retirment of the current post holder.

For informal enquiries please contact Lesley Kahney, Early Years Inclusion Team Manager, on 01908 252254 and Steve Kelly, Acting Headteacher - Cedars Combined School, on 01908 610561.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk Call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

Closing date: 30th May 2008. Interview date: 13th June 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

We are an Equal Opportunities Employer

It's ability, not disability that counts

MILTON KEYNES COUNCIL

MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

RJS ELECTRONICS LIMITED

is a small, local rapidly expanding organization. We distribute electronic components to Equipment Manufacturers. We now have a new position to fill within Internal Sales in our Bedford Head Office
The position is full-time and requires the successful candidate to grow Sales through a variety of Customer Contact methods. It is likely the candidate has had previous experience in the Electronic Components Industry.

Please forward CV's with covering letter to Rick Sucher at sales@rjselectronics.com Tel. 01234 213600

RJS Electronics LIMITED

HGV Drivers

Join an Agency established 28 years

We require all classes for Permanent and Temporary Positions

Top Rates Paid

Tel: 01908 309637 / 633521
e-mail sonia@dandp.uk.com

BETTERWARE DISTRIBUTORS required. £40-£80 per week part time.No costs. Flex hours. 08451255000 For management vacancies 0121 693 2677

Experienced Indesign layout copy editor required for freelance work with Bedford legal publishing company. Please ring Janet Pearson HR Officer on 01234 844350

Kick start your career!

RECRUITMENT DAY

LA Fitness,
Bedford Heights, Manton Lane,
Bedford MK42 7PA
Wednesday 21st May
9am-7pm

Deputy Club Manager • £16-20K OTE £25K
Membership Sales Advisors • £12-16K OTE £24K

With almost 100 clubs and over a quarter of a million members. LA Fitness is one of the UK's most popular health an d fitness operators. Join us and find out why we're not only a favourite for customers, but for careers too! We offer a supportive, varied and invigorating environment where you can really fulfill your ambitions.

Tel: 01234 353800 or Email:
bedfordheights@lafitness.co.uk
email: recruitment@lafitness.co.uk

La Fitness is committed to equal opportunities and actively welcomes applicants of all ages.

feel great about your future

Dental Nurse
You have an opportunity for a career as a dental nurse. We will provide training and qualification route if you require it. Placement available at Sandy or Kempston.
Call Karren
01234 405050

Receptionist
(2 days part time)
How about joining our dental team as a dental receptionist helping patients at reception?

EXPERIENCED BLIND & CURTAIN FITTER

required
Must have clean driving licence
Contact Greig 07903 339789
or
Jim 07956 653325

Looking for the perfect opportunity?

Due to continuing growth we have some exciting vacancies

Hairdressing Apprentice
- Ideal for school leaver
- Weekly day-release programme to MK College

Part-time Receptionists
- Excellent customer service skills
- Immaculate personal presentation essential
- Must be PC literate
- Morning and evening shifts available

Call Debbie for an application pack on 01908 505 515

ARCANA
hair, beauty & specialist treatment centre

Brook Day Nursery - Sharnbrook Upper School

Sharnbrook is an outstanding school (Ofsted 2006) of some 1800 student (Sixth Form 600).

Nursery Nurses

Salary: NJC 7 - 8

Due to expansion, we are looking for 2 Nursery Nurses (NVQ level 2/3 or equivalent) to job share, between the hours of 8am - 5pm, term time only. The posts will involve working the baby unit and with the 2 – 5 year olds.
Candidates must be flexible and have knowledge of the Early Years Foundation Stage.
The posts will be to start as soon as possible.
Please refer to the school website or call the school main office for an application form and job description.
Closing date for applications: 23rd May 2008
Interview Date Week beginning: 2nd June 2008
All applications are subject to CRB Clearance and references.

A 13-18 Comprehensive Upper School
Odell Road, Sharnbrook, Bedford, MK44 1JL
Tel: 01234 782211 • Fax: 01234 782431
Email: information@sharnbrook.beds.sch.uk

MUCKY PUPS

Watling Street, Little Brickhill,
Buckinghamshire, MK17 9LR
Telephone: 01525 261992 or 07818 424261
e-mail: paula@muckypupsnursery.com
www.muckypupsnursery.com

REQUIRED ASAP:

Flexible, qualified (NVQ Level 2/equivalent or above)

NURSERY NURSE

To work in the Little Piglet Room, caring for children aged 18 - 24 months.

Please e-mail: paula@muckypupsnursery.com with a current CV and contact details or post your application to the above address.

Site Maintenance Engineer

We are a well known Warehousing & Distribution company in the Milton Keynes area, and we are looking to recruit a part time Maintenance engineer.

The successful applicant will preferably have both Mechanical & Electrical experience, and have the relevant common sense and overall ability, to be able to turn their hand to the general needs and requirements of the site.

The post may suit someone who has or is reaching retirement age from the maintenance Industry.

Hours of work will be 0800 – 1400hrs Monday to Friday.

Salary will be £8p/h

Benefits include an opportunity to join the Company's Medical Insurance Scheme after a successful probationary period has been completed.

If you feel that you have something to offer, and would like to be considered for this position, Please contact Box Number 59256. 1 Diamond Court, Fox Milne, Milton Keynes. MK15 0DU

We look forward to hearing from you

www.bedfordcharity.org.uk

The Bedford Charity

Education Projects Officer

Not less than £37,000 - 2 year fixed term contract

The Bedford Charity (The Harpur Trust) is a local grant making charity operating in North Bedfordshire. The Charity has four schools with over 4000 pupils, owns 38 Almshouses units and employs over 1400 people.

We are looking for an Education Projects Officer based at the Charity's office in Bedford. You will coordinate and manage the Charity's varied and increasing involvement with schools in the maintained sector and external educational projects including the possible sponsorship of an Academy. You will also be responsible for defining, enabling and coordinating the Charity's involvement with several local school trusts, providing advice to the Chief Executive and acting as a link between the Charity and trust schools in the state sector.

This position is offered on a 2 year fixed term contract or as a secondment opportunity, with the possibility of extension or permanent contract. The successful candidate will have a sound understanding of maintained sector education, be flexible, highly organised, with excellent communication skills and looking for a challenging and rewarding role.

Please contact Sandra McMullan on 01234 369500 for an application pack or email her at smcmullan@harpur-trust.org.uk

Closing date: 3 June 2008 at 1.00pm
Interview dates: 13 June and 18 June 2008

The Charity is committed to safeguarding and promoting the welfare of children and is an Equal Opportunities employer.

Career Opportunities with

kids play

CHILDCARE IN MILTON KEYNES

Due to expansion of our popular Breakfast, After School, Holiday Clubs & Day Nurseries applications are invited for the following positions

Childcare Assistants

To work alongside our existing team based at one of our Milton Keynes childcare settings. Applicants would ideally have previous experience in a similar role and be willing to train to a minimum Childcare NVQ level 2.

Childcare Practitioner/Deputy Manager

Qualified to a minimum NVQ level 3 in early years or equivalent. To build on the success of our Childcare settings across Milton Keynes.

Apply in confidence to Sharon Elliott, Kids Play Ltd, Activity Land, Roebuck Way, Knowlhill, Milton Keynes, MK5 8HL
Tel: 01908 209216
Email sharonelliott@kidsplaychildcare.co.uk

BMH

Your Partner in Construction

SENIOR ESTIMATOR AND SENIOR SURVEYOR

BMH is a highly respected general contractor based at their prestigious offices in Bedford operating generally in the Home Counties but extending down to the South Coast and up to Carlisle.

We undertake a broad range of projects which embrace social housing, care homes, commercial and industrial developments as well as major residential refurbishment, up to the value of approximately £20 million.

Due to planned and continued expansion we now have vacancies in the key roles of Senior Estimator and Senior Surveyor.

These challenging and very exciting opportunities would suit candidates who seek career progression with an expanding contractor and who are prepared to work hard to achieve results.

Ideally you should possess extensive knowledge of the Design and Build process.

A good knowledge of computerised measurement and estimating systems would be an advantage for the Senior Estimator position.

In return we offer an excellent remuneration package that incentivises and recognises results.

Please apply in writing enclosing your CV giving full details of previous experience to:-

Stephen Bellamy, Managing Director, BMH Construction Company (Clifton) Limited, Fraser Road, Priory Business Park, Cardington Bedford MK44 3WH. Tel 01234 834400

e-mail: s.bellamy@bmhconstruction.co.uk

BMH is an equal opportunities employer

Be part of accident prevention....

THSP

Established in 1992, THSP is a major player in the health and safety industry, providing a full range of consultancy services to a growing client base nationwide. We are looking for the following staff to join our growing team at our office in Sandy:

Account Executive

Joining our new team you will be responsible for ensuring the smooth delivery of our services to our clients. We are looking for someone with strong communication and organisation skills who can build strong relationships with others. This is a full time role offering a competitive salary package, including Private Medical Insurance and pension scheme.

Telesales Executive

We are looking for a self-motivated, outgoing person to make business to business calls to gain appointments for our field sales team. You must have an excellent telephone manner although previous telesales experience is not essential. This is a full time role offering a competitive salary package, including Private Medical Insurance and pension scheme.

If you think either position is for you please apply in writing stating salary expectations and availability with a CV to The HR Dept, THSP, 16a Market Sq, Sandy SG19 1HU or staff@healthandsafetypeople.com

Closing date for applications is 16 May 2008

We are an equal opportunities employer.

INVESTOR IN PEOPLE

Audi
Vorsprung durch Technik

Audi Sales Executive

Bedford Audi

Here at Audi, we're right on track to become 'number one premium car brand' by 2015. To do this, we need to recruit talented and motivated people with a real desire to succeed. As an Audi Sales Executive, you will have persuasive skills and natural charisma, as well as a track record of hitting sales targets while maintaining the highest standards of honesty and integrity. You will be expected to:

- Build excellent relationships with customers and fellow staff
- Develop great product knowledge to help meet the needs of customers
- Negotiate fairly and effectively
- Sustain and improve upon our exceptional sales record

To apply, please email your full CV quoting reference number to: recruitment@vindisgroup.com
or post it to: HR Department, Vindis Group Audi Centres, Northampton Audi, Weedon Road, Northampton, NN5 5DH

Please be aware that all applicants must be available to attend interviews at Mitchell Hall, Cranfield University on **22 May at 10:30am**

ref AUDIB188

PEMBURY GROUP
LGV DRIVER REQUIRED

An experienced Category C LGV driver with digital tacho driver card required for steel & fencing deliveries to our sites.

PLEASE CALL FOR MORE INFORMATION ~ 01480 474400

THOMPSON & CO
Require
Payroll Administrator
(20 hours p. week)
Sage Payroll exp essential
To apply, please email cv to: officetb@thompson-accountancy.co.uk
30a Mill Street, Bedford, MK40 3HD

MK RECRUITMENT

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Bedford & County

Administrative Assistant

Clapham, Nr Bedford c£14,000 - £16,000 negotiable

An excellent opportunity has arisen to provide administrative and secretarial support to the Manager at one of the most prestigious golf clubs in the region.

This is a proactive role dealing with a wide range of tasks and people, and as such, you will need to be self motivated, well organised and possess a confident and personable manner. You should also have good IT skills and be proficient in Word, Excel and Powerpoint.

In the first instance, applications should be made in writing to:
R.P. Walker Esq., Manager, Bedford & County Golf Club, Green Lane, Clapham, MK41 6ET or by e-mail to ray@bedfordandcountygolfclub.co.uk

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St PAUL'S CATHOLIC SCHOOL
A Specialist Science College and Training School
Phoenix Drive Leadenhall Milton Keynes MK6 5EN
Headteacher: Michael Manley

Specialist Learning Support Assistant/Communicator

Salary: St Paul's Range 3 (£18,871 to £21,080)
(Pro rata £12,467 to £13,936)
30 hours per week term time only
(15hrs as Communicator and 15 hrs as Learning Support Assistant)

To support the learning of pupils with hearing impairment needs within the classroom. The person appointed will have a good working knowledge of BSL to a standard of level 2 or upwards. The hours of work are from 8.45am until 2.45pm on Monday and Friday and 3.35pm on Tuesday, Wednesday and Thursday.

For an application form and further details please contact St Paul's on 01908 669735 or visit the schools website www.st-pauls.org.uk
Closing date for applications: Friday 23 May 2008.
Interviews will be held week commencing 2 June 2008.

NOW RECRUITING ASSOCIATES-MILTON KEYNES

RE/MAX Outstanding Agents Outstanding Results

RE/MAX are the World's largest and fastest growing estate agency network. With over 6500 offices currently open we are continuing our rapid expansion. No experience necessary as full Estate Agency training given. If you are a dynamic individual with an entrepreneurial spirit and want to be in business for yourself but not by yourself with no income limits we would like to invite you to an information evening.

60 Minutes with RE/MAX
Swan Revived Hotel
Newport Pagnell
Milton Keynes
MK16 8AR
Thursday
22nd May 2008
7.00PM - 8.00PM

Seating is limited so please confirm your attendance by calling RE/MAX Recruitment on 01908 200488 home@remax-mk.com

"Nobody in the world sells more Property than RE/MAX"

VISIT www.remax.co.uk

Experienced Car Valeter required
Must have driving licence and own transport.
Immediate start
07828 084418

CALLING ALL DRIVERS!!

10 X CLASS 1 DRIVERS REQUIRED!

For contract in Milton Keynes, no handball, £9+ per hour,

ongoing work, call Daniel Willis at Blue Arrow Driving today on 01582 418054.

Financial Controller
required for
Milton Keynes Company

Salary c£45 to £50K

Telephone: 01908 309637 / 613933
e-mail: denise@dandp.uk.com

MKNEWS

Local news **EVERY DAY** of the week

www.mk-news.co.uk

Milton Keynes COLLEGE

Executive Assistant to the Vice Principal: Higher Education

Hours: Full Time

Salary: circa £23,000, per annum

UCMK is a brand new venture for Milton Keynes College and will be a tremendous asset to the thriving progressive city of Milton Keynes. It will be a focal point for 21st century higher education and will benefit a huge number of people who will now be able to study at university level in Milton Keynes. As the Executive Assistant to the Vice Principal of Higher Education you will be at the heart of this exciting expansion.

If you are an enthusiastic team member with the following skills then this may be the ideal post for you.

As the ideal candidate you will:

- Have excellent MS Office skills – Word, Excel and PowerPoint.
- Have excellent shorthand and typing skills.
- Have experience of working at Senior Management level.
- Be efficient, reliable and numerate.
- Possess excellent communication skills (oral and written).
- Be able to work flexibly and under pressure.
- Be able to work effectively as part of a team with other assistants supporting a Senior Management Team.
- Have excellent interpersonal skills, with the ability to relate to a diverse range of people.
- Be clear and quick thinking and able to handle difficult situations diplomatically.
- Be able to take responsibility and make decisions where appropriate.

Closing date for applications: Wednesday 28th May 2008
Interview Date: Thursday 12th June 2008

We want to develop a more diverse workforce and positively welcome applications from all sections of the community

For further information and an application pack, please log on to www.mkcollege.ac.uk or contact the recruitment answer phone on (01908) 684327 or e-mail recruitment@mkcollege.ac.uk

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults.

Benefits of working for Milton Keynes College

- Training and Development
- Excellent Pension and Holiday Package
- Flexible Working Hours
- Friendly Working Environment
- Childcare Vouchers

Milton Keynes College is student focussed, positive about change, and values diversity. Our success is due to our staff, culture and belief in working in partnership with others.

Please note: All positions require a CRB (Criminal Records Bureau) check.

First rate facilities, a huge variety of jobs on offer, and fantastic benefits – all found in a uniquely tranquil environment. The Open University at Milton Keynes really does offer something exceptional for ambitious people looking to further their career.

The Open University

Faculty of Mathematics, Computing and Technology

Department Secretary, Department of Computing

£19,263 - £21,681, Ref: 4602
Temporary contract to 31 December 2009

We are looking for someone with excellent all round secretarial and clerical skills to join our team of departmental secretaries who provide support to the members of the Department of Computing, in the Faculty of Mathematics, Computing and Technology.

You will have proven secretarial experience, excellent organisational, communication and IT skills. You will have a flexible approach to your work, and enjoy supporting a diverse range of duties.

This position will have particular responsibility for co-ordinating the recruitment of research students and associated monitoring activities as well as being the Departmental Safety Officer for the Department.

Production/Presentation Assistant

£19,263 - £21,681, Ref: 4536

Would you like to become a key member of our Production and Presentation Team working in a fast paced environment? Do you enjoy working in a responsible and busy role where no two days are ever the same? We are looking for an experienced and confident person to support our Production and Presentation Team.

You will proactively maintain the Courses Database, resolve queries and produce/interpret management information; provide a comprehensive support service to the Production and Presentation Team; help to progress production and presentation activities; and provide budgetary support.

You will have a good standard of general education, and GCSEs or equivalent in English; previous office and IT experience (including databases); be able to work independently as well as part of a team.

If you are flexible and enjoy supporting a diverse range of duties we would like to hear from you.

Dept. contact: call the Recruitment Secretary on +44 (0)1908 654161 or email mct-recruitment@open.ac.uk quoting the reference number.
Closing date for both posts: 29 May 2008.

Faculty of Education and Language Studies

French Course Secretary

£19,263 - £21,681, Ref: 4609

Would you like to work in a dynamic modern faculty, in a rapidly changing environment, where the work is interesting and stimulating?

We are looking for an enthusiastic and highly-motivated person to support a team of academics and course managers in producing French courses and presenting them to students. This involves word processing course materials, assisting with preparing for meetings and residential schools, and dealing with telephone queries from students.

GCSE and A-level French (or equivalents) are essential, and a similar level of expertise in German, Italian or Spanish is desirable. You will have experience of general office procedures and good communication and organisational skills. You must have a typing or word-processing qualification and be experienced in using Microsoft applications. You will be flexible and adaptable and able to use your own initiative.

Dept. contact: call the Staffing Team on 01908 652381 or email FELS-Recruitment@open.ac.uk quoting the reference number. Closing date: 29 May 2008.

For detailed information and how to apply go to www3.open.ac.uk/employment, or tel/email the dept. contact for any queries quoting the relevant reference numbers.

Further particulars are available in large print, disk or audiotape (minicom 01908 654901).

We promote diversity in employment and welcome applications from all sections of the community.

MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

Reliance Security

ALARM RECEIVING CENTRE OPERATORS

KEMPSTON £19,163 PLUS BENEFITS

We are currently recruiting for Alarm Receiving Centre Operators to work with us on behalf of BT in Kempston.

Using telephone and state-of-the-art monitoring equipment, you will act as the remote point of control to provide an immediate response to alarm monitoring and access control requests that are received from across the UK.

You will have the ability to remain calm when responding to requests for assistance. Whilst call centre experience is desirable, you will already have an excellent telephone manner and you will be provided with full training on the systems you will be using. Your experience in using MS Office or similar IT operating systems will be an advantage.

A 10 year checkable employment/education history is essential for this role.

Please call **08712 10 22 85** for an immediate interview.

www.reliancesecurity.co.uk

INVESTOR IN PEOPLE

Top Employer 2007

Working on behalf of BT

WANTED

Friends Hair Salon requires a senior stylist with 5 years experience to join there new expanded salon. Full or part time work availble. circa £500 per week plus £500 bonus to right applicant. Conditions apply. Please send a full cv to Michele at Friends Hair Salon.

FRIENDS HAIR SALON

4 Shannon Court, Sandy Tel. 01767 682 789

Best of Both Worlds!

Meter Readers • Luton

OTE £430 per week! Be your own boss, with all the support of a major organisation. That's what's on offer at Meter-U. Part of the global Spice plc and expanding in your area, we're seeking hard working people with their own cars to read meters locally. We'll provide the training and equipment, not to mention fantastic earning potential, you just need self motivation and the desire to succeed! And it doesn't end there - if you prove yourself within the first 4 months, we'll even provide everything you need to set up your own franchise!

Call **0845 050 5102** today.

www.meter-u.com

All interviews will be held locally.

METER-U

EXPERIENCED BARISTA/ WAITER/ESS

Busy coffee shop 3/5 days/wk (incl w/e) in Olney

07737 039092 or 07971 195110

WE WANT YOU!

TRAINEE SALES CONSULTANT

WE WILL PAY YOU £200 WEEKLY BASIC + WEEKLY BONUSES WHILE YOU BECOME ONE OF THE TOP 10 EARNERS IN THE UK.

No experience needed as full training given. CAR AND MOBILE PHONE IS ESSENTIAL

CALL WENDY 0800 9177180

Class 1 Driver required for a Bedfordshire based Bulk Haulier.

Bulk Tipping experience preferred. Must be versatile, flexible and willing to spend nights out. 4 day rolling week.

Contact Dean on 01234 772131

EARN £400-£600 p/m p/t 18+ delivering and collecting catalogues in your area. (01223) 281063

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MKNEWS Advertising in the MKNEWS works and is cost effective.

COX & ROBINSON PHARMACY
BEANHILL AND NETHERFIELD

DUE TO EXPANSION WE HAVE THE FOLLOWING VACANCIES:

FULL & PART TIME COUNTER/DISPENSING ASSISTANTS

For full details and application form
Tel: (01908) 262811 or
Email: head.office@cox-robinson.co.uk

Bedford Concern for the Homeless and Rootless (BeCHaR)

Receptionist/Administrator
f/t £14,000 - £15,000

Required for busy front office. You will be working with a friendly and compassionate team to provide welfare support to vulnerable people in our community. Experience in cash handling and maintaining financial records essential.

If you thrive on challenge and enjoy helping others, we'd like to hear from you.

Application Form from: Email: admin@prebendcentre.org.uk or call 01234 365955 or 07803 590929.

Closing date: 27 May. Enhanced CRB check required.

Registered Charity no. 1006938.
An Equal Opportunities Employer

MKNEWS

Home Care Workers

Due to expansion of our services we have many vacancies for caring, reliable & flexible individuals for full & part time care work in the Bedford, Flitwick, Ampthill, Sandy, Biggleswade, Shefford, Stotfold, Kempston and surrounding villages.

- Evenings and weekends available
- Rates of pay up to £7.64 p.h. & holiday pay
- Full induction and training
- Training to NVQ level 2 available
- Mileage paid
- Experience preferred but not necessary
- Car driver preferred, but not essential

Please call Trudy or Jane on
01462 816612
www.medico.co.uk

All applicants will be required to complete a Criminal Records Bureau (CRB) Disclosure. Part of the Nestor Healthcare Group, an equal opportunities organisation.

MEDICO Nursing and Healthcare

ACE

Installation and Service Engineers

Due to increased demand for our services we are looking to increase resources in both our service and installation teams. Suitable candidates must have sound engineering knowledge of at least one of the following disciplines:
Fire detection, intruder systems, CCTV or Access Control.

For an application please call:
01234 854455

or send your CV to:
ACE Fire & Security Systems Ltd
12 Triumph Way, Woburn Road Ind Est,
Kempston, Bedford MK42 7QB
hr@acesecurity.co.uk

Recruitment Agency Listing

Drivers
HGV 1
HGV 11
7½ Tonne
Mates
Tel: 01908 633521
email
daren@dandp.uk.com

HR Recruitment Specialists
Tel: 01908 608090
email
michelle@dandp.uk.com

Solicitors and Support Staff
Specialist Recruiters
Tel: 01908 608090
email
kim@dandp.uk.com

Driver Hire MK
LGV1, LGV2 & 7.5 Tonne Drivers always required
T: 01908 371120
E: miltonkeynes@driver-hire.co.uk
driver HIRE

Specialist supplier of permanent & temporary staff for the engineering & technical industry.
01908 698345
Key Industrial Staff, 302 Witan Court, Witan Gate West, Milton Keynes MK9 1EJ
email pete.riches@key-industrial.co.uk

DRIVERS
CLASS 1
CLASS 2
7.5T VAN
MAN & VAN
Tel: 01908 540695
mk@peoplesolutionsltd.co.uk

THE RECRUITMENT SPECIALIST FOR TEMPORARY & PERMANENT OFFICE AND INDUSTRIAL STAFF
Tel: 01908 540640
Fax: 01908 540646
info@wsrs.co.uk
www.wsrs.co.uk
Working Solutions, 500 Avebury Boulevard, Central Milton Keynes MK9 2BE
Tel: 01908 540640 Fax: 01908 540646

Page Personnel
Permanent and Temporary Accounts and finance staff
Tell: 01908 240545
Fax:01908 355999
4th Floor, Acorn House, 393 Midsummer Boulevard, Milton Keynes MK9 3HP
miltonkeynes@pagepersonnel.co.uk

Do you want to work in education?

We have vacancies for:
- Primary teachers
- Secondary teachers
- SEN teachers
- Support staff

0845 603 4543
miltonkeynes@selecteducation.co.uk
selecteducation.co.uk
select/education
INSPIRING TRUST, CONFIDENCE & MINDS

If you are a **Recuitment Agency** and wish to advertise in this listing call **Claire** or **Sarah** on **01908 242490**
www.mk-news.co.uk

DSA Driving Standards Agency

Excellent benefits of working for the Driving Standards Agency include:

- Annual Holiday Allowance of 30 days (full time)
- Generous Pension Scheme
- Flexible Working Hours
- 10.5 public and privilege holidays
- Career Breaks available
- Training opportunities

DSA is an Executive Agency of DfT and is responsible for promoting road safety through improving driving standards, testing drivers and riders fairly and efficiently, maintaining the registers of approved driving instructors, Large Goods Vehicle Instructors and post test motorcycle instructors, and supervising basic training for learner motorcyclists. The DSA is a trading fund with a turnover expected to be in the region of £164 million, fully funded by fee income and revenue from non-statutory activities.

In promoting equality and diversity, DSA genuinely encourages applications from individuals from all sections of the community. DSA values diversity and aims to reflect this through its workforce.

An executive agency of the Department for Transport

SEO Deputy Head of Learning Materials
Ref: R/08/SEO/07/EXT2
Driving Standards Agency, Cardington
Starting salary from Entry (£31,231) to Pay Point 3 (£33,576)

As Deputy Head of Learning Materials you will ensure the smooth running of production and product development schedules on book, CD-ROM and DVD projects. You will develop and maintain the plan of each product's progress through marketing and development, procurement, editorial, photographic and creative, design and production stages (including reprints and revisions) and allocate work amongst the team accordingly.

The successful candidate will have experience of:

- managing teams,
- project / contract management,
- effective negotiation,
- education and / or product marketing,
- procurement,
- commercial or education publishing.

Visit www.dsa.gov.uk for an application pack including a full role profile, or alternatively please telephone 0115 901 2899 (voicemail 9am-5pm Monday - Friday only), quoting the job title and reference for the role you are applying for.

Closing date for completed applications is Monday 19th May 2008. If short-listed, you will be required to attend an assessment on either Monday 16th or Tuesday 17th June 2008 and if successful an interview on Monday 7th July 2008. These are provisional dates which may be subject to change.

MK RECRUITMENT

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Driver Hire Milton Keynes

Full Time LGV2 HIAB Driver Required

Driver Hire Milton Keynes have been appointed by a leading local company to recruit a permanent LGV2 HIAB driver on their behalf.

Interested?

Please contact us for further details and an immediate interview:

T: 01908 371120
F: 01908 371154
E: miltonkeynes@driver-hire.co.uk
W: www.driver-hire.co.uk

(AGY)

PROFESSIONAL DRIVERS REQUIRED!!

Van, 7.5t, Class 2, Class 1, for ongoing and ad-hoc work in Beds, Herts and Bucks.

Good rates of pay for the right people, call Daniel Willis today to register!

01582 418054 (agy)

Busy Mum needs help looking after a lovely little girl with special needs. P/T after school and in school holidays. Experience preferred, references essential. **(07919) 415737**

CALLING ALL DRIVERS!!

Drivers of all classes required, for ongoing contracts in MK, Luton, Leighton Buzzard, Bedford and surrounding areas.

Good rates of pay, come and work for an agency that respects you!

Call Daniel Willis 01582 418054 (agy)

SHAKESPEARE ROAD SURGERY, BEDFORD

are looking for an experienced

MEDICAL SECRETARY

15 hours per week
Knowledge of word processing and short hand skills desirable.

Please send CV to: Practice Manager, 17, Shakespeare Road, Bedford. MK40 2DZ

Closing date: 9th May 2008

MKNEWS

Senior Hair Stylist

Required for prestigious Salon in Newport Pagnell

Basic Salary up to £20,000p.a. + Commission + Subsidised Private Health + Pension Facilities

Tel: 01908 309637 / 201182
e-mail: sonia@dandp.uk.com

WOUGHTON SMALL SCHOOLS CLUSTER
(Shepherdswell, Moorland, The Willows, Oldbrook and Penwith Schools)
Milton Keynes
Tel: 01908 665418
Email: shepherdswellF@milton-keynes.gov.uk

EXTENDED SCHOOLS ACTIVITY CO-ORDINATOR

Grade 8 - £27,594 pro-rata (Pay Award Pending)
Term Time: Monday - Thursday 10:30 - 5:00
(24 hours per week)
School Holidays: Monday - Friday 9:00 - 5:00
(37.5 hours per week)

An exciting and innovative opportunity to lead and co-ordinate an extended schools' activity programme within the 5 cluster schools working with the local community.

For further information and an informal discussion please contact Sandie Jenner, Headteacher, at the number above. **Returned application forms to:** The Willows School & Early Years Centre, Fishermead Boulevard, Fishermead, Milton Keynes, MK6 2LP.

Closing date: 28th May 2008
Interview date: 9th June 2008

Our schools are committed to safeguarding children and applicants will be required to have an enhanced CRB check.

Hastingsbury Business and Enterprise College
Hill Rise, Kempston, Bedford MK42 7EB
Tel: 01234 290900
Headteacher: Martin Fletcher
Number on Roll 962 including 200+ Post 16

'Finding Talent in Everyone'

Teacher of IT or Business or Law

Full-time or Part-time - Required for September 2008
Teachers Main Pay Scale - Plus Recruitment Allowance for a suitable candidate

We require a well motivated, dynamic and inspiring teacher of Business, to join our successful and rapidly expanding Faculty. We are a dedicated, supportive and very creative team, leading the way in our Business and Enterprise specialism through exciting approaches to teaching and learning.

There are opportunities for the successful candidate to teach across the whole age and ability range including Post 16.

This role provides an ideal opportunity for a newly qualified teacher or someone looking to return to the profession after a career break.

Hastingsbury is a rapidly improving, over subscribed 13 – 19 multi-cultural community college situated on a pleasant suburban site to the south west of Bedford. The recent Ofsted report (January 2007) noted many good features and identified "good teaching that excites and stimulates."

Further information and an application form are available on our website www.hastingsbury.beds.sch.uk. Please return completed application forms to: jangosnell@hastingsbury.beds.sch.uk. The closing date for receipt of applications is Friday 16 May 2008.

Hastingsbury is committed to safeguarding and promoting the welfare of children. In accordance with the Police Act 1997 all posts in schools are subject to disclosure of criminal records.

Healthy Schools | Business & Enterprise | INVESTORS IN PEOPLE

BEDFORDSHIRE COUNTY COUNCIL *'Working towards equality'*

BEDFORD BOROUGH COUNCIL
Environment & Street Services

BIG LOTTERY FUND

Play Ranger
(two year post)
Salary £18,907 - £20,736

As a result of a successful bid to the BIG Lottery Fund, Bedford Borough Council is about to launch a new high profile, small, but high visibility Play Ranger Scheme across the Borough. We are looking for a Play Ranger to join our existing Ranger Team to develop and deliver outdoor play services using natural resources for all children across the Borough. If you like working with children, are self motivated, creative and excited by the idea of enabling a special moment of magic in a child's life that will enhance their self esteem and confidence to learn and play safely in an outdoor environment then you could have a place in our team.

This is an excellent opportunity to help a whole generation of children and young people to access play in their local area and increase their use of parks, open spaces and the natural environment.

You will have experience of working with children/youth and community groups; understand the value of play for all children/young people; have initiative and the ability to mange your own workload; possess the drive and the enthusiasm to motivate and encourage children and parents to make the most of play opportunities.

The post will require a seasonal working pattern based on annualised hours and weekend working on a rota of any 5 days from 7 days.

The post will be subject to disclosure of criminal records, in line with the Police Act 1997.

The Council is an Equal Opportunities Employer and positively welcomes applications from all members of the community irrespective of race, colour, religious belief, gender, sexual orientation, age and disability. Selection is on merit alone.

Closing Date: 27th May 2008.

For further information and an application form contact the Personnel Department, Town Hall, St. Paul's Square, Bedford, MK40 1SJ, Telephone: (01234) 221609, Textphone: (01234) 221827, email: sgadsby@bedford.gov.uk or download details at www.bedford.gov.uk

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BEDFORD BOROUGH COUNCIL – AN EXCELLENT AUTHORITY

Are you ready to join the new unitary authority? Take this opportunity to join the Council at an exciting time.

Financial Services

The Benefits and Community Welfare Unit's 'Statement of Intent' is *'to provide a high quality Benefit Service to the residents of Bedford Borough which recognises the needs of those entitled to Housing and Council tax Benefit, but seeks to prevent fraud and error entering the system.'* and we now require suitably motivated and enthusiastic individuals to help us maintain our service.

Benefit Assessor
(Ref:EBB080)
Salary £17,781 - £19,463 plus £1,000 Market Supplement (pay award pending)

Our Benefits Service was the first in the country to be judged excellent following a full inspection by the Benefit Fraud Inspectorate. You will be part of our successful team and will be responsible for the processing of Council Tax and Housing Benefit claims using a computerised system for which intensive training will be given.

Advisory Assistant
(Ref:BDE140)
Salary £17,781 - £19,463 plus £1,000 Market Supplement (pay award pending)

You will be part of a well trained, customer focused team, dealing face to face with enquiries from the public primarily concerning Council tax liability and housing and council tax benefit, although you will also provide more general welfare advice involving referral to other external agencies. We pride ourselves on obtaining the prestigious Charter Mark for the quality of service we provide our customers.

Dealing with such a large number of enquiries means your job will be a demanding one where your specialist knowledge and customer focused approach will be tested to the full, but, for the right person, it will provide a lot of personal job satisfaction.

For both posts we offer

- extensive training and support
- an attractive employment package including a final salary pension scheme and free car parking
- good prospects for progression
- a supportive team environment

Ideally you will already be working in a similar role and have knowledge of Housing Benefit and Council Tax Benefit legislation. If not you will need to demonstrate the ability to gain the knowledge quickly as you will be required to complete a comprehensive in house training programme.

You will need good communication, numeracy, and IT skills, and the ability to work well within a team. Your commitment to providing a responsive customer oriented service is essential.

The Council is an Equal Opportunities Employer and positively welcomes applications from all members of the community irrespective of race, colour, religious belief, gender, sexual orientation, age and disability. Selection is on merit alone.

Closing Date: 27th May 2008.

For further information and an application form contact the Personnel Department, Town Hall, St. Paul's Square, Bedford, MK40 1SJ, Telephone: (01234) 221609, Textphone (Minicom): (01234) 221827 email: Sgadsby@bedford.gov.uk or download details at www.bedford.gov.uk

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Leonard Cheshire Disability campaigns to change attitudes to disability, supporting 21,000 disabled people in the UK.

Communication Support Officer

Central Region — **Home Based**
£10.18 p.h. — **37.5 hours per week**
Fixed term until Dec 09

Do you have excellent communication skills, an understanding of and a commitment to the Social Model of Disability? Have you been involved in assisting people with disabilities? You will help individuals with little or no verbal communication find effective, alternative ways of communicating, and will provide support and training to our staff on all aspects of Alternative and Augmentative Communication (AAC). You'll be working within your local region and also as part of a National Team, liaising with the external support agencies that specialise in this field.

For further details, please contact Rosanne Lyddon on 01295 713250.

For an application pack please visit our website, e-mail recruit@LCDisability.org or contact us on 020 7802 8293.

Closing date: 29th May 2008

We welcome applications from disabled people. All vacancies are subject to standard or enhanced disclosure.

POSITIVE ABOUT DISABLED PEOPLE

www.LCDisability.org

Leonard Cheshire Disability

Customer Services Division

Receptionist

Job Share: 1 post Mornings and 1 post Afternoons

Temporary contract until 31 March 2009

Mornings: 20.25 hours per week:
Mon - Thurs 8.45am - 1pm,
Fri 8.45am - 12 noon

Afternoons: 20.25pm hours per week:
Mon - Thurs 12.45pm - 5pm,
Fri 11.45am - 4.00pm

Grade J

£13,789 - £17,237 per annum pro rata

This post offers an exciting opportunity to work at the forefront of the Council's commitment to providing excellent service to its residents.

You will join part of the Customer Services Team based at our offices at Priory House, Shefford.

This is a demanding role and will require a high level of commitment to manage the variety of visitors and enquiries received at the Council offices.

To be successful, you must have significant experience in a similar environment, be well presented and have a self-motivated flexible approach to your work with a strong customer service ethic.

You must also have excellent IT, communication and negotiation skills and be able to work under pressure.

Training and support will be provided to help you realise your potential and you will be encouraged to use your initiative to resolve enquiries.

A full driving licence is required as you may be expected to work occasionally at the Citizone Points of Presence in Ampthill and Biggleswade.

You will be expected to adhere to the Customer Services Dress Code for which a one-off payment will be made.

For further details and an application pack please contact the HR Team, Priory House, Monks Walk, Chicksands, Shefford, Beds SG17 5TQ. Alternatively, telephone 01462 611022 for the 24 hour job line, or e-mail recruitment@midbeds.gov.uk or the details can be downloaded from our website www.midbeds.gov.uk Please quote reference 3966. Please note we do not accept CVs.

Closing date: 23rd May 2008.

Interview date: 6th June 2008.

An Equal Opportunities Employer.

MID-BEDS DISTRICT COUNCIL

MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

John Bunyan School

Specialist in Maths & Computing

BEHAVIOUR PROVISION MANAGER

37 hours per week term time only (includes 5 training days)
Level 4e points 27-30 (£19,178-£21,278 pay award pending)

We would welcome applications from suitably experienced people for the above post, to commence in September 2008. The purpose of this role is to take responsibility for the management of the Behaviour Support Provision. This will involve co-ordinating packages of support and accessing a range of internal and external agencies for students at risk of exclusion and not achieving in a mainstream setting.

You will need to be an enthusiastic and motivated individual, committed to the inclusion agenda. You will manage a small team in the delivery of personalised learning plans and collaborative study skills.

Closing date: 20 May 2008 Interview date: 22 May 2008

Please apply online at www.johnbunyan.beds.sch.uk. Alternatively e-mail vacancies@johnbunyan.beds.sch.uk or telephone 01234 301500 ext 205 for an application pack

An enhanced CRB check applies to this post.

Headteacher: Mr N.S. Smith • Mile Road, Bedford
Tel 01234 301500 • Fax 01234 301501 • NOR: 620
13-18 Mixed Comprehensive

Join our marketing team!

Work from home
full or part-time

Starter wage £6/hr
£20/hr OTE

01767 222631
info@truesilver.co.uk

MAINTENANCE ENGINEER must have mechanical background with electrical experience Tel 01462 456565

Commercial Heating Engineer

Must be ACS Qualified Unique Opportunity

T 01462 850083

Busy Mum needs help looking after a lovely little girl with special needs. P/T after school and in school holidays. Experience preferred, references essential. **(07919) 415137**

Sales Executive

18K - 20K based on experience.
Full time position.

Duties to include visits to customers, product training, retail monitoring, developing new customers and achieving challenging sales targets. Must have good telephone manner, work ethic, and driving licence. Good skills in Word, Excel and e-mail.

Tel: 08712306490 Chiiling Chen Weber or email chiiling.chen@avermedia.com

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Partners in Enterprise

Bookkeepers

Required to join our growing professional network

You will be a Self-employed Bookkeeper to AAT standard, eager to develop your client portfolio and earnings potential.

Contact us now to find out more:
0800 083 8607

CLAPHAM ROAD SURGERY

TWO RECEPTIONISTS

required

One permanent position. One maternity cover position.
Salary: £6.00 per hour. Monday to Friday 2pm to 7pm.

We require two additional Receptionists to ensure our patients are processed appropriately and efficiently, greeting patients and visitors into the practice in a polite and curteous manner at all times.

This position offers the opportunity to be involved with all aspects of General Practice; we are looking for a proactive individual who will work well as part of the Practice Team.

For an application pack please either telephone 01234 357143 or write to: Mrs. Hayley Allen, Surgery Manager, Clapham Road Surgery, 46-48 Clapham Road, Bedford MK41 7PW.
Hayley.allen@claphamroad-bedford.nhs.uk

Closing Date: Monday 2nd June 2008, 12 noon
Interview Date: Wednesday 11th June 2008

SECRETARY (TEMPORARY) approx. 3 months. Basic accounts knowledge advantageous. Tel 01462 456565

MKNEWS

TRAIN TO BECOME A LORRY DRIVER OR COACH DRIVER
COMMERCIAL TRANSPORT TRAINING
PROVEN HIGH PASS RATE
ADR Courses arranged
Weekend training available
Tel: Leighton Buzzard (01525) 370862
Established 1979

Garage Door Installation Engineer

Applications are invited from experienced installers or people with experience in the construction industry, who wish to widen their skills.

A clean driving licence is essential.

Must be physically fit and strong as the position will require the moving and lifting of garage doors.

Please apply to Ms Sue Chapman at The Garage Door Centre, Unit 17 Blackmore Business park New Road, Maulden, Beds, MK45 2BG or telephone (01525) 402291

GREAT BARFORD SURGERY

If you are an experienced

Secretary/Administrator

Come & join our friendly team

24 Hours per week
Tues 9-1 & 2-6, Wed 1-6,
Thur 10-4, Friday 1-6

Ability to work additional hours as needed is an essential part of this role.

Closing date Wednesday 21st May

Apply in writing to
The Practice Manager, The Surgery,
26 Silver Street, Gt. Barford, Beds
MK44 3HX

Our home for adults with learning disabilities Bromham, requires:

CARE WORKERS & RELIEF WORKERS

(DAYS) Various hours and shifts available

£7.41 ph + Enhancements

Are you caring and compassionate? Do you have what it takes to make a difference in the lives of others? Are you reliable and motivated? If you can answer yes, then we would particularly like to hear from you. Experience is not essential as training to NVQ will be provided.

To apply call Karen now on 01234 827 068
Closing date: 25 May 2008

All job offers subject to a satisfactory enhanced CRB disclosure, pre-employment medical screening and two satisfactory references.

Visit www.fremantletrust.org
Registered Charity No. 1014986

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motivate...

Shaw Trust
Ability at work

www.shaw-trust.org.uk

Shaw Trust is a national charity that provides work opportunities for people who are disadvantaged in the labour market due to disability, ill health or other social circumstances.

Supporting over 60,000 people each year, we are the UK's largest voluntary sector provider of employment services for disabled people.

Due to continued expansion we are recruiting for the following positions. And the harder you work in these vital roles, the bigger difference we will make.

Area Client Services Manager (Ref: V960)

£29,474.98 - £32,749.98 per annum **Beds & Herts**

Exciting opportunity to implement a new service across Beds & Herts, you will motivate your team to ensure performance and quality standards are met. You will draw on your experience of budget management, marketing and managing staff in an employment related field to deliver an exceptional service that meets both the needs of our clients and contractual targets.

Personal Development Advisers (Ref: V918)

£19,943.27 - £22,159.19 per annum **Beds & Herts**

Working as part of a team, you will provide clients with the skills, motivation and confidence to enable them to move into suitable sustainable employment. Your knowledge of the local labour market and marketing skills will enable you to forge links with employers to create opportunities for clients.

To succeed in these challenging roles, you should have relevant previous experience in an employment/recruitment related field and the drive and determination to work to challenging targets.

Area Administrator (Ref: V962)

£16,249.40 - £18,054.89 per annum **Luton**

You will provide an effective administrative service to clients and staff across the district, from producing reports on contractual performance to greeting clients and handling petty cash. You will have excellent IT skills and be well organised to balance a varied workload. Some travel to other offices in the district will be required.

Closing Date: Friday 16th May 2008 at 9.00 am

For more information and to download an application pack, please visit www.shaw-trust.org.uk or contact our HR department on 01225 779465, Minicom: 08457 697288 or recruitment@shaw-trust.org.uk

Shaw Trust is committed to equality and recognises the value of diversity. We interview all disabled candidates who meet the essential criteria for our vacancies. Under section 38 of the Race Relations Act 1976, prospective Black and Ethnic Minority applicants are welcome to discuss careers at Shaw Trust directly with Mark Lomas, National Equality and Diversity Manager via our HR department on the above number.

Bedfordshire and Luton NHS
Mental Health and Social Care Partnership NHS Trust

Employment Co-ordinators

Ref: 336-4227
Band 5: £19,683 rising to £25,424 pro rata
Hours: full time and part time
Location: Bedford

We are looking for two people to fill a full time permanent post and a part time 6 month contract post within our Renaissance Team.

Renaissance Employment offers a specialist service offering support and guidance to help people, seek gain and maintain voluntary work and employment opportunities in Bedford and Mid Beds.

The role of Employment Co-ordinator is to assist service users with their 'Recovery' by working jointly to formulate an employment plan. The role involves vocational profiling and maintaining close links with other agencies. You be able to give presentations to prospective employers and negotiate new opportunities for work with employers.

Preferably you will have experience working alongside this client group and/or an interest in Mental Health. You will be educated to degree level standard or have equivalent employment experience. Experience in assessing individuals and evaluating work roles is essential. Previous experience in sales, business or training is desirable.

You will be an excellent communicator and motivator and have proven computer skills. Ability to work on own initiative is key to this position.

Mobility to travel across sites is essential.

For an informal discussion, please contact Julie Bailie on 01234 355933.

Closing date: 20th May 2008.

(However we reserve the right to close adverts earlier)

Please apply for this post at www.blpt.nhs.uk/jobs

Alternatively please contact Mike Widdows on 01234 355933 for an application pack.

Interview date: 3rd June 2008.

www.blpt.nhs.uk

We are an equal opportunities employer.
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Ofsted, April 2007: "Goldington Middle School is an outstanding school; pupils blossom within the highly positive learning environment."

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(Permanent, full-time, MPS)

Required for September 2008, an enthusiastic, committed and suitably qualified specialist Mathematics teacher to join the dedicated and friendly staff at this highly regarded 9-13 middle school.

This vacancy provides an excellent opportunity to work within a successful team, developing strategies for learning and teaching, and contributing strengths throughout the school. We are committed to supporting the professional development of all colleagues.

The post is permanent, full-time and would be suitable for either an NQT or an experienced teacher.

The successful applicant will have responsibility for teaching Mathematics throughout the school, together with the pastoral responsibility of a class teacher.

Visits to the school by arrangement are welcome. Further details can be obtained by telephoning or e-mailing the school.

Applications, by official application form or by CV and accompanying letter, should be returned to the Head Teacher at your earliest opportunity, and by Wednesday 21st May at the latest.

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A vacancy is available (September 2008 or January 2009) for a high quality teacher.

The ability to teach GCSE is essential (advanced level teaching is available but not essential).

An attractive salary package is available as is the opportunity to construct an appropriate career development path.

The person appointed will join a strong team; teach motivated students in a school which cares about people – staff and students.

For further details please contact Tricia Bellamy, the Headteachers P.A. on 01234 782211

Closing date for applications: 16th May 2008

All applications are subject to CRB Clearance and references.

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Salary: circa £50,000 + excellent benefits and up to £8,000 relocation package

We are seeking an experienced Project Manager to lead and manage the construction phase of this three year, £50 million project and initially manage the new facilities after completion of the main building in Summer 2010.

Reporting directly to the Director of Finance and Resources, the successful applicant for this new post will:

- work with our external team of consultants and the main contractor to manage the construction of the new College to completion within timescales and budget.
- plan and implement a smooth and efficient transfer of the College into the new building and appropriate arrangements for its opening.
- undertake the role of Facilities Manager on completion of the main building, and oversee the snagging and demolition phase.
- possess the relevant professional qualifications in facilities or buildings management to graduate level or equivalent.
- have a thorough understanding of construction processes and a demonstrable track record of completing complex high value capital projects, ideally in the public sector.
- have considerable experience and understanding of risk management, health & safety and procurement practice (experience of this in post compulsory education would be extremely desirable).

Start date: 1 July 2008 or as soon as possible thereafter. The duration of this contract is currently projected to be until 31st December 2011.

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To apply online please go to: www.FEjobs.com

Closing date for completed applications: 23rd May 2008

Luton Sixth Form College is an equal opportunity employer. It is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. The successful applicant will be required to undertake an enhanced disclosure via the Criminal Records Bureau.

Beacon Status

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SALARY: Dependent upon experience (salary range £16k to £19k)

What the role involves:
A wide range of duties which includes routine maintenance, fault finding, service and repair of component parts, electrical testing and provision of detailed reports on any component issues or problems to allow the continued provision of supplying spares to our UK based field service engineers ensuring network integrity is maintained at all times.

The ideal candidate will have:
A good basic level of electrical knowledge coupled with the ability to identify faults and provide solutions for implementation/resolution. Previous work experience in a maintenance or similar environment. Excellent communication skills along with the ability to work unsupervised and be self-motivated. Full Company training will be provided in the following areas, site installation and removal, test processes in place. Electrical/electronics courses on day release if required to HNC/HND level. A full driving licence is prerequisite for this role.

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HOURS: Monday to Friday – Weekly rotating shifts of 6.00 am -2.00pm / 1.00pm -9.00pm

What the role involves:
Leading a team of Travel Advisors to ensure that a high level of quality information is provided to various products/platforms.

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Prior experience as a team leader/supervisor in a customer facing role is essential. Additionally, position requires proven ability to multi-task, motivate others and ensure that targets are clearly communicated and met. Must work well under pressure and have a flexible approach to work and working hours, including good time management.

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LICENSING ACT 2003

Tia Diack for Woburn Brasserie 13 Bedford Street Woburn Bedfordshire makes application for the regrant of a premises licence permitting the sale of alcohol for consumption on and off the premises, the provision of live and recorded music on each day of the year between 1000 and 2400 hours & on new years eve between opening and closure on new years day with late night refreshment between 2300 hours and closure.

The application may for a period of 28 days, commencing on the 8th day of May 2008 be examined in detail from the register maintained by Mid Bedfordshire District Council Licensing Section Priory House Monks Walk Chicksands Shefford SG17 5TQ who may also be contacted via www.midbeds.gov.uk during normal office hours but excluding bank holidays.

Representation regarding the application may be made in writing to the local authority as above-mentioned by the 4th day of June 2008 stating reason for such representation.

It is an offence to knowingly make a false statement in connection with an application for which a person may be fined to level 5 on the standard scale on summary conviction for the offence.

Signed D.G.STYLES Agent for the applicant
82 Hartwell Road Long Street Hanslope Milton Keynes MK19 7BZ
Telephone 01908 510148

LICENSING ACT 2003
NOTICE OF APPLICATION FOR GRANT OF A NEW PREMISES LICENCE

NOTICE is hereby given that: Inter MK Limited has applied to The Licensing Authority at Milton Keynes Council for a New Premises Licence at: Milton Keynes Stadium, Stadium Way, Denbigh North, Milton Keynes MK1 1ST. The proposed licensed operating hours for the supply and retail of Alcohol for sale On and Off the premises and for *L.N.R. for the Hotel Complex are 0.00 to 0.00 Monday to Sunday.The proposed Licensed operating hours are as follows: Monday to Sunday 10.00 to 03.00 for the supply and retail of Alcohol for sale on and off the premises, the supply of *L.N.R. between 23.00 hours and 05.00 hours Monday to Sunday, also for the supply of all licensable activities including: Plays, Films, Indoor Sporting Events, Boxing or Wrestling, Live Music, Recorded Music, Performance of Dance, Anything of a similar description to that falling within (e) (f) or (g), Provision of facilities for making music, provision of facilities for dancing, provision of facilities for entertainment of a similar description to that falling within (i) or (j) between the hours of 10.00 to 03.00 Monday to Sunday.
Any interested party or responsible authority wishing to make representations in respect of this application must do so in writing by: 10th June 2008 to the following address: Licensing Team Environment Directorate, Milton Keynes Council, PO Box 105, Civic Offices, 1 Saxon Gate East, Milton Keynes MK9 3HH, 01908 252800. Full details of the application can be viewed via The Licensing Register at the Civic Offices of the Council. This is accessible Monday to Thursdays between the hours of 9am to 5pm, and Fridays 9am to 4pm (excluding Bank Holidays) or online at www.mkweb/licensing .
Representations received in response to this application will be made available for public inspection in accordance with the provisions of the Licensing Act 2003. It is an offence to knowingly or recklessly make a false statement in connection with an application and the maximum fine of £5,000 is liable on summary conviction for the offence.
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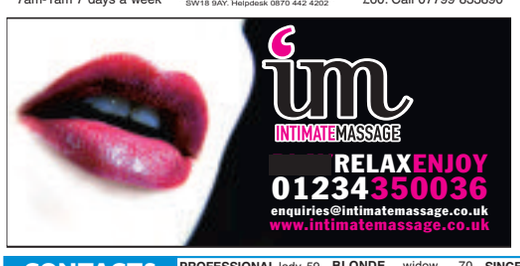

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MK MOTORING

Ibiza 'riders' packed with goodies

SEAT's stunning all-new Ibiza five-door may be just around the corner, with sales beginning here in the summer, but that doesn't mean the existing car's going to slink off into the sunset – far from it, in fact.

Exciting new special edition versions of the current three-door Ibiza are arriving in showrooms now, packed to the gunwales with equipment and priced to ensure they don't hang around.

The two newcomers, named Freerider and Sportrider, boast eye-catching bespoke boot badging to single them out from the existing Ibiza crowd, and are offered with a variety of frugal, feisty engines.

The new offerings, available exclusively in three-door format, kick off with the Ibiza Freerider 1.2 12V 70 PS. Mated to a five-speed manual gearbox, the three cylinder 1.2 petrol delivers a decidedly 'green' 47.2 mpg on the combined cycle. The 0 to 62 mph time is an entirely respectable 14.2 seconds.

Freerider includes an enticing collection of 'big car' goodies such as cruise control, full Climatronic climate control, sporty 15ins 'Galea' alloy wheels, passenger seat height adjustment and electrically adjustable, heated and folding door mirrors.

Front fog lights and, of course, that bespoke tailgate badging, complete the Freerider's complement of extras, although those who order early will also be offered the option of state-of-the-art DAB digital stereo radio entertainment at no extra cost.

The price for all this? A particularly modest £8,995 RRP.

Meanwhile, those who crave an even more striking drive, inside and out, can opt instead for the new Ibiza Sportrider three-door which is offered with a choice of potent powerplants. Sportrider buyers can choose between the zesty 1.4-litre 16V 100 PS petrol engine or SEAT's thrifty yet sporty 1.9-litre TDI, which also offers up to 100 PS.

The 100 PS 1.4-litre offers a brisk 11.2-second 0 to 62mph time, top speed of 118 mph and fuel economy on the combined cycle of 42.8 mpg. CO2 emissions, meanwhile, are limited to 154 g/km.

The diesel-engined Sportrider, with its 1.9-litre TDI will cover the 0 to 62 mph dash in just 10.8 seconds, charge on to a top speed of 118 mph, and produce only 132 g/km of CO2. Economy is a creditable 55.4 mpg.

These more energetic offerings take the Freerider as their base, but add even more in the way of equipment and styling enhancements.

Both offer cruise control, Climatronic air conditioning, passenger seat height adjustment, electrically adjustable heated and folding door mirrors and fog lights as standard, while styling additions include arch-filling 16ins 'Spica' alloys, grippy sports seats in bespoke Sportrider cloth, front and rear bumpers lifted straight from the sporty Ibiza FR, body-coloured door handles and mirrors, plus honeycomb front grille.

The Ibiza Sportrider 1.4 16V petrol costs just £9,495 RRP, while the 1.9 TDI version is available in SEAT showrooms now priced at £10,395 RRP.

All three are offered with a variety of smart metallic paint finishes at £360 RRP. Other non-metallic colour options include SEAT's trademark Emocion Red and the high fashion Candy White.

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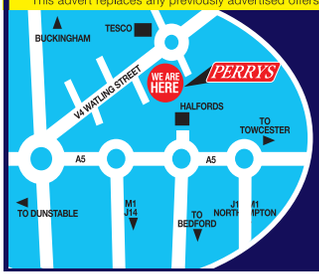

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	FORD	PRICE
07 (57)	New Mondeo 1.8 TDCi Zetec 5dr Hatch, Silver, Sports Pack, Ex Demonstrator.	£15,275
06 (55)	Mondeo 2.0 LX TDCi Diesel Hatch, Metallic Black, Full Spec, Full Service History	£8,600
06 (06)	Mondeo 1.8 LX 5dr Hatch, Metallic Blue, Full Spec, Full Service History	£7,995
01 (Y)	Mondeo 2.0 Ghia Automatic 5dr Hatch, Blue, Climate Control, Quick Clear Screen	£3,995
05 (05)	Focus 1.6 Ghia 5dr Hatch,Tonic Blue, Auto Lights, Auto Wipers, Keyless Entry	£9,225
05 (05)	Focus 2.0 Ghia 5dr Hatch, Metallic Blue, Air Con	£8,750
06 (06)	Focus 1.6 Zetec Climate 5dr Hatch, Metallic Red, Air Con, Alloys.	£8,495
05 (55)	Focus 1.6 Zetec Climate 5dr Hatch, Silver, 18 Months Warranty	£8,300
04 (04)	Focus ST170 2.0 3dr Hatch, Metallic Blue, Air Con.	£7,175
99 (T)	Focus 1.6 Ghia 4dr Saloon, Silver	£2,995
05 (05)	Fiesta 1.25 Finesse 5dr Hatch, Blue	£4,995
05 (05)	Ka 1.3 Collection 3dr Hatch, Black, Air Con, Low Mileage	£4,975

	OTHER MAKES	PRICE
05 (05)	Land Rover Freelander TD4 HSE 4x4 5dr, Metallic Black	£12,995
04 (04)	Toyota Previa T3 VVTi-I 2.4 Seven Seat MPV, Silver, Air Con	£10,995
04 (54)	Toyota RAV-4 2.0 4x4 5dr, Black, Leather, Sunroof, Climate	£10,995
03 (03)	Jaguar X-Type V6 SE 2.0 4dr Saloon, Metallic Light Blue, High Spec inc Tan Leather Trim	£7,295
05 (05)	Hyundai 1.6 Coupe S 3dr, Metallic Silver, Air Con.	£6,995
05 (05)	Kia Cerato GS 1.6 5dr Hatch, Metallic Blue, Air Con, Low Mileage.	£5,825
01 (Y)	Fiat Punto 16v Sporting 1.3 3dr Hatch, Blue, Sunroof, Alloys	£4,375
01 (Y)	Chrysler 2.0 PT Cruiser Limited Edition 5dr, Metallic Silver	£3,875

	COMMERCIALS	PRICE
04 (04)	Transit Connect 200 1.8 Diesel, White, New Ply-lining, Ladder Rack	£4,365+VAT

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Volkswagen Golf 2.0 GT TDi 3 Door Hatch 2004 (04) Reg

2 owners with 45,000 miles. F/S/H. Black with black interior. Air conditioning, electric windows, electric mirrors, remote central locking. CD and alloy wheels. Excellent condition 12 months MOT 12 months warranty 2/3 years optional.

2004 £10,995

Mercedes C220 CDi Sport Coupe SE Auto 2004 (04) Reg

64,000 miles with full service history. Silver with black leather interior. Air conditioning, alloys, CD player, electric windows, electric mirrors, cruise control and remote central locking. Excellent condition. 12 months MOT and 12 months warranty with 2/3 years optional.

2004 £12,995

Mercedes SLK 230 Kompressor Auto Convertible 2002 (02) Reg

2 owners, 68K with F/S/H. Metallic Blue with cream leather. Air con, full electrics, power hood (hard top), CD, remote locking and alloys. 12 months MOT and 12 months warranty with 2/3 years optional.

2002 £12,995

Toyota Yaris 1.0 VVTi Colour Collection 5 Door Hatch

2 owners with 34,000 miles and a F/S/H. Twilight blue metallic. Electric windows, power steering, remote central locking and a CD player. Excellent condition with 12 months MOT and 12 months warranty. 2/3 years optional

2004 £5,995

PHONE 0845 1254 569

Mercedes Benz SL500 Convertible Automatic 2003 03 Reg

2 owners, 26,000 miles with a F/S/H. Metallic blue with cream leather interior. Sat Nav, Comand system. Air conditioning, electric windows, electric mirrors, electric heated seats, electric power hood with panoramic sunroof, remote central locking. CD changer, tracker, Mille miglia 19" alloy wheels. Mint condition 12 months MOT 12 months' warranty 2/3 years optional.

£34,995

PRESTIGE

Bentley Arnage 6.8 Red Label Saloon Automatic 2001 (51) Reg.
2 owners with 36,000 miles and F/S/H. Silver with cream leather interior. Sat Nav, air conditioning, electric windows, electric mirrors, electric heated seats, electric sunroof. Remote central locking, CD player and alloy wheels. Immaculate condition 12 months MOT 12 months warranty 2/3 years optional. £64,995

Range Rover 2.7 HSE Diesel Sport Automatic 2006 06 Reg.
1 owner 31,000 miles with a F/S/H. Black with black leather interior. Sat Nav, air conditioning, electric windows, electric mirrors, electric heated seats, remote central locking. CD player and alloy wheels. Immaculate condition 15 months warranty. £34,995

Mercedes Benz 320 CLK Coupe Auto Elegance 2003 03 Reg
One owner with 15000 miles and full service history Blue with grey leather interior air conditioning electric windows electric heated folding mirrors heated front screen electrically adjustable steering wheel with memory electric front seats with memory multi function steering wheel rain sensor wipers electric sunroof headlamp wash remote central locking alloy wheels excellent condition with 12 months MOT and 12 months warranty £15995.00

Mercedes Benz SL 500 Convertible Automatic 2003 03 Reg.
2 owners, 26,000 miles with a F/S/H. Metallic blue with cream leather interior. Sat Nav, Comand system. Air conditioning, electric windows, electric mirrors, electric heated seats, electric power hood with panoramic sunroof, remote central locking. CD changer, tracker, Mille miglia 19" alloy wheels. Mint condition 12 months MOT 12 months' warranty 2/3 years optional. £34,995

Mercedes Benz C220 Cdi Sport Coupe SE Automatic T/Tronic 2004 04 Reg.
64,000 miles with full service history. Silver with black leather interior. Air conditioning, alloys, CD player, electric windows, electric mirrors, cruise control and remote central locking. Excellent condition. 12 months MOT and 12 months warranty with 2/3 years optional. £12,995

Jaguar S Type 3.0 SE Automatic 2004 (04) Reg.
70,000 miles with F/S/H. Silver and black leather interior. Sat Nav, air con, electric windows, electric mirrors, electric heated seats, central locking. CD and alloy wheels. Excellent condition with 12 months MOT and 12 months warranty.2/3 optional. WAS £11995 NOW £10995

SPORTS

BMW 318 2.0 Sport Coupe 2005 05 Reg.
1 owner 35,000 miles with F/S/H. Jet black with black interior, half suede sport seats. Blue tooth, Air conditioning, electric windows, electric mirrors, cruise control, rear parking sensors, CD player and sport body kit, alloy wheels and a rear spoiler. Mint condition 12 month MOT and 12 months warranty 2/3 years optional. £14,995

Mercedes SLK 230 Kompressor AUTO Convertible 2002 (02) Reg.
2 owners, 68K with F/S/H. Metallic Blue with cream leather. Air con, full electrics, power hood (hard top), CD, remote locking and alloys. 12 months MOT and 12 months warranty with 2/3 years optional. £12,995

Mini One 1.6 3 Door Hatchback 2002 02 Reg
2 owners with 37000 miles and full service history silver with grey/aluminium interior trim air conditioning electric windows electric mirrors cd player tinted windows 17" alloys remote central locking excellent condition with 12 months MOT and 12 months warranty 2/3 years optional. £7995

Fiat Punto 1.2 Active Sport 3 Door Hatch 2004 (04) Reg.
2 owners with 12,000 miles only. F/S/ H. Silver metallic with blue and black interior. Electric windows, power steering, central locking, sport seats, CD air bags and15 inch alloy wheels. Immaculate condition 12 months MOT 12 months warranty 2/3 years optional. £4,995

Renault Clio 2.0 16 Valve 172 Sport 3 Door Hatchback 2001 Y Reg
40000 miles with full service history silver with navy blue half leather interior air conditioning electric windows electric mirrors cd player onboard computer remote central locking alloy wheels excellent condition with 12 months MOT and 12 months warranty 2/3 years optional £4995

DIESELS

Saab 9.3 1.9 TID Vector (150) BHP 4 Door Saloon 2006 (56) Reg.
48,000 miles with F/S/H. Silver with black leather interior. Air con, cruise control electric windows, electric mirrors, remote central locking. Sport seats CD alloy wheels. Immaculate condition. Warranty till October 2009. £11,995

Hyundai Tucson 2.0 CDX 2WD AUTO 2006 (56) Reg.
2 owners, 20K with F/S/H. Black with black leather. Air con, full electrics, alloys, remote locking, CD and clim/cont. Immaculate condition. 2 years manufacturing warranty to run with 2/3 years optional. WAS £11995 NOW £10995

Jaguar X Type 2.0 Diesel SE Estate 2005 (05) Reg.
1 owner 78,000 miles. F/S/H. Silver with black leather interior. . Air conditioning. Electric windows, electric mirrors, electric heated seats. Remote central locking, 6 disc CD player and alloy wheels. Excellent condition.12 months MOT and 12 months warranty 2/3 years optional. £10,995

BMW 320 I SE Diesel 4 Door Saloon 150 BHP (Six speed) 2005 05 Reg
2 owners with 54,000 miles and full BMW service history. Titanium Silver with black interior, air conditioning electric windows electric mirrors remote central locking cd changer cruise control parking sensors alloys Excellent condition 12 months MOT and 12 months warranty: 2/3 years optional. £11,995

Ford Focus 1.8 TDCI Ghia 5 Door Hatchback 2003 03 Reg.
2 owners 79,000 miles and F/S/H ice blue metallic with grey interior. Air con, electric windows, electric mirrors, central locking, alloy wheels. Excellent condition, 12 months MOT 12 months warranty with 2/3 optional WAS £5995 NOW £4995

SALOONS & HATCHBACKS

Audi A4 1.9 130 BHP S E 6 Speed Saloon 2004 54 Reg.
1 owner with 70,000 miles and F/S/H. Atlas grey with grey interior. Air con, electric windows, electric mirrors, remote locking. CD and alloy wheels. Excellent condition. 12 months MOT 12 months warranty 2/3 years optional. WAS £11995 NOW £10995

Volkswagen Golf 2.0 GT TDi 3 Door Hatch 2004 04 Reg.
2 owners with 45,000 miles. F/S/H. Black with black interior. Air conditioning, electric windows, electric mirrors, remote central locking. CD and alloy wheels. Excellent condition 12 months MOT 12 months warranty 2/3 years optional. £10,995

Mazda 6 1.8 Saloon 2004 (04) Reg.
1 owner with 60,000 miles F/S/H. Silver with grey interior. Air conditioning, electric windows, electric mirrors, remote central locking, CD player and alloy wheels. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. £6,995

Toyota Yaris 1.0 VVTi Colour Collection 5 Door Hatch 2005 (05) Reg.
2 owners with 34,000 miles and a F/S/H. Twilight blue metallic. Electric windows, power steering, remote central locking and a CD player. Excellent condition with 12 months MOT and 12 months warranty. 2/3 years optional £5,995

Audi A3 1.6 5 Door Hatchback 2002 52 Reg.
53,000 miles purple with grey interior full service history electric windows electric mirrors cd player remote central locking alloy wheels excellent condition with 12 months MOT and 12 months warranty 2/3 years optional. SOLD

Peugeot 206 1.4 SE 3 Door Hatchback 2003 53 Reg
25000 miles with full service history black with navy blue suede interior air conditioning electric windows electric mirrors auto headlamp function cd player remote central locking Excellent condition with 12 months MOT and 12 months warranty 2/3 years optional £4995

Vauxhall Omega 2.2 Saloon Automatic 2002 51 Reg.
68,000 miles with F/S/H. Silver and black interior .Air con, electric windows, electric mirrors, central locking, CD and alloy wheels. Excellent condition with 12 months MOT and 12 months warranty.2/3 years optional. WAS £4995 NOW £3995

Ford Ka 1.3 70 BHP 2006 06 Reg
37000 miles with service history red with grey interior lady owner radio/cassette power steering air bags. Excellent condition with 12 months warranty £3995

Vauxhall Omega 2.0 GLS Automatic 2000 W Reg
44,000 miles with full service history dark red with grey interior air conditioning electric windows electric mirrors cd player remote central locking alloy wheels excellent condition with 12 months MOT and 12 months warranty. 2/3 years optional £3495

BMW 740i Saloon Automatic 1996 (N) Reg.
2 owners F/S/H. Blue, with grey leather interior. Air con, electric windows, electric mirrors, electric front seats, electric sunroof, and cruise control. Remote central locking, CD, front and rear parking sensors, alloys. Very good condition 12 months MOT warranty available. NOW £2995

Ford Mondeo 2.0 Zetec 5 Door Hatchback 2001 (Y) Reg.
2 owners 102,00 mile with F/S/H. Silver with black interior, Air conditioning, electric windows, electric mirrors, remote central locking a CD player and alloy wheels. Very good condition 12 months MOT . WAS £2995 NOW £2495

Mitsubushi Galant GSX 1.8 Hatchback 1997 R Reg.
Black with grey interior air conditioning electric windows electric mirrors full service history cental locking power steering .Mot until April 2009 taxed until August 2008 Warranty available £1495

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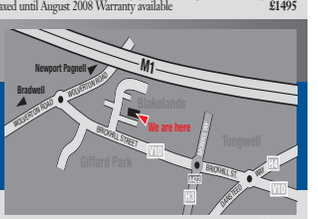

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2000 (X) FORD PUMA 1.7 ..... £3,495

2003 (03) FORD FOCUS 2.0 GHIA £5,495

1999 (T) SUZUKI VITARA 1.6.....£2,995

2003 (53) FORD KA 1.3i COLLECTION £3,995

2005 (54) VAUXHALL ASTRA 1.8 CLUB.....£6,995

2002 (52) VOLKSWAGEN PASSAT 2.0 SPORT ..£4,995

2007 (07) VAUXHALL ASTRA 1.8 16V DESIGN AUTOMATIC (FACELIFT MODEL) VVT 5 DOOR HATCHBACK Star Silver PAS, Air con, Electrics Half Leather interior 14,000 Miles **£9,995**

2006 (06) VAUXHALL VECTRA 1.8 VVT SRI (FACELIFT MODEL) 5 DOOR HATCHBACK Star Silver PAS, Air con Alloys Electrics Factory Sat Nav 17,000 Miles **£9,995**

2005 (05) CHRYSLER PT CRUISER 2.2 CRD LIMITED DIESEL 5 DOOR ESTATE, in metallic silver, PAS, air con, electrics, alloys, full leather interior, 32,000 miles, this car has everything, superb example **£8,495**

2005 (05) VAUXHALL VECTRA 2.2I DIRECT SRI AUTOMATIC 5 DOOR Jet Black PAS, Air con, Alloys, Electrics 9,000 Miles **£7,995**

2005 (54) VAUXHALL ASTRA 1.8 CLUB AUTOMATIC 5 DOOR HATCHBACK, metallic blue, PAS, air con, alloys, electrics, factory fitted satellite navigation system, 54,000 miles, lovely car.....**£6,995**

2006 (56) FORD FIESTA STYLE CLIMATE 1.25, metallic blue, PAS, air con, alloys, 3 door, 9,000 miles.....**£6,495**

2005 (05) SUZUKI GRAND VITARA 2.0 , 5 door, 4x4, metallic green over silver, PAS, aircon, electrics, low miles **£5,995**

2004 (03) HONDA JAZZ 1.4 5 DOOR HATCHBACK, jet black, PAS, air con, electrics, 50,000 miles **£5,495**

1995 (N) MERCEDES S CLASS 500, 4 door, saloon, metallic blue, fully loaded, leather interior, this car has it all, 68,000 miles, FSH Superb.....**£4,995**

2002 (02) MERCEDES C CLASS 180 2.0 ESTATE CAR, metallic silver, PAS, air con, alloys, electrics, full leather interior, 60,000 miles.....**£8,495**

2002 (52) BMW 320CI, 2 door, coupe, metallic black, PAS, air con, alloys, electrics, leather trim..... .....**£8,495**

2004 (54) SUZUKI ALTO 1.1 GL 5 DOOR HATCHBACK, flame red, PAS, electrics, 15,000 miles, immaculate.....**£3,995**

2003 (03) FORD FOCUS 2.0 CHIA, 5 door, metallic silver, PAS, air con, alloys, electrics, 49,000 miles, lovely car.....**£5,495**

2003 (53) FORD KA 1.3I COLLECTION 3 DOOR HATCHBACK, metallic silver, PAS, air con, alloys, CD player, 35,000 miles.....**£3,995**

1997 (R) MERCEDES C200 SPORT AUTOMATIC, 4 door saloon, Metallic blue, pas, climate control, Electrics, alloys, 72,000 miles, outstanding condition.....**£3,995**

2002 (02) VAUXHALL CORSA 1.2 3 DOOR HATCHBACK, metallic silver, PAS, electrics, 50,000 miles.....**£2,995**

2002 (52) SUZUKI SWIFT 1.0 GL 5 DOOR HATCHBACK, metallic blue, PAS, electrics, low miles **£2,495**

COMMERCIAL VEHICLES

2002 (52) VAUXHALL ASTRA VAN 1.7 TDI, in white, PAS, electrics, in excellent condition, just 52,000 miles **£3,495**

P/X TO CLEAR

1998 (s) SKODA FELICIA 1.3 GLI ESTATE CAR, in blue, PAS, 75,000 miles, full MoT, some tax, drives well **£1,295**

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SPORTS/PRESTIGE CARS

	Was	Now
2001 (Y) Mercedes CL500 2dr, Metallic Silver, Automatic, Alloys, Aircon, Electrically Adjustable Seats, Remote C/Locking	£10,995	£9,995
2000 (X) BMW 318i SE Touring 4dr Manual, Ferrari Red, Remote C/Locking, Radio/Cass, Alloys, Aircon, C.Control, Airbags	£4,685	£4,495
1999 (T) Volkswagen Golf 2.0 Cabriolet, Colour concept Lim.Edition, 2 tone leather Rec. seats, Aztec Orange Met, stunning	£3,995	£3,695
1999 (S) Saab 9-3 Convertible, Storm Grey Metallic, Alloys, Aircon, Automatic, Superb all round condition	£3,995	£3,695
2003 (52) MG ZS 2.5 180 5dr, Metallic Silver, Petrol, Manual, Aircon, Power Steering, Electric Windows, Remote Locking	£2,995	£2,695
1999 (T) BMW 318 TDS 3dr, Diesel, Black, Remote Central Locking, Alloy Wheels, Alarm/Immobiliser, E/Windows/Mirrors	£2,995	£2,595
1999 (V) Mercedes Benz 1.6 A-Class 160 Avantgarde, 5Dr, Emerald Green, Half Leather, Aircon, Alloys, Airbags, S/History	£2,995	£2,650
1999 (V) Saab 9-3 2.0T S 5dr, Metallic Blue, alloys Aircon, E/W, Remote Locking, Full Service History	£1,995	£1,495
1998 (R) BMW 318i SE 4dr, Black, Aircon, Central Locking, Immobiliser, Radio, Electric Windows, Power Steering	£1,595	SOLD

SMALL CARS

	Was	Now
2007 (07) Fiat Panda 1.2 Dynamic 5dr, Ferrari Red,Remote Central Locking, Electric Windows, 8,630 Miles, Full History	£5,295	£4,995
2006 (06) Vauxhall Corsa 1.0 12v Life 3dr, Silver, P/Steering, E/Wind, Remote locking, Radio/CD, Airbags, 22,000m, F/S/H	£4,995	£4,695
2006 (06) Chevrolet Kalos 1.4 SX 3dr, Topaz Blue, Manual, ABS, Power Steering, Remote C/Locking, Immobiliser, 10,820m	£4,895	£4,495
2002 (02) Peugeot 206 1.4 Quicksilver Full Grand Turismo Bodykit, only group 5 ins, cheap tax, aircon, Alloys, Rem.Locking	£4,795	£4,195
2004 (53) Rover 25 SE 1.4, Metallic Silver, Petrol, Aircon, Alloy Wheels, Airbags, Power Steering, Electric Windows	£3,895	£3,695
2003 (03) Vauxhall Corsa 1.0 12v Active, Petrol, Ferrari Red, Radio/CD player, Aircon, Power Steering, Central Locking	£3,895	£3,695
2003 (53) Fiat Punto Active 1.2 8v, Topaz Blue, Electric Windows, Central Locking, City Mode, Power Steering	£3,295	£2,995
2001 (51) Citroen Saxo 1.1i Forte 3dr, Mango Yellow, Radio/CD Player, Sunroof, 53,000 miles with service History	£1,895	£1,795

FAMILY SIZED CARS

	Was	Now
2006 (54) Renault Scenic VVT Dynamique 5dr, Petrol, Manual, Central Locking, Airbags, Immobiliser	£4,995	£4,895
2000 (X) BMW 318i SE Touring 4dr Manual, Ferrari Red, Remote C/Locking, Radio/Cass, Alloys, Aircon, C.Control, Airbags	£4,695	£4,495
2003 (03) Citroen Xsara Picasso 1.6 LX, Wicked Red Metallic, Electric windows, Remote Central Locking, 41,000 Miles.	£3,695	£2,995
2002 (02) Renault Laguna 1.8 Privilege, Midnight Blue, Sat Nav, Electric Windows, Alloys, Half Leather Interior	£2,995	£2,695
1999 (V) Mercedes Benz 1.6 A-Class 160 Avantgarde, 5Dr, Emerald Green, Half Leather, Aircon, Alloys, Airbags, S/History	£2,695	£2,650
2000 (X) Saab 9-3 2.0 Turbo SE 5dr Automatic, Midnight Blue, Alloy Wheels, Aircon, Radio/CD, Power Steering, Airbags	£2,695	£2,495
2001 (Y) Kia Magentis 2.5 V6 LX, Burgundy, Auto, Aircon, Alloy Wheels, Electric Windows/Mirrors, Remote Locking	£2,495	£1,695
2001 (Y) Rover 45 Classic 16v 1.6, 5 dr, silver, power steering, air con, heated seats, airbags, 61,000 miles	£2,295	£1,995
1997 (P) Vauxhall Vectra CDX V6 Automatic, Blue, Petrol, Remote Central Locking, Immobiliser, Power Steering	£1,195	£1,095

BMW COLLECTION

	Was	Now
2006 (56) BMW 520 Diesel M Sport, Silver, Alloys, Black Leather sport trim, 1 owner, 24,000 miles, Must be seen	£22,995	£19,995
2000 (X) BMW 530i M Sport 4dr, Biritz Blue, M5 Replica, Aircon, Alloys, Simply stunning, must be seen	£6,495	£5,895
1995 (N) BMW M3 3.0 Convertible, Blue Metallic, Upgraded Alloys, Aircon, Full Service History	£6,995	£5,995
2000 (X) BMW 318i SE Touring 4dr Manual, Ferrari Red, Remote C/Locking, Radio/Cass, Alloys, Aircon, C.Control, Airbags	£4,695	£4,495
1999 (V) BMW 728i SE, Metallic Silver with full Black Leather Trim, 6 disc CD Player, Electric Memory Seats	£3,895	£2,995
1998 (R) BMW 328 Sport Coupe, Jade Green Metallic, Black Sport Leather Trim, Upgrade Alloys, Full Service History	£3,495	£2,895
1999 (T) BMW 318 TDS 3 dr, Diesel, Black, Remote Central Locking, Alloy Wheels, Alarm/Immobiliser, E/Windows/Mirrors.	£2,895	£2,595

DIESELS

	Was	Now
2004 (53) Jaguar X-type 2.0 5dr Diesel, Black, Aircon, Alloy Wheels, Remote Central Locking, Airbags	£6,495	£6,295
2004 (54) Volvo V50 2.0D S, 5 dr, willow green, air con, alloy wheels, power steering, full service history	£6,495	£6,295
1999 (T) BMW 318 TDS 3 dr, Diesel, Black, Remote Central Locking, Alloys, Alarm/Immobiliser, Electric Windows/Mirrors	£2,895	£2,595

ESTATES, 4X4s & 7 SEATERS

	Was	Now
2006 (55) Kia Sorrento SX 3.5 V6 Auto, Atlantic Blue, Aircon, Alloys, Remote Central Locking, Electric Windows/Mirrors	£10,995	£9,995
2006 (06) Vauxhall Zafira 1.8i Club Easytronic, 5Dr, Black, Automatic, Alloys, Aircon, Airbags, 26,500 Miles, One Owner	£8,695	£8,495
2003 (03) Ford Galaxy 1.9 TDi 130 Ghia, Silver Metallic, Privacy Glass, Wood trim, Aircon, Alloys	£7,695	£6,895
2004 (54) Volvo V50 2.0D S, 5 dr, willow green, air con, alloy wheels, power steering, full service history	£6,495	£6,295
2005 (05) Ford Focus C-Max 1.6 Zetec, 5 Dr, Silver, ABS Brakes, Electric Mirrors/Windows, FSH, 24,500 Miles	£6,295	£5,995
2003 (53) Volkswagen Passat 1.9 TDi 130 Tiptronic Auto, Satin Silver Metallic, Aircon, High Miles but still superb	£5,695	£4,995
2005 (54) Vauxhall Zafira 1.8 Design 5Dr, Automatic, Emerald Green, Petrol, Aircon, Remote C/Locking, 37,000 Miles, FSH	£5,295	£4,995
1999 (V) Mercedes ML320 5 dr Automatic, Gun Metal Grey, Alloy Wheels, ABS, Airbags, Aircon, Cruise Control	£4,995	£4,895
2004 (54) Ford Focus 1.8 TDi Lx, 5Dr, Diesel, White, Alloy Wheels, Aircon, Radio/CD Player, Full Service History	£3,695	£3,595
2004 (04) Peugeot 307 S HDi 90, 5Dr, Diesel, Aircon, Airbags, CD Player, Electric Windows/Mirrors, One Owner	£2,995	£2,950
2000 (W) Ford Focus LX Estate 1.8, Bordeaux Red, Aircon, Remote Central Locking, Electric Windows/Mirrors, Airbags	£1,795	£1,595
1997 (P) Vauxhall Vectra CDX V6, Automatic, Blue, Petrol, Remote Central Locking, Immobiliser, Power Steering	£1,195	£1,095

PART EXCHANGE TO CLEAR

	Was	Now
1996 (P) Saab 900 S, 5 dr, black, air con, remote central locking, electric windows/mirrors, power steering	£1,195	£1,495
1995 (N) BMW 520 Touring Burgundy metallic	£1,295	£647
1997 (P) Vauxhall Vectra CDX V6 Automatic, Blue, Petrol, Remote Central Locking, Immobiliser, Power Steering	£895	£1,095
2000 (V) Daewoo Lanos 1.6 SX, 4Dr, Aircon, Electric Windows, Service History	£1,295	£647

COMMERCIAL VEHICLES

	Was	Now
2003 (03) Ford Transit Connect T200 TDDI, White, Diesel, C/Locking, P/Steering, Radio, Ply Lined, Side Access Door.	£2,995	£2,895+VAT
2004 (54) Citroen C15 Diesel Van, Stereo, Long MOT, Cheap to Tax and Insure, 60+ MPG, all for only	£1,795	£1,595 NO VAT
2000 (X) Peugeot Boxer 270 SWB, white, side loader, power steering, long MoT	£1,695	£1,495+VAT

NEW ARRIVALS

2002 (02) MG ZT 2.5 160 +, 5dr, Black, Remote Central Locking, Aircon, Power Steering, Alloy Wheels, Airbags	£ 3,495
2004 (04) Volvo S60 2.4 D5 S, 5dr, Metallic Grey, Diesel, Aircon, Electric Windows/Mirrors, Full service History	£ 4,995
2005 (54) Peugeot 407 SW 2.0 SV, 5dr Estate, Diesel, Sky Blue, Aircon/ Climate Control, Alloy Wheels, Full Length Sunroof	£ 4,695
2001 (Y) Saab 9-3 2.0 T SE, Convertible, Blue, Electric Roof/Windows/Mirrors, Aircon, Airbags, Remote Central Locking	£ 5,295
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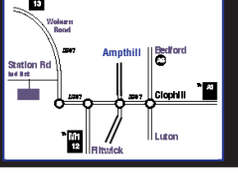

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98 (R)	KA 1.3 3dr, silver, 2 owners, PAS, stereo, MoT, vgc	£1,395
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99 (S)	OMEGA ELITE AUTO 2.5, met green, PAS, e/w, c/l, e/seats, a/c, CD, MoT, vgc	£1,395
01 (51)	VECTRA 1.8 LS, met blue, 2 owners, 76k, PAS, e/w, c/l, a/c, CD, MoT, vgc	£2,195
00 (X)	VECTRA 1.8LS 5dr, met green, 68k, history,PAS, e/w, c/l, a/c, stereo, MoT, vgc	£1,995
98 (R)	ASTRA 1.6 CLUB NEW SHAPE, met green, PAS, c/l, a/c, stereo, MoT, vgc	£1,595
02 (52)	CORSA SXI 1.2 16V 3dr, silver, 2 owners, 47k, PAS, e/w, c/l, CD, MoT, vgc	£3,595
01 (51)	CORSA 1.2 SXI 3dr, met ice green, 2 owners, 61k, PAS, e/w, c/l, alloys, stereo, MoT, vgc	£2,895
00 (X)	CORSA NEW SHAPE 1.0 5dr, 2 owners, PAS, e/w, c/l, e/m, s/r, stereo, MoT, tax, vgc	£2,195
00 (W)	CORSA 1.0 3dr, met blue, 2 owners, PAS, stereo, MoT, vgc	£1,695
98 (R)	MGF 1.8 CONVERTIBLE, red, 64k, e/w, c/l, alloys, stereo, MoT, vgc	£1,995
01 (Y)	PEUGEOT 406 1.8 RAPIER, met blue, 2 owners, 70k, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£1,895
00 (W)	PEUGEOT 406 1.8 LX, met green, PAS, e/w, c/l, a/c, alloys, new MoT, vgc	£1,395
01 (Y)	PEUGEOT 306 MERIDIAN 1.8 5 dr, met ice blue, 2 owners, PAS, e/w, c/l, a/c, alloys, half leather, stereo, MoT	£2,395
01 (51)	PEUGEOT 206 1.1 3dr, blue, 2 owners, PAS, e/w, remote c/l, 16" alloys, MoT, vgc	£2,595
99 (T)	PEUGEOT 206 GLX 5dr, met silver, 2 owners, history, 75k, PAS, e/w, c/l, a/c, alloys, stereo, vgc	£1,995
99 (T)	PEUGEOT 206 LX 5dr, met green, 2 owners, PAS, e/w, c/l, stereo, MoT, vgc	£2,195
01 (51)	MEGANE FIDJI 1.6 16V 5dr, met blue, 2 owners, PAS, e/w, c/l, a/c, alloys, stereo, MoT	£1,995
01 (51)	MEGANE AUTHENTIQUE 1.4 5dr, 1 owner, PAS, e/w, remote c/l, stereo, MoT, vgc	£1,995
98 (S)	MEGANE COUPE 1.8, met blue, PAS, e/w, c/l, 17" alloys, stereo, MoT	£1,495
99 (T)	MEGANE 1.6 RT SPORT 5dr, silver, 2 owners, 61k, PAS, e/w, c/l, alloys, s/r, stereo, MoT	£1,595
99 (T)	MEGANE 1.6 RT 5 dr, met black, PAS, e/w, c/l, stereo, MoT, vgc	£1,495
03 (03)	CLIO 1.2 EXPRESSION 1.2 16V 3dr, met grey, 2 owners, 62k, PAS, e/w, c/l, alloys, MoT vgc	£3,595
02 (02)	CLIO 1.2 DYNAMIQUE 3 dr, met electric blue, 2 owners, PAS, e/w, c/l, alloys, stereo, MoT, vgc	£3,295
01 (51)	CLIO 1.2 3dr, met grey, 2 owners, 58k, PAS, e/w, c/l, stereo, MoT, vgc	£3,195
01 (Y)	CLIO 1.2 5dr, met silver, 2 owners, 61k, PAS, e/w, c/l, stereo, MoT, vgc	£2,895
00(W)	CLIO 1.4 SPORT 3dr, silver, 45k, PAS, e/w, s/r, sunroof, MoT, vgc	£1,995
99 (S)	CLIO 1.2 RN 3dr, white, 2 owners, 73k, PAS, s/r, stereo, MoT, vgc	£1,595
01 (51)	BRAVA 5dr 1.2 SX, met blue, 2 owners, history, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,595
00 (V)	BRAVO 100SX 1.6 3dr, met blue, 73k, 2 owners, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,495
99 (V)	PUNTO NEW SHAPE 1.2 5dr ELX, met red, 72k, PAS, e/w, c/l, stereo, MoT	£1,595
01 (51)	ALMERA ACTIVE 1.5, met blue, 2 owners, 53k, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£2,595
02 (02)	PROTON SATRIA 3dr 1.3 LI, met burgundy, 54k, 2 owners, PAS, grey leather, stereo, vgc	£1,595
01 (Y)	KIA SHUMA 1.6 4dr, met grey, 2 owners, PAS, stereo, MoT, vgc	£1,395
01 (Y)	DAEWOO MATIZ 5dr 800cc, silver, 2 owners, 61k, history, PAS, stereo	£1,695
00 (W)	DAEWOO MATIZ 5dr, blue, 2 owners, 61k, PAS, stereo, MoT, vgc	£1,395
99 (V)	VW GOLF 1.4 16V 3dr, met green, PAS, e/w, c/l, alloys, twin airbags, CD, MoT, vgc	£2,695
99 (T)	POLO 1.4 CL 5dr, red, 2 owners, 62k, PAS, e/w, c/l, stereo, MoT, vgc	£1,695
98 (S)	VW POLO 1.4 CL 5dr, red, 72k, history, 2 owners, PAS, e/w, c/l, stereo, MoT, vgc	£1,595
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98 (R)	MONDEO 2.0 GHIA 5dr, met blue, PAS, e/w, c/l, alloys, stereo, MoT, tax, vgc	£895
97 (P)	VECTRA ESTATE 1.8 LS, met champagne, PAS, e/w, c/l, stereo, MoT	£895
96 (N)	VECTRA AUTOMATICM 2.0 5dr, met champagne, PAS, new MoT, vgc	£895
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99 (T)	FOCUS ESTATE 1.8 ZETEC, silver, 2 owners, PAS, e/w, c/l, a/c, alloys, MoT, vgc	£2,295
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99 (V)	MEGANE SCENIC 1.4 5dr, met silver, 62k, PAS, e/w, c/l, stereo, MoT, vgc	£1,995
99 (S)	ASTRA CLUB 1.6 6V NEW SHAPE ESTATE, met blue, 2 owner, 72k, PAS, c/l, a/c, CD, MoT, vgc	£1,995
99 (T)	VOLVO ESTATE V70 2.5 MANUAL, red, 2 owners, PAS, e/w, c/l, a/c, alloys, CD, MoT, vgc	£1,995
01 (Y)	XSARA PICASSO, silver, 2 owners, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£2,695
01 (Y)	XSARA PICASSO 1.6 5dr, silver, 2 owners, PAS, e/w, remote c/l, stereo, MoT, vgc	£2,495
97 (P)	VECTRA ESTATE 1.8 LS, met champagne, PAS, e/w, c/l, MoT, vgc	£895
99 (T)	SKODA FELICIA ESTATE 1.3, met blue, 600k, stereo, MoT, vgc	£995
	AUTOMATICS	
00 (X)	ASTRA 1.6 AUTO 5dr, met blue, 37k, 3 owners, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£2,595
98 (S)	POLO 1.6 GL AUTO 5dr, met silver, 61k, PAS, e/w, c/l, stereo, MoT, vgc	£1,695
98 (R)	POLO 1.4 CL 3dr, met green, 2 owners, 32k, FSH, PAS, e/w, c/l, stereo, MoT, vgc	£1,995
99 (T)	CORSA 1.2 16V AUTO 5dr, blue, 71k, PAS, s/r, stereo, MoT, vgc	£1,795
99 (S)	NISSAN PRIMERA 5dr AUTO, met green, PAS, e/w, c/l, a/c, stereo, MoT tax, vgc	£995
99 (S)	OMEGA 2.5 ELITE, met green, PAS, e/w, c/l, a/c, e/seats, MoT, vgc	£1,995
96 (N)	VECTRA AUTO 5dr, met silver, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£895
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01 (Y)	PEUGEOT 306 HDI 5dr, met red, 2 owners, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£2,495
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4. Printed conditions on advertisement orders will not be recognised as binding unless expressly accepted in writing by the publishers.
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10. The advertiser (or his advertising agency) shall indemnify the publisher in respect of all costs, damages or any other charges as the result of legal action or the threat of legal action arising from the publisher of a single advertisement for a series of advertisements, published in accordance with copy instructions supplied to the publisher in pursuance of the advertiser or his advertising agency's order.
11. If an advertisement does not appear due to copy or artwork being supplied after the agreed deadline, the space will be payable in full at the published rates.
12. A request to insert an advertisement assumes acceptance of our Terms & Conditions of Advertising.

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1. Unless otherwise stated, distribution will normally take place within the specified publication to the individual addresses which usually receive the publication within the area and on the date scheduled. This does not necessarily imply 100% delivery to all addresses within the area.
2. The publisher shall not be liable for total or partial non delivery of any publication in which an advertisement is scheduled to appear and no reinsertion, refund or adjustment will be made to the advertiser.

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While every endeavour will be made to forward replies to box numbers to the advertiser as soon as possible, no liability will be accepted by the publisher in respect of any loss, damage or delay in forwarding such replies.

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2. If any advertiser in receipt of a series, volume or prepayment discount cancels before fulfilling the terms of the agreed order, the publisher reserves the right to make a surcharge up to the full published rates for the type of advertisement.
3. Queries concerning cancelled advertisements must be accompanied by the stop number given at the time of cancellation.

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1. Credit facilities are at the discretion of the publisher, but such facilities are limited to strict terms of 30 days. Late payment of account may lead to suspension of account facilities. Any discount which the publisher may have agreed with the advertiser may be forfeit should the advertiser fail to meet the agreed credit terms.
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Professional lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male for LTR. **Tel No: 0911 374 0222 Box No: 308434**

HONEST sincere, romantic 43yr old female, GSOH, attractive, 5ft 6ins, blonde hair, size 16, seeks similar male for LTR. **Tel No: 0911 374 0222 Box No: 307180**

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 306952**

VOLUPTUOUS lady with a heart of gold, just wants to be happy, seeks similar male for love and romance. **Tel No: 0911 374 0222 Box No: 304800**

70'S widow, lonely, medium build, likes cooking, gardening, holidays, nights out, seeks gent in his 70's with car to share life with. **Tel No: 0911 374 0222 Box No: 306492**

FEMALE 46, N/S, attractive, seeks genuine, honest male up to 52 to enjoy life with. **Tel No: 0911 374 0222 Box No: 299302**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298158**

ATTRACTIVE single lady, 41, seeks genuine male, 38-48, for genuine friendship and LTR. **Tel No: 0911 374 0222 Box No: 236066**

BLONDE confident, attractive, early 50's N/S female, likes music, outdoors, cooking, WLTM honest, down to earth male, 50-65 for good times. **Tel No: 0911 374 0222 Box No: 226953**

HELEN 38, blonde hair, blue eyes, nice smile, varied interests, seeks male, 30-50 to share good times with. **Tel No: 0911 374 0222 Box No: 295212**

WIDOW bubbly, full of fun, loves life, WLTM romantic male to dance the night away with. **Tel No: 0911 374 0222 Box No: 304806**

SARAH 45, black, professional, curvy, likes countryside, cinema, theatre, travel, seeks sincere, mature male for LTR. **Tel No: 0911 374 0222 Box No: 288410**

ATTRACTIVE blonde, early 40's, seeks funny, romantic, caring male, 38-48 to make her laugh and her day shine again. **Tel No: 0911 374 0222 Box No: 287388**

ATTRACTIVE lady, 49, blonde hair, blue eyes, medium build, genuine, affectionate, GSOH, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 251238**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0911 374 0222 Box No: 248208**

VERY feminine bored female, long blonde hair, green eyes, GSOH, looking fun guy. **Tel No: 0911 374 0222 Box No: 304808**

FEMALE 40's, honest, genuine, loving, shy, seeks similar guy for nice times and company. **Tel No: 0911 374 0222 Box No: 282512**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646**

SEXY black lady, seeks male, any age for romance. **Tel No: 0911 374 0222 Box No: 263846**

EASYGOING 40 something, only admit to being 37, no dependants, looking to try new things. **Tel No: 0911 374 0222 Box No: 221747**

PROFESSIONAL female, 42, no ties, seeks similar male for friendship/companionship. **Tel No: 0911 374 0222 Box No: 262280**

ATTRACTIVE petite single mum, 37, seeks intelligent, handsome, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 259271**

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PRETTY slim brunette, hazel eyes, works hard, tired of playing alone, WLTM a handsome guy to play games with! **Tel No: 0911 374 0222 Box No: 304810**

36YR old blonde, hazel eyes, easygoing, GSOH, seeks honest, genuine male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 292892**

ATTRACTIVE 42yr old blonde female, likes keep fit, interior design, meals out, seeks attractive, slim male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263661**

ATTRACTIVE slim female, blonde, mid 40's, seeks attractive male with GSOH to look after and pamper. **Tel No: 0911 374 0222 Box No: 257879**

BEAUTY and brains! 44yr old attractive, ambitious female, seeks kind, caring guy to share life with. **Tel No: 0911 374 0222 Box No: 257085**

BUSTY brunette 25, single mum, likes music, comedy, films, seeks male, 28-40 for new adventures and LTR. **Tel No: 0911 374 0222 Box No: 256518**

GEORGIANA 60, widow, active, 5ft 4ins, slim, likes sports, music, meals out, walks, seeks gent, 67-74 with GSOH and similar interests. **Tel No: 0911 374 0222 Box No: 255405**

STUNNING brunette, big brown eyes, fed up with being alone, seeks similar lonely male to spice things up a bit. **Tel No: 0911 374 0222 Box No: 304816**

KIND caring female, 49, attractive, medium build, fun, affectionate, many interests, seeks loving male. **Tel No: 0911 374 0222 Box No: 239911**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0911 374 0222 Box No: 233352**

31YR old female, brown hair, blue eyes, curvy, likes most things, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 231706**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 305342**

40YR old female, seeks Jonny Depp look-alike, alternatively a hunky stud with a GSOH. **Tel No: 0911 374 0222 Box No: 304700**

MYSTICAL green eyed blonde, seeks tactile male for some magical love. **Tel No: 0911 374 0222 Box No: 304818**

YOUNG looking female, 43, slim, caring, loyal, likes cinema, meals out, seeks male, 38-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304156**

35YR old single mum, black, seeks male, 43-47 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 302078**

GENTLEMAN partner required to escort attractive, bubbly female to formal ball, young 54yr old could lead to friendship or more. **Tel No: 0911 374 0222 Box No: 260545**

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63YR old female, likes walks, gardening, cinema, cooking, seeks similar aged male to share time with. **Tel No: 0911 374 0222 Box No: 246816**

BLONDE female, 42, likes cinema, clubs, walks, holidays, seeks male, similar age for fun and friendship. **Tel No: 0911 374 0222 Box No: 298570**

42YR old black female, divorced, 5ft 8ins, seeks outgoing, caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 295650**

21YR old female, seeks male for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 293312**

36YR old divorced female, GSOH, likes motor bikes, clubs, meals out, seeks male, 29-59 for romance and relationship. **Tel No: 0911 374 0222 Box No: 293228**

KIND sweet 22yr old lass who enjoys drinking, socialising and having a good time, seeks similar guy! **Tel No: 0911 374 0222 Box No: 243778**

57YR widow, 5ft, blonde, N/S seeks romantic, trusting, N/S male. **Tel No: 0911 374 0222 Box No: 243583**

ATTRACTIVE petite, 61yr old female, likes pubs, cinema, walks, seeks caring male, 55-65 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 288282**

25YR old African female, 5ft 3ins, likes meals out, music, travel, seeks similar male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 287210**

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 298732**

CAROL 47, attractive, slim, GSOH, likes good food/wine, nights in/out, seeks attractive male, 40-50 with similar interests. **Tel No: 0911 374 0222 Box No: 286336**

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32YR old single mum, seeks male, 28-34 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 285374**

22 year old girl with GSOH, enjoys drinking, socialising, nights in and having a laugh, seeks similar. **Tel No: 0911 374 0222 Box No: 243540**

24YR old easygoing female, seeks male with similar interests. **Tel No: 0911 374 0222 Box No: 237939**

FEMALE seeks male to love her. **Tel No: 0911 374 0222 Box No: 237517**

WIDOW early 60's, N/S, seeks kind, caring male, 58-68 for friendship, companionship, maybe more. **Tel No: 0911 374 0222 Box No: 284854**

ATTRACTIVE Asian female, 26, single mum, likes nights in/out, shopping, seeks genuine male for love and commitment. **Tel No: 0911 374 0222 Box No: 284192**

63YR old divorced female, 5ft 7ins, likes cooking, music, meals out, seeks honest, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 281828**

46YR old mum, 5ft 4ins, chatty, attractive, size 12, brown hair/eyes, likes days out, cinema, walks, dancing, seeks caring, honest male, 40-48. **Tel No: 0911 374 0222 Box No: 280652**

20YR old female, 5ft 6ins, black, attractive, GSOH, sincere, seeks fun, white male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 279460**

FEMALE 51, 5ft 3ins, medium build, brown eyes, smoker, seeks romantic male with GSOH. **Tel No: 0911 374 0222 Box No: 276576**

FEMALE 37, 5ft 7ins, medium build, black hair, blue eyes, GSOH, fun loving, seeks male, 37-45 for nights in/out, possible romance. **Tel No: 0911 374 0222 Box No: 272774**

SINGLE mum, 34, 5ft 2ins, medium build, loyal, caring, considerate, honest, likes country walks, seeks similar male, 34-45 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 270122**

FEMALE 39, single mum, GSOH, romantic, likes dancing, nights in/out, seeks male, 35-49 for LTR. **Tel No: 0911 374 0222 Box No: 268610**

ATTRACTIVE 45yr old female, 5ft 5ins, seeks tall male, 45-52 with GSOH for friendship, possible romance. **Tel No: 0911 374 0222 Box No: 263361**

MEL Afro Caribbean, 30, slim, petite, laidback, likes meals out, gym, seeks professional, white male, 30-40 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263021**

KIRSTY 26, gun loving, bubbly, seeks similar male for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 262349**

FEMALE seeks fun loving male for romantic times and nights out. **Tel No: 0911 374 0222 Box No: 261267**

JANE 47, petite, brunette, smoker, many interests, seeks kind, loving, caring, solvent, handsome male, 40-55 with GSOH. **Tel No: 0911 374 0222 Box No: 261122**

FEMALE 36, 5ft 5ins, likes socialising, nights in/out, walks, seeks genuine, honest, caring male, 35-42 for LTR. **Tel No: 0911 374 0222 Box No: 260679**

FEMALE 39, single mum, seeks male, 35-49 for LTR. **Tel No: 0911 374 0222 Box No: 259557**

SYLVIA 52, divorced, 5ft 6ins, medium build, brown hair, seeks similar aged, loving, affectionate, honest, trustworthy guy for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 259183**

SINGLE mum, 40, GSOH, N/S, likes nights out, meals out, cinema, pubs, seeks caring, genuine male, 40-45 for fun and friendship. **Tel No: 0911 374 0222 Box No: 258686**

YOUTHFUL 59yr old female, tall, slim, fit, active, seeks likeminded, caring male to share life with. **Tel No: 0911 374 0222 Box No: 258235**

MATURE 20yr old single mum, attractive, seeks genuine, attractive male with GSOH for friendship/relationship. **Tel No: 0911 374 0222 Box No: 257071**

41YR old African female, Christian, seeks male, 38-47 for LTR. **Tel No: 0911 374 0222 Box No: 256800**

YOUNG looking, attractive, slim 57yr old female, N/S, professional, seeks likeminded soul mate. **Tel No: 0911 374 0222 Box No: 255603**

GOOD looking 23yr old female, seeks male for fun times. **Tel No: 0911 374 0222 Box No: 253853**

24YR old female, long dark red hair, blue eyes, likes socialising, pubs, concerts, comedy, shopping, animals, seeks tall, dark male, 23-31 with GSOH. **Tel No: 0911 374 0222 Box No: 252199**

MID 40's female, N/S, GSOH, seeks male to share life with. **Tel No: 0911 374 0222 Box No: 251787**

1954 model, 5ft 2ins, brown hair/eyes, attractive, bubbly, sincere, seeks genuine, sincere male for nights in/out, maybe more. **Tel No: 0911 374 0222 Box No: 250259**

ATTRACTIVE blonde lady, sloane ranger type, seeks male, 60-75 for companionship. **Tel No: 0911 374 0222 Box No: 247138**

SUSAN 42, 5ft 8ins, slim, likes outdoors, life, OHAC, seeks male for a genuine relationship. **Tel No: 0911 374 0222 Box No: 246620**

CUDDLY widow, 58, 5ft, N/S, seeks male, 59-65 for companionship. **Tel No: 0911 374 0222 Box No: 244236**

ATTRACTIVE dizzy blonde, early 40's, seeks funny, romantic, caring male, 36-47 to make her laugh. **Tel No: 0911 374 0222 Box No: 243260**

YOUNG looking female, 63, bubbly, easygoing, seeks similar male, 55-64 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 240765**

48YR old female, likes cooking, walks, cinema, nights in/out, wine, seeks nice guy, 48-52. **Tel No: 0911 374 0222 Box No: 239621**

single men

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TALL slim, tactile male, 48, loves music, writing, seeks caring, loving female, 38-50 for happy times. **Tel No: 0911 374 0222 Box No: 308374**

MALE 56, smoker, seeks companion for outings and possible LTR. Someone homely who enjoys the simple things. **Tel No: 0911 374 0222 Box No: 308344**

ROD 65, N/S, 6ft, brown eyes, OHAC, likes gardening, football, walks, theatre, meals out, holidays, seeks N/S lady, 60 plus for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 307532**

DANIEL 21, likes cinema, clubs, football, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 306828**

58YR old male, seeks humorous female in 40's with youthful attitude. **Tel No: 0911 374 0222 Box No: 306692**

40 something male, N/S, fun, romantic, seeks female for beach walks and watching the sunset. **Tel No: 0911 374 0222 Box No: 302278**

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. **Tel No: 0911 374 0222 Box No: 285436**

HANDSOME divorced, 6ft male, 59, slim, GSOH, N/S, easygoing, seeks female, 45-60 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 259351**

59YR old male, divorced, solvent, retired, likes gardening, walks, nights in, seeks honest female of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 258030**

MALE 39, 5ft 11ins, blue eyes, handsome, kind, considerate, seeks female for love and romance. Single mum welcome. **Tel No: 0911 374 0222 Box No: 245223**

IAN 5ft 6ins, short hair, blue eyed, fed up, bored, seeks female for fun, chats and friendship. **Tel No: 0911 374 0222 Box No: 305600**

BEN 39, 5ft 11ins, brown eyes, self employed, seeks female/soul mate. **Tel No: 0911 374 0222 Box No: 305564**

PROFESSIONAL male, 49, seeks sensual female for discreet fun times. **Tel No: 0911 374 0222 Box No: 305554**

43YR old male, likes travel, nights out, meals out, socialising, seeks similar female of any age. **Tel No: 0911 374 0222 Box No: 304046**

6FT 2ins male, 48, likes pubs, clubs, nights out, music, seeks similar female for fun and friendship. **Tel No: 0911 374 0222 Box No: 304034**

43YR old male, no ties, OHAC, likes countryside, meals out, walks, seeks female, 30-48 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 303936**

38YR old romantic, still believes in happy endings, do you? **Tel No: 0911 374 0222 Box No: 303636**

JOHN seeks female, 35-40 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 302748**

MALE 43, tall, dark, handsome, seeks female for love and romance. **Tel No: 0911 374 0222 Box No: 302236**

MALE 40, 6ft 2ins, medium build, blond hair, blue eyes, GSOH, easygoing, seeks black/mixed race female for fun and romance. **Tel No: 0911 374 0222 Box No: 302156**

36YR old black male, 6ft, good looking, professional, seeks female for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 254456**

5FT 11ins, slim male, brown hair, green eyes, GSOH, seeks similar female. **Tel No: 0911 374 0222 Box No: 251515**

AARON 41, 5ft 6ins, slim, easygoing, likes sports, pubs, cinema, walks, seeks similar aged, kind female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 302032**

MATURE discreet male, 50, well travelled, 50, own hair/teeth, likes good food/wine, seeks mature, broadminded female for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 301900**

6FT professional black male, likes keep fit, nights in, clubs, seeks female, 20-35 for friendship, possible romance. **Tel No: 0911 374 0222 Box No: 301420**

ROBERT late 50's, 6ft, brown hair/eyes, likes gym, pubs, meals out, countryside, seeks slim female, up to 50 to make his princess. **Tel No: 0911 374 0222 Box No: 300618**

CARING professional male, 44, likes countryside, walks, sailing, nights in, seeks slim-curvy, loving female, 35-50. **Tel No: 0911 374 0222 Box No: 300010**

40YR old male, 5ft 11ins, good shape, seeks female for fun and romance. **Tel No: 0911 374 0222 Box No: 299956**

PAUL 49, recycled teenager, seeks female with GSOH for cuddles, friendship, possible LTR. **Tel No: 0911 374 0222 Box No: 299838**

ALAN 58, slim, 5ft 6ins, likes cinema, music, nights in/out, tactile, loving, N/S, seeks attractive 50's female for LTR. **Tel No: 0911 374 0222 Box No: 299058**

32YR old male, 5ft 10ins, medium build, dark hair, likes pubs, cinema, meals out, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298936**

RYAN 32, fit, fun, adventurous, blue eyes, seeks mature female for no strings fun. **Tel No: 0911 374 0222 Box No: 241900**

PETE 46, 6ft 3ins, blue eyes, affectionate, loving, smoker, seeks special female, 40-50. **Tel No: 0911 374 0222 Box No: 236635**

33YR old male, 5ft 9ins, slim-medium build, black hair, brown eyes, seeks petite female for LTR. **Tel No: 0911 374 0222 Box No: 305944**

SCOTLAND or bust camping, 16-24th May, female blithe spirit sought by aged car and a driver. **Tel No: 0911 374 0222 Box No: 305822**

SHY loving male, 51, 5ft 7ins, dark hair, medium build, OHAC, loyal, kind, honest, likes nights in/out, holidays, seeks female for LTR. **Tel No: 0911 374 0222 Box No: 302106**

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PAUL 5ft 5ins, black hair, medium build, single dad, divorced, likes pubs, cinema, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 297320**

MALE 50, new to area, seeks nice female for discreet fun times. **Tel No: 0911 374 0222 Box No: 296358**

EMERGENCY worker, 44, 5ft 9ins, medium build, brown hair, blue eyes, likes socialising, cinema, meals out, seeks female, 35-55. **Tel No: 0911 374 0222 Box No: 296298**

46YR old male, seeks female to get to know and go on to better things. **Tel No: 0911 374 0222 Box No: 295576**

HANDSOME divorced 6ft male, 60, medium build, GSOH, N/S, easygoing, seeks female, 40-60 for fun and laughter, maybe more. **Tel No: 0911 374 0222 Box No: 295234**

TALL good looking male, GSOH, likes music, pubs, cinema, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 292116**

TONY 58, attractive, likes holidays, OHAC, seeks nice female to share good things in life with. **Tel No: 0911 374 0222 Box No: 275338**

26YR old male, 5ft 11ins, slim, black hair, brown eyes, GSOH, likes cinema, socialising, pubs, music, seeks slim, curvy female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 265646**

friends-gay

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DISTINGUISHED bi guy, ex public school master, 59, 6ft 3ins, seeks young guy, 18-32 for fun and friendship. **Tel No: 0911 374 0222 Box No: 307644**

5FT 10ins, blonde male, hair dresser, 20, seeks older male for fun. **Tel No: 0911 374 0222 Box No: 282554**

GOOD looking male, 38, own home, brown hair, straight acting, likes life, seeks similar for fun. **Tel No: 0911 374 0222 Box No: 237373**

adult interests

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Ince nets hat-trick of manager awards

ANOTHER award is in Paul Ince's cabinet after he was named April's League Two Manager of the Month.

It is the third time Ince has scooped the gong this season.

The Dons boss had a phenomenal first year in charge leading the club to a cup double with the League Two trophy and the Johnstone's Paint Trophy.

In an unbeaten month the Dons won four and drew two, in the process they secured promotion and the Championship title.

Ince, who won the award in October and December, completes a double winning month for the Dons as striker Aaron Wilbraham collected the Player of the Month

His success in the game has raised the attentions of chairman across the country, and already his name is being linked to positions elsewhere.

The vacant Queens Park Rangers jobs has got fans murmuring his name just behind Iain Dowie's and he is also reportedly on the list should Leicester City give Ian Holloway the boot.

But all that speculation has been expected by both Dons' chairman Pete Winkelman and the fans.

Winkelman said: "Paul has really given us a kick start - I just hope he has somewhere to keep all the silverware he's been winning!

"My biggest job now is to keep hold of him. But I have a good relationship with Paul and hopefully we'll be OK.

"He has led us to the top of the division and we think the club will continue to rise now that we have some momentum. I doubt I'll have another season like this at the football club. Every month we seem to win something new."

October, December and May: Boss Ince is top manager

VIEW FROM THE MOOCAMP

MK Dons have added additional block training places to their development centres due to high demand.

The development centres have been a huge success since the programme was launched back in September.

Over 200 boys between the ages of 7 and 14 have been receiving professional football training on a weekly basis at venues in and around Milton Keynes.

The development centres provide a clear pathway from grass roots football to an advanced level.

The programme provides boys from the ages of under 8 to under 14's a stepping stone to the MK Dons Academy teams.

The centres are providing advanced coaching and training for players who wish to develop their technical and tactical knowledge of the game with an ambition to play for the MK Dons.

Players receive ongoing feedback each week as well as written feedback on how they are developing as players.

For the players excelling at our development centres there is opportunities to progress through to the Elite Centres and the MK Dons Academy.

For more information on how you can develop further as a football player with the MK Dons contact Chris McGuane on 01908 622888 or email chris.mcguane@mkdons.com

MK Dons Education and Sports Trust have announced details for their 2008 Girls Centre of Excellence Trials.

The Girls Centre of Excellence provides youngsters with a chance to improve their skills in a safe, engaging environment with the help and encouragement of highly-qualified coaches.

The trials are open to girls aged 10-16 will take place over two days in June at Denbigh School.

For more details and to book your place at the trial log on to www.mkdons.com to download Girls Centre of Excellence booking form and return by email to heather.mcdonnell@mkdons.com.

For more information contact Heather on 01908 622888 or e-mail: heather.mcdonnell@mkdons.com

JUNE 10 DATE FOR NEW 2008-09 FIXTURES

THE season may have only just finished for MK Dons but fans can already start the countdown for the next game.

In 87 days the new football season will begin all over again.

The Football League have confirmed Saturday, August 9 will be the first day of the 2008/09 season.

While that may be a long wait, supporters have a date much closer to look forward to.

The release of the fixtures.

In just over a months time the Dons will discover where and more importantly who they will start life against in League One next term.

The new fixture list will be announced at 10am on Monday, June 10.

No pro contracts for apprentices

BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

MK Dons second-year apprentices have discovered the shattering news that they will not be offered professional contracts.

Seven academy boys were told last week that they do not have what it takes to be professionals with the Dons.

Defender Ollie Thorne, Tom Williams, Charlie Shuter, Stephane Koffi, Laurie Walker and Miles Mitchell-Coop have all had their scholarship with the club ended.

And most surprisingly midfielder Liam Kelly has also been released.

Kelly was thought to be the one to watch for the future and was expected to follow in academy prodigy Sam Baldock's footsteps and sign professional terms.

But it was not to be for the 18-year-old.

Kelly is a highly rated youngster, and last year he became the first academy product to be selected for a national squad.

In October he was named in the Scotland under-18s squad that toured France. He made three appearances and scored once.

Speaking after his debut for Scotland, Kelly said: "I thought I did OK, I wasn't expecting to be involved until the next match but the manager decided to put me in.

"It took me a few minutes to get used to the pace of the game but once I'd had a few touches I enjoyed myself."

At 17-years-old he was named the Most Improved Academy Player of the Year and was on the bench for the Dons' Carling Cup game against Sheffield United.

A spokesman for MK Dons said: "The current group of second-year apprentices were spoken to on Friday and made formally aware that there would unfortunately be no offers of professional contracts.

"After spending time developing with the club, informing young players of this decision is never an easy task and the club will do everything in its power to assist them in exploring other options in football or elsewhere.

"The club would like to thank each of these players for their contributions throughout their time here and wish them every success in the future."

Last week MK Dons academy boss Mike Dove revealed five academy players have been offered two-year apprenticeship deals.

Adam Chicksen, Tom Flanagan, Troy Farden, Martell Powell and Charlie Collins have been offered deals and will be among the new intake of apprentices for next season.

CRICKET

MORRANTS FOUR COUNTIES

DIVISION ONE

THE top two are breaking away from the rest of the pack as a 31 point gap splits third and second.

CUBLINGTON moved into first place as they beat NEWPORT PAGNELL by 38 runs.

It was a low scoring game, Sam George (45) top scored as Cublington set Newport a target of 161.

George then helped out on the bowling front claiming 4-27 as Newport fell all out for 123.

But EATON BRAY are just two points behind Cublington after drawing with OLNEY TOWN.

Will Hoskins' knock of 81 along with Paul Harris (60) and Josh Peacock (47no) saw Bray reach 221-5 at the end of their innings.

The target was too much for Olney, who managed to bat through to 169-9 to earn them six points.

MILTON KEYNES remain rooted at the bottom with just four points as they suffered a nine wicket defeat to North Crawley.

Two centuries were not enough to give WINSLOW TOWN maximum points. Glyn Davies' unbeaten 101 combined with Sesford's 135no saw Winslow reach 305-3 but MK CITY stubbornly batted to 178-9.

NEW BRADWELL reached the target of 150-7 set by ASPLEY GUISE to win by a five wicket margin.

DIVISION TWO

MENTMORE lost by one wicket to ELSTOW, who moved up to second place, while EDLESBOROUGH'S two wicket win over SOULBURY keeps them top.

OLD BRADWELL's 87 all out was easily matched by BIDDENHAM who did not lose a wicket in the process.

Fourth placed STEWKLEY beat the OPEN UNIVERSITY by six wickets to take their total to 42 points.

ASTON CLINTON failed to take advantage of the OU's result and remain two points adrift after losing by two wickets to STUDHAM.

DIVISION THREE

IT is difficult to separate this division as four draws took place this weekend.

CADDINGTON shared the spoils with EATON BRAY'S 2nds, while NORTH CRAWLEY 2nds took 18 points from TURVEY following their winning draw.

SHENLEY CHURCH END thought 222-6 would be enough but NEW BRADWELL 2nds held on for a draw.

MILTON BRYAN also shared the points with WHITCHURCH while EGGINGTON FORESTERS beat DRAYTON PARSLOW by five wickets.

DIVISION FOUR

MK CITY 2nds lost further ground on table toppers HARLINGTON after a four wicket defeat at the hands of STOKE HAMMOND.

STEEPLE CLAYDON's 186-9 was not enough as they lost to MILTON KEYNES 2nds by two wickets and WILLEN also slipped to a six wicket defeat to PRINTERS.

CRANFIELD UNIVERSITY were all out for 200 but were still held to a draw with OLD BRADWELL 2nds.

DIVISION FIVE

SECOND from bottom MILTON BRYAN looked to be giving leaders CUBLINGTON a run for their money when James Wesley's 55 gave them a 194-9 total, but Robin Harry replied with 61no to hand Milton Bryan an eight wicket defeat.

WING were on the end of at three wicket loss to TRING PARK 4th and TURVEY 2nds beat LITTLE HORWOOD by 153 runs.

Meanwhile, OLNEY TOWN 2nds moved into fourth despite drawing with STEWKLEY 2nds.

DIVISION SIX NORTH

NORTH CRAWLEY 3rds continue to lead the way at the top.

They beat GREAT BRICKHILL 3rds by 46 runs after setting 148-5.

ELSTOW 2nds record a 103 run victory over WOLVERTON TOWN 3rds while STONY STRATFORD 4th lost to MK PARK 3rds by eight wickets.

NORTHANTS LEAGUE

STONY STRATFORD'S season is continuing to start at a slow pace as they drew with Peterborough Town.

Centuries from Asim Butt (133) and Alan Burton (121) allowed Peterborough to declare at 314-4.

With a tough total ahead Stony were keen to show their aggressive streak as Graeme Carter hit 35 form 44 and Steve Wharton with 56 from 52.

Yet Stony went from 115-2 to 139-6 in a short space of time.

Skipper Dion Ebraham and Simon Myatt steady the ship until Myatt fell for 34.

In failing light it was left for Ebrahim and Peter Mitchell to salvage a draw, which they did as Stony ended 271-7.

The battling display will give third from bottom Stony great confidence ahead of their game with Burton Latimer this weekend.

CHERWELL LEAGUE

DIVISION TWO

MK CITY kicked off their life in division two with a comfortable five wicket win against local rivals Leighton Buzzard.

Danny Scott (57) dominated Buzzard's innings as Phil Whatmore supported with 34.

But it was Mike Alston who stared for Park as he claimed 5-50 from his sixteen over spell as Buzzard ended 184-8.

In reply, Park started with a solid partnership of 44 in the first eleven overs between Graham Sear (13) and Graham Simpson (41) before Sear was caught well at square leg.

The second wicket partnership of 41 looked steady until three quick wickets fell and MK were all of a sudden 99-4.

But 63 from the next 14 overs between James Clarke and Tim Chapman helped MK recover.

Chapman guided MK to a fine victory with 65no and an opening victory.

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It's a whole new ball game at stadiummk

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

THE first ever rugby match at stadiummk was a memorable one as Saracens snatched victory from the jaws of defeat with a last gasp try to beat Bristol 25-20.

But more importantly for the 8,000 plus Sarries supporters it was the perfect ending to Richard Hill's glittering 15 year career.

Dubbed his 'final stand' Hill ran out to a guard of honour, in the unfamiliar surroundings at Milton Keynes, and received a standing ovation as he collected a souvenir shirt from Saracens owner Nigel Wray after the match.

Saracens, the home side due to Watford's involvement in the play-offs at Vicarage Road, took an early lead as Alex Goode settled his nerves on his Premiership debut with a successful penalty two minutes in.

Ed Barnes should have evened things up five minutes later, yet sent his long range kick flagging wide of the curiously wonky posts.

Then Saracens took control with the first try of the afternoon.

A scrum on the half-way line had Bristol thinking there was little danger but soon Kris Chesney was storming through field before feeding to Richard Haughton who saw a golden opportunity in front of him, a quick dummy pass had the defence flat footed and Haughton scored under the post.

Slowly Bristol were able to pull themselves back with Barnes slotting between the posts from just short of the touchline.

As the west country visitors appeared to be working their way back into the game Sarries dealt them a blow in the form of a second try.

Once again Saracens were alert in the scrum as Neil de Kock's quick hands allowed Paul Gustard to charge through, unfortunately for the flanker, who was also playing his last game for the Men in Black, was stopped short of the line.

The ball worked its way out to youngster Adam Powell, then to Haughton before Noah Cato dived over to give Saracens a 15-3 lead.

It was a comfortable advantage until David Lemi broke down the left wing, exposing some naive defending from Cato in the process, and handed back for Luke Eves to score.

Barnes then converted to narrow the deficit to five points at half-time.

And ten minutes after the interval Bristol threatened to spoil Hill's leaving party when Eves grabbed his second and put his side in front for the first time in the game.

There was little in terms of action in the second half as the hot weather came into effect and players were forced to interrupt play for drinks breaks for their own safety.

It did threaten to be a mundane end to Hill's 288th appearance in a Saracens shirt.

That was until 18-year-old Goode clawed back three points with a penalty and all of a sudden Sarries were back within two points with eight minutes remaining.

Then, in the last move of the match, Alan Dickens created something from nothing and Powell, a former England Under 21's captain and hotly tipped star of the future, was on the run. As he was closed down he spotted the on rushing Ratuvou, send a high pass to him and the flying Fijian touched down in the corner to win the game.

Once Goode had converted the whistle was blown and Sarries were celebrating a winning end to their campaign.

World Cup winner Hill thanked the crowd and Milton Keynes were left hoping the greats of the game will once again grace the stadium.

Top: Kameli Ratuvou breaks through a tackle. Above: Ben Skirving tips the ball back from a lineout

Randall steps up for Arsenal

A MILTON Keynes youngster graced the Premier League at the weekend.

Attention may have been on the title race and the three-way fight against relegation but it was Arsenal's trip to the Stadium of Light that was of great significance for the city.

Sunday was the day Mark Randall made his Premier League debut.

The Bletchley-born midfielder was an 81st minute substitute in Arsenal's final game of the season at Sunderland.

While one English player, Theo Walcott, stole the headlines for his winner, Randall too had the ball in the back of the net four minutes from time.

But the 18-year-old was denied a dream debut when he was wrongly flagged offside.

Randall then kept Marton Fulop on his toes in the final minutes as he forced superb save from the Sunderland 'keeper.

It has been an indifferent year for Randall while he may have had time on the pitch, he has also been kept out through injuries.

In January he was loaned out to Burnley where he made ten appearances for the Championship side.

Burnley boss, Owen Coyle, was impressed but wishes he had seen more of the Gunners' youngster.

"He's a level-headed kid, he's loved his time here, and we'd have loved to have had him on the pitch more than he has been.

"That's been a source of frustration for me, because Mark came in and did very well.

"He came on against Coventry and was terrific, then we started him at Stoke, and he did okay in the game.

"He then hurt his back.

"Sometimes people look and say 'he's not playing', but people don't realise the reasons for it.

"He wasn't quite right, and then he's been stop-start with a few niggles.

"There's no doubt Mark can play, he's gifted, but he knows he has a lot of stuff to learn in the game."

MKSPORTSSHORTS

Grunt, groan and grapple

THIS Saturday Anglian Championship Wrestling takes place at Bletchley Leisure Centre.

The event will include the battle for the ACW Heavyweight Championship between Brendon O'Shea and Samson.

Light Heavyweight Championship is also up for grabs between Shane Summers and 'The Rainbow Kid' while there is also a hardcore and a tag-team match taking place.

But the main attraction will be the Royal Rumble contest where several wrestlers battle it out until the last one is standing.

Tickets cost £8 for adults, £6 for children/OAP/student, £25 for a family ticket. Doors open at 6.30pm with the event starting at 7pm.

For more information go to: www.acwrestling.co.uk.

Badminton ankle

BADMINTON star Nathan Robertson has undergone surgery on his ankle.

The MK-based player will now be side-lined for six weeks.

The news comes just a week before the GB badminton squad is named for the Beijing 2008 Olympics.

England head coach Ian Wright said: "The operation went well and Nathan is now home and recuperating.

"He will need two weeks' complete rest before he can think about doing any exercise.

"The surgeon feels he got to the root of the problem and has cleaned out the ankle joint and cut away scar tissue.

"The outcome is the best we could have hoped for. But now we must now be careful not to rush things just because we are in the final 12-week phase of the Olympic countdown."

MKSPORT

Wednesday, May 14, 2008 | Issue no 297 | www.mk-news.co.uk | 50p where sold

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Kameli Ratuvou stretches to score Saracens' winning try with just 30 seconds left on the clock ■ See inside for full match report on the first rugby match to be held at stadiummk

Picture by Andy Handley

Webber keen to stay with Bulls

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

MARK Webber is in talks to extend his contract with Formula One race team Red Bull.

The driver is already tied up in negotiations to ensure he stays on board next year.

His current deal expires at the end of this season but the Australian wants to stick with the Milton Keynes based team.

Webber, who collected his tenth point of the season with a seventh place finish at the Turkish Grand Prix, believes Red Bull are finally heading in the right direction.

"I am free next year, but I am massively keen to stay here. I hope to stay here. What I love about this team is that I am employed to drive the car.

"If I have to do a PR day, I ride a jet ski instead of going to talk to people that don't want to see me and I don't want to see them. That's great."

He added: "I have always said I won't be around forever fighting for 12th, 13th or 14th.

"I am massively motivated at the moment to come up and rack up the points, alongside Fernando (Alonso), and fighting like at Barcelona.

"That is good. It motivates you during the week, and you are looking forward to each race when it is like that. When you are getting smoked down the back every weekend and it is tough, then I would rather go ride my mountain bike with my dog."

And Webber has reasons to be excited about races, with 13 meetings to go he is only three point behind his whole season total last year.

There is also the added factor that Red Bull's mechanics appear to have worked extremely hard to banish the unreliability issues that plagued the team for two years.

"We have had a good run in the last few races, we've got to try and continue.

"Consistency is the key in any sport and if we can hold station where we are now that is a very good achievement.

"But then we have to go to that next level."

While Webber, who crashed in Friday's practice before last weekends race, may have had the delight of four successive point finishes it has been a different story for his team mate David Coulthard.

The veteran racer has not had the best fortunes this year but is hoping lady luck is finally shining on him.

Coulthard finally managed to make the third qualifying session to clinch tenth place in the starting line up.

A solid run saw him cross the chequered flag not far behind Webber, in ninth place.

The relieved Scotsman said: "I just missed out on points today, which is frustrating, but I've looked around my car

and there's no damage, so at least we finished a race without colliding with anyone! I raced as hard as I could."

Webber and Coulthard will now get back to practice and testing their machines ahead of the Monaco Grand Prix on May, 25.

Triple bogey sinks Poulter

IAN Poulter was left disappointed at the Players Championship in Sawgrass.

The Woburn golfer could have mounted a serious challenge for the title but instead finished tied in 21st.

The tournament started brightly for Poulter as he carded 69 to share fourth place after the opening round on Friday.

Chances of challenging for the lead did soon fall away for Poulter, despite being the best placed Briton in the competition, as a poor finish meant a 74 which tied him in 13th place, five strokes off the pace.

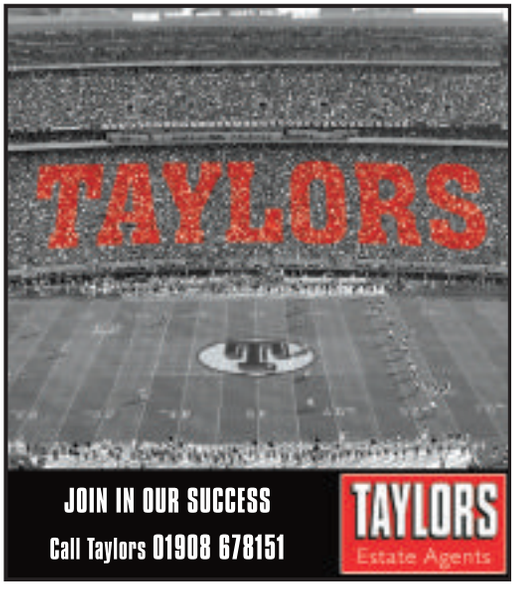
But Poulter did remain optimistic, speaking on Saturday he said: "So if I go and shoot five-under tomorrow and hole all the putts and play as good as I have been playing, if I don't make any mistakes that might be enough to win this golf tournament."

However, it was not to be for the flamboyant Englishman as he hit troubles at the final hole in the third round.

Poulter pulled his drive into the late at par-four 18th and ran up a triple bogey.

In fact the 32-year-old dropped four shots in the final six holes to card 76, his worst round of the tournament.

Poulter added: "I'm extremely disappointed with how I finished."



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17 & 18 May 2008

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Sunday 18 May
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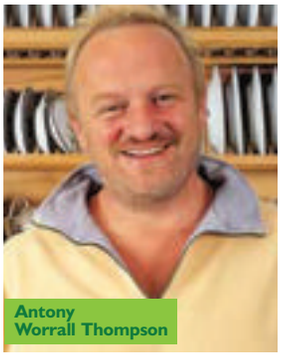
British produce is amongst the best in the world and Waitrose recognises it should be celebrated in order to sustain an important part of our food heritage. The food shop sources from Britain wherever possible, for example, 100% of Waitrose fresh chicken, beef, pork, milk, eggs and cream is British.

More and more small-scale producers and businesses that share Waitrose's passion for food and drink are also setting up across the country and in your region. With the care, knowledge and local expertise they offer, Waitrose recognises that it's important we champion them. The food shop is committed to giving local and regional producers the opportunity to showcase their products to a supermarket. The Waitrose Small Producers Charter sets out its policy towards developing working relationships with potential suppliers and it has a team of buyers dedicated to seeking out these treasures across the country.

You'll discover some of the 1,400 local and regional products it now offers across its shops in Milton Keynes. Look out for Beechdean Farmhouse Dairy Ice Cream from High Wycombe, Gallone Ice Cream from Northampton and Farrington's Mellow Yellow - Britain's first single estate cold pressed rapeseed oil - grown, pressed and bottled entirely on the family's Northamptonshire farm.

For more information visit ww.waitrose.com/sourcing



Antony Worrall Thompson

Antony Worrall Thompson MOGB, FHCIMA

Antony Worrall Thompson studied Hotel and Catering Management at Westminster College. In March 1988 he won the Mouton Rothschild Menu Competition, and in 1987 the most prestigious accolade: the Meilleur Ouvrier de Grande Bretagne (MOGB) – the chef's Oscar – which is the Academy of Culinary Arts competition, held every four years. He is one of only seven chefs in the UK to have merited the lifelong title so far. In 1998 Antony became resident studio chef and main presenter for BBC2's Food & Drink programme. He was Ready Steady Cook regular and appeared on the amazingly popular Celebrity Ready Steady Cook. In 2003 he was appointed presenter of BBC1's hugely popular, Saturday Kitchen until May 2006. In May 2006 he left BBC, after 14 years, to host the live cookery programme Saturday Cooks! on ITV1. He is a regular chef on ITV's This Morning.

Antony is a prolific cookery book writer and for the last 13 years has written a weekly column for Saturday Express and he currently writes a cookery column for The Express on Sunday Magazine. He also writes a monthly healthy eating column for Healthy magazine.

For more information visit www.thecentremk.com or call 0870 890 2530

Milton Keynes Festival of Food

Middleton Hall
in front of John Lewis

17 & 18 May 2008

Opening Times:
Saturday 17 May 9.00am- 6.00pm
Sunday 18 May 11.00am - 5.00pm

Free Admission

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01476 531025 email: sheila@infodex.co.uk.

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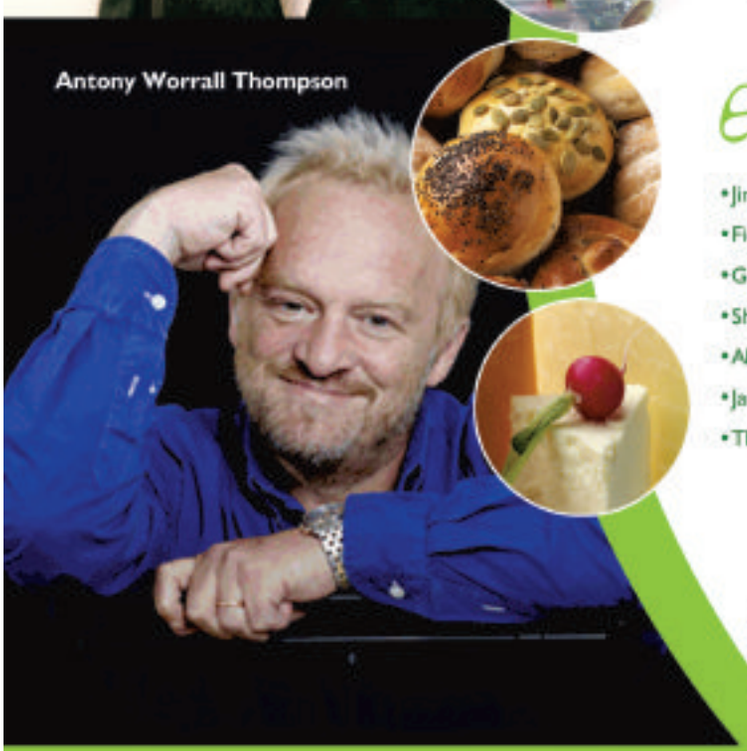
Lesley Waters (Saturday at 12noon, 2pm & 4pm)
Antony Worrall Thompson (Sunday at 1pm, 3pm and 4pm)
Plus Teresa Bovey (Saturday 1pm, Sunday 2pm)



Book Signings

Meet Lesley Waters at **3pm** on **SATURDAY** at the **Waterstones stand in Middleton Hall**

Meet Antony Worrall Thompson from **2.15 – 2.45pm** on **SUNDAY** at the **Waterstones stand in Middleton Hall.**

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